Figure 1. The Salutogenic Model of Health for Understanding Survivors Lived and Post-trafficking Experience

Entering
- Cultural expectations
- Corrupt political system
- Economic instability
- Poverty

Forced labor coercion
- Abuse (physical, emotional, substance)
- Social isolation
- Coercion

Sense of Coherence
- Comprehensibility
  - Construction of reality
  - Coping mechanisms
- Manageability
  - Anti-trafficking support services
  - Survivor aftercare
- Meaningfulness
  - Stability
  - Access to healthcare
  - Life skills training

Exiting
- Anti-trafficking legislation
- Identity
- Social inequalities
- Stigmatism
- Interpersonal conflict
- Health disparities
- Decline in health

Understanding health post-trafficking experience
- Culture
- Shared beliefs
- Perceived barriers
- Psychosocial influences
- Psychosomatic influences

General Resistance Resources
- Community support
- Family support
- Social support networks
- Financial support

Post-trafficking, physical health experiences

Figure 1. The salutogenic model of health mediating pathways of entering, exiting, and understanding physical health post-trafficking involvement.