Domestic Violence Power and Control Wheel

Coercion & Threats
- Making and/or carrying out threats to do something to hurt her, commit suicide, or report her to welfare.
- Making her drop charges. Making her do illegal things.

Intimidation

Emotional Abuse

Male Privilege
- Treating her like a servant. Making all the big decisions. Acting like "master of the castle." Being the one to define men's and women's roles.

Economic Abuse
- Preventing her from getting or keeping a job. Making her ask for money. Giving her an allowance. Taking her money. Not letting her know about or have access to family income.

Isolation
- Controlling what she does, who she sees and talks to, what she reads, and where she goes. Limiting her outside involvement. Using jealousy to justify actions.

Using Children
- Making her feel guilty about the children. Using the children to relay messages. Using visitation to harass her. Threatening to take the children away.

Minimizing, Denying & Blaming

Power and Control

Physical
- VIOLENCE

Sexual