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'Science of Trivalency'

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Figure 1: Why Y.O.U. are "a piece of the puzzle"

(Y.O.U. stands for Your Own Understanding, which you have never been allowed to have. Instead, you were given the understanding of the most ignorant humanoids on the planet – more about this later.)

"First I'm going to give you five reasons why you should learn a new way of living called "The Trivalent Understanding", *(I know that regular readers of my articles in any medium and students who have been to my classes/performances are familiar with the educational/health properties of this learning.)*"

"Then I'm going to give you five reasons why you won't. Though you understand and accept that it would definitely be in your best interest to do so."

“ Finally, I’m going to explain how to gain the ability to do what you *need* to do, rather than what you are influenced to do, and what all this has to do with that picture of people as puzzles. *What’s up with that..Huh?*”



Figure 2: The energy body (or the invisible energy field that human beings generate)

“First, let’s revue some basic definitions for clarity and consistent meanings.”

“**Understanding** is *intellectual* it has to do with thinking and is performed by mainly the cerebral hemispheres, those wrinkly things on the sides and tops of your brain that look sorta like walnuts.”

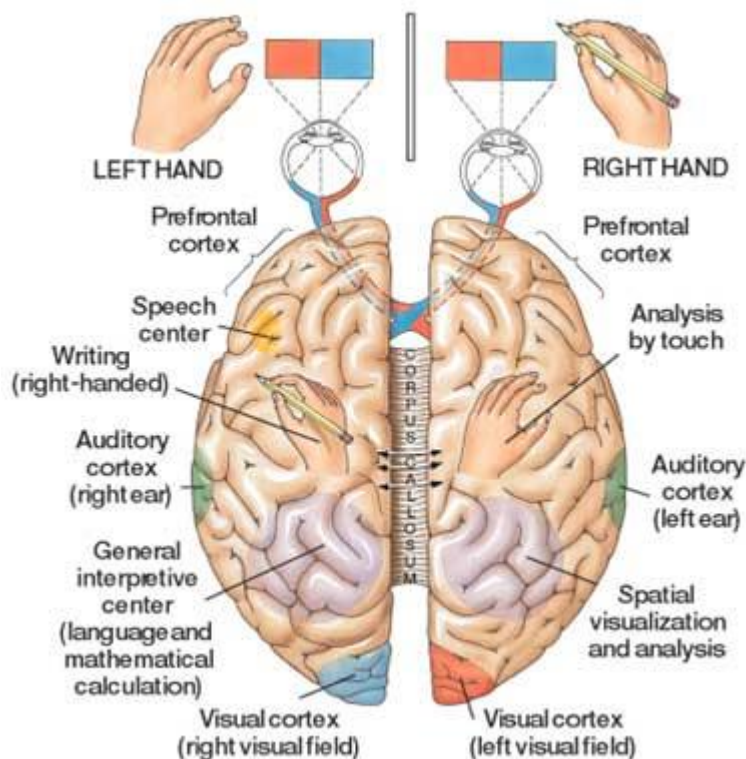


Figure 3: Cerebral hemispheres (what you think with-and what your body inputs to)

“**Understanding** is often confused with **knowing**, which is done in a very deep portion of your brain called “the limbic system”. **Knowing** is emotional/spiritual and therefore you *feel* what you know.”

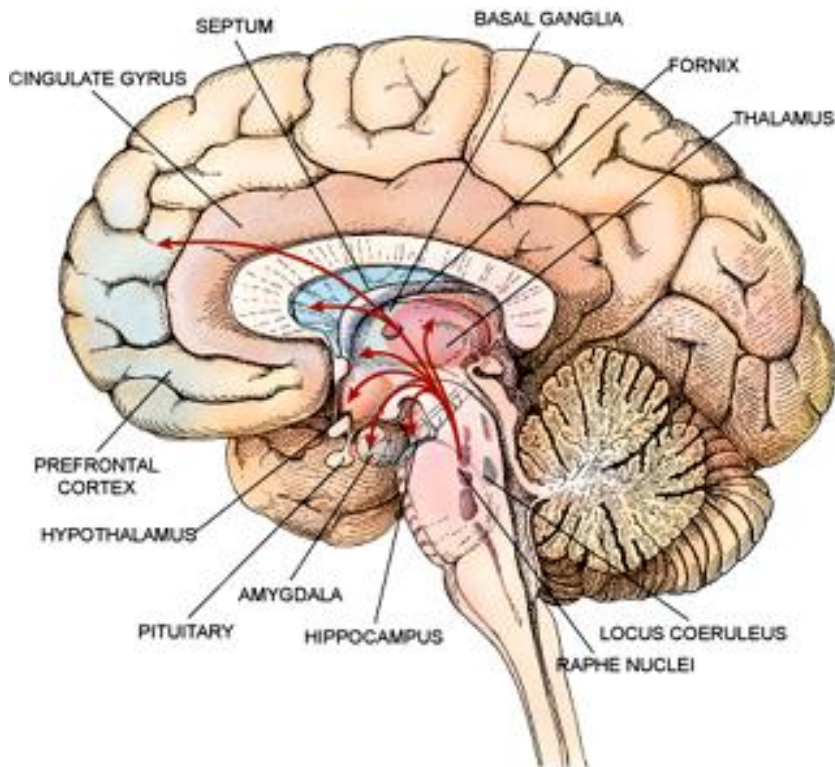


Figure 4: limbic system (Where you '*know*' from-also the point believed where your spirit connects with your mind)

"The functional difference between understanding and knowing, (the difference in functioning), is that you generally do what you *know* not what you *understand*."

"You *know*, generally, that you are either male or female-you *feel* that. You don't ever have to stop and *think*, "Now what would a man/woman do in this situation" No, you act out of that *feeling*-that is generated by the limbic system."

"We have all heard people say, "Why did I do such and such-I knew

*better than that". No they didn't, they **understood** better-they did what they **knew**."*

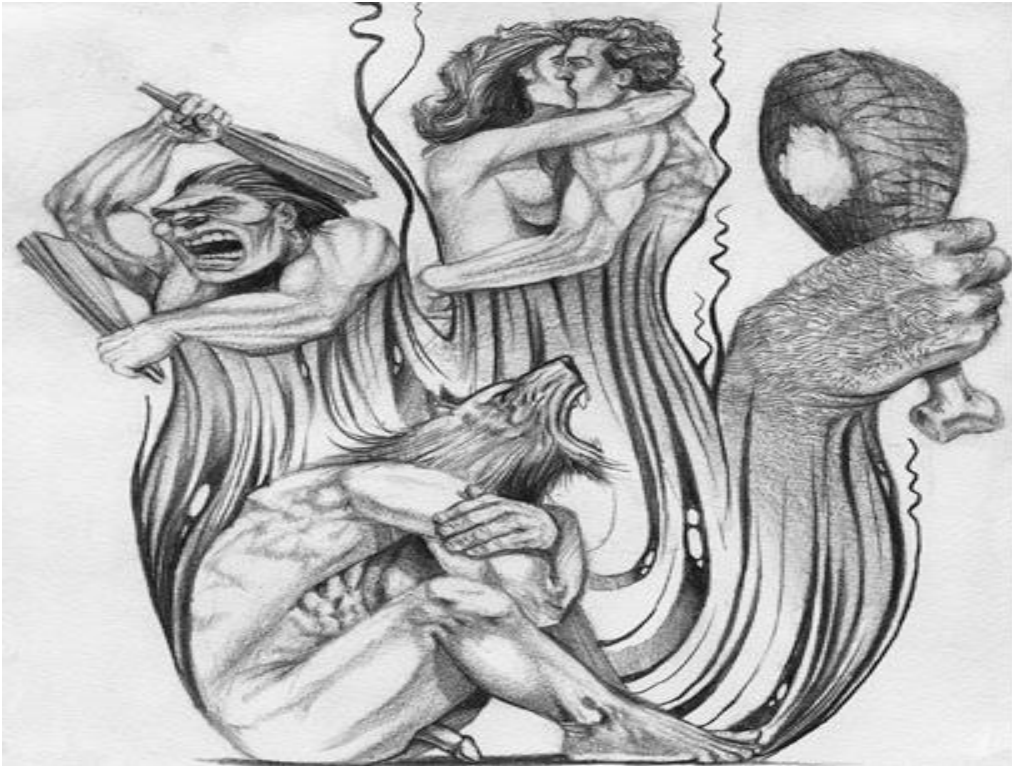


Figure 5: The limbic system is the seat of our feelings

"Now, I can tell you that everything I'm about to tell you-you already know."

" Because you are a human being, you have a potential connection to that all knowing, all powerful force called God, Jah, Allah, Yahweh,

Jehovah, the Force, or however your Higher Power is called."

"That connection to a Higher Power allows you to *know* (feel) all that was, all that is, and all that will ever be."

"You can notice this in action sometimes when you are trying to understand something new and suddenly you "*get it*" and you feel the "Ah Ha" moment. You get It!"



"At that moment, it seems sometimes, that you already *knew* what you had just learned and somehow *understanding* it, allowed you to just remember it."

"So, let me repeat, you already *know* everything I'm going to tell you, my job, (*and any teacher's job*), is to allow you to *understand* what you already *know*."

"I can tell you that you *know* that you are composed of a Spirit, a

mind, and a body. I call that three part being, a "Trivalent", (*three powered*), being."

"Most people, however, don't *understand* what a spirit, a mind, or body really is. They don't *understand* the characteristics of each component, what are the functions and operations of each, how can you exercise each and what can coordinate their functions so that you are a more effective individual. We play at body development, but the other components of our being-let's just say it's lacking."

"Most crucially is that almost no one understands how to focus the operations of their spirit, mind, and body on a single point, idea, or focus. This type of coordinated use of your tivalency causes an occurrence called *synchrony* that actually can affect alterations in space and time."

"Let's take a look at the scientific cutting edge that actually looks at functions of our being outside the proper boundaries of body and mind. Let us examine some of the perceptions examined in Noetic Science, that approach the understanding of our non-physical component called, a spirit."

Noetic science is the science of understanding the functions of belief, intention, and other non-material functions of your being. That non-material portion is commonly called your spirit.

Understanding that functions of the spirit include;

- *energizing, directing, picturing, enlivening, enlightening, imagining, suggesting, enervating, recognizing, inspiring, convicting, transforming, initiating, protecting, awakening, enthusing, awakening, healing, strengthening, sustaining, elevating, convincing, believing, and acting as a template for the will;* will allow you to exercise these functions and increase your ability to operate effectively. Especially if you practice the spiritual

strengthening exercises of, “The Trivalent Understanding”.

Notice that many of the functions of the spirit have to do with creating images inside the mind, (*pictures, creates, imagines, etc.*). This function is one of the major aspects of spirit and the ability through which many religions derive their practices.

NOTE: THE TRIVALENT UNDERSTANDING IS NOT RELIGION OR RELIGIOUS!!

It is a scientific understanding of the function of your humanity and as such is part of the basic knowledge required to be fully human.

And now for the five reasons why; you should learn The Trivalent Understanding.

- 1.) *It will allow you to operate on a higher level of efficiency in every aspect of your humanity.***

It is like driving a car with full understanding of the function of the engine, the transmission, and the chassis systems versus only understanding the operation of the gas and brake pedals.

- 2.) *It will prevent social and cultural stereotypes from interfering with your decision.***

Our society is riddled with ancient thought and behavior patterns that are the results of ignorant belief systems that never take into account the functional realities of humanity. They are unconscious and pervade our media, relationships, and associations. They will limit your growth and development to those norms that society has ascribed as being *acceptable*.

- 3.) *Learning The Understanding will allow you to focus on***

what is really important in your life.

Unfortunately most of our efforts at living are directed toward conforming to some nebulous path that actually directs you away from self-fulfillment toward some made up goal of "making it". Witness the confusion, anger, and depression that often accompanies financial, social, and professional success as the individual realizes that they are not personally completed by all of the window dressings of success.

4.) *The potential that is your birthright will be realized.*

All too often the inventive, curious, creative, and unique individuals of our society are turned off by our industrial revolutionary education system that, according to Sir Kenneth Robinson-(head of the 1998 British commission on Creativity and Cultural Education), actively discourages and actually punishes the creativity and ingenuity so badly needed by our society. Have not all of us felt that our true potential and worth were not realized by our restrictive impersonal education whose one true goal is to make us a good employee for some company.

5.) *You will be educated as to what, who, where, and when you are so that the why you are will be evident and simplified.*

The purpose of public education in Europe, (*where we took our own public education system from-mainly England and Germany*), was to prepare workers for the new industrial economy. Prior to the 1800s the economic basis of the whole world was agricultural and trade with some small amounts of artisan and skilled crafts. The new economic engines will be based on information not the products that used to be produced by industrial and factory means, (*that is why your job is now being done by a woman in India*).

"With all of the logic and reasons why you should call (216)551-3874 or visit the website at: prometheusreborn.com, to schedule classes in The Trivalent Understanding.....you probably won't." "Why....I hear a voice in the back of the room ask?? Why wouldn't I do what is so obviously in my best interest as a person and as a human being?"

"You see, in order to actually do what you understand you must come to know it in some way. By know it I mean that you feel an emotional investment in either the thoughts or the topic that you understand. That is how religion or other means of organizing spiritual principles function. You first understand the basis for its operation then feel an emotional investment in following the prescribed practices for the desired results.

That won't happen with the Trivalent Understanding because it is not religious. It has no dictates of reward versus punish-



Global Entertainment, (*Doc Woods holding drum*), with Barack Obama

-ment nor any dogma that makes you a good or bad Trivalentist.

It is based on an understanding of how your spirit, mind, and body functions as well as exercises to improve your abilities to use each portion of your being."

" Finally it contains Trivalent exercises that allow you to practice using your spirit, mind, and body simultaneously while focusing all three on the same goal, task, or object; (*this last practice creates a state called synchrony through which people say things occur that some consider miracles occur*)."

"So let me give you the five reasons why you probably won't call that number or send an e-mail request for the next scheduled class
1.) Fear of friends, 2.) Fear of failure, 3.) Can't find time, 4.) Too busy, 5.) Don't want to spend the money."



1.) Fear of Friends

“One of the most controlling/inhibiting forces in our culture is peer pressure-this doesn’t just apply to teenagers. Keeping up with the Jones’, being considered ‘good’ at your job, and validation of you as an individual are all concepts that depend on the view and opinions of others regarding what you do. If they think it is good-you believe it is good.”

“ If your friends think it sucks-so do you-generally. This is especially true of the trend setters and opinion makers of our culture...women. They spend a great deal of time and money deciding what is worth their time and money, mainly they do this by asking the opinion of friends.”



2.) Fear of Failure/Success

"Fear of failure is pretty self explanatory but not so with fear of success. Wasting time, energy, effort, and finances without achieving your desired goal is a realistic concern but so is succeeding at the desired result."

"Many individuals have been shocked at the disruption in their lives caused by success at losing weight, getting a desired promotion or learning that new set of skills that allowed for higher occupational achievement. They had not counted on the reactions of loved ones, co-workers, and themselves to the new image they projected. "

"Part of the address used by Nelson Mandela at his inaugural speech in 1994 reads: *"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure"*.

It goes on to say, *"We ask ourselves, who am I to be brilliant, gorgeous, talented and fabulous? Actually, who are you not to be? You are a child of The Most High. Your playing small doesn't serve the world. There's nothing enlightening about shrinking so that other people won't feel insecure around you."*

"The desire to not stand out as exceptional is encourage in our culture as is the need to follow the rest of the pack.

Sir Ken Robinson who led the British Advisory Committee on Creative and Cultural Education stated that this training to 'follow the others' and 'not stand out' has crippled both our culture, (by eliminating creativity and entrepreneurship), and the individuals, (by actively repressing individual achievement). "

"The problem is that society advances only as much as individuals are willing to try something new."



3.) Can't Find the Time

"In today's run-run world the feeling that there are simply too few hours in a day to do all the things you might want to do is sometimes overpowering. But I assure you there will never be 25, 27, or 30 hours in a day. It is your job to take the 24 hours The Most High gives you each day and attend to those issues that have the highest priority for that day. "

"There is no higher priority than seeing your world in the most beneficial light, which The Trivalent Understanding gives you."



4.) *Too busy*

"This relates to not enough time but it is different in that the processes by which we organize our lives leave very little room for any additional concerns. If your overriding concerns are work, children, mate, bills, and leisure; (*like most*), you will have very little room for elevating yourself above the problems (*and solutions*) to your normal daily challenges."

I wonder what would it take to eliminate your normal challenges or to at least change them to concerns that enabled you rather than restricted you. Hmmmmmm I wonder....



5.) Don't want to spend the money

"O. K. here is where the rubber meets the road for most people.

"How much does it cost is usually the first question concerning almost everything. What most people confuse is *cost* versus *value*. *Cost is how much value you exchange for something. Value is the usefulness of what you receive.*"

"For example, a 5lb. bag of ordinary coal dust should have a very low cost but the same size bag of diamond dust is valuable beyond measure though both coal and diamond are the same simple carbon products."

"What value would you place on understanding what you are, who you are, where you are, and when you are? How much would you be willing to give to discover your true identity and purpose? Of what value is learning why you are? Only you can answer-only you should know.

I offer a tool that will help those that want to understand and learn the benefits of being Trivalent. These benefits are not eventual, the quickest technique takes only 133 seconds, may the Lord bless you and the Ancestors protect you.

P.E.A.C.E. (proper education always corrects error)
Abrafo Kwaku Aboa (government name-L.C. Woods RN M.D.MetD1
Visit prometheusreborn.com for more info.