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# Walden University

College of Social and Behavioral Sciences

This is to certify that the doctoral dissertation by

Michele A. Williams

has been found to be complete and satisfactory in all respects, and that any and all revisions required by the review committee have been made.

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> > Walden University 2017

#### Abstract

### Impact of Plans, Finance, and Zoning Policies on What Developers Choose to Build

by

Michele A. Williams

MBA, University of Phoenix, 2002 BS, Duquesne University, 1985

Dissertation Submitted in Partial Fulfillment

of the Requirements for the Degree of

Doctor of Philosophy

Public Policy and Administration

Walden University

September 2017

Abstract

While there is considerable academic research on the intersection of comprehensive plans, finance policies, zoning policies and how these factors influence real estate developers' choice of what land to develop and what buildings to construct on that land, little is understood about whether these three variables promote or hinder real estate developers' choice of whether to build communities that promote healthy living. Using urban planning theory as the foundation, the purpose of this correlational study was to determine how real estate developers' decisions are made to support healthy New Urbanism development in the United States. Secondary data from the Urban Land Institute were used for this multiple regression study that explored the degree to which comprehensive plans, finance, and zoning policies predict the likelihood that real estate developers will build New Urbanism communities in the United States. Findings indicated that comprehensive plans, finance policies, and zoning policies had a statistically significant influence on real estate developers' decisions on the types of communities to build in the United States by 53.6%, 46.8%, and 71.6% respectively  $p < \infty$ .05. The information presented in this study is important to urban planners/designers, health care professionals, and municipal officials because of the intra and interdisciplinary approach of the built environment as a nonmedical determinant of health. Cultivating public and private collaboration to develop public policy could affect social change by directly affect the alterations and improvements in the built environment health that either promote or impede healthy outcomes.

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#### Dedication

Be the change you wish to see in the world. My vision is health for all, regardless of where one lives. I dedicate this dissertation to all those who have come before and who will come after me to have the courage and tenacity to stand strong for their convictions even in the face of no agreement. Innovative organizations such as the Congress for New Urbanism (CNU), LOCUS, Smart Growth America, and Urban Land Institute (ULI) have led the charge for advocacy, policy development, and research that in some way have put health into all policies. The local and state organizations that come together with the community to develop strong comprehensive plans that improve population health, support economic development to stimulate stimulating job growth, consider impacts to the environment, and enhance improvements in housing and education. I am also grateful for all the researchers whose work I have used, resourced, and mention, and whose encouragement I appreciate! This dissertation is also a friendly challenge to my real estate investing peers, rehabbers, flippers, and developers to make small changes that can add health in their build environment endeavors, to develop private-public partnerships to leverage financing for affordable housing and development, and to create opportunities to make the healthy choice the easy choice through the built environment.

Lastly, for all the women over 50 who have a burning desire to make a significant positive impact and are yearning for that Second Act Career, just go for it. You are an inspiration and a flame that must sparkle brightly!

#### Acknowledgments

When you have cheer leaders in your corner, amazing things happen. Dr. Anne Hacker's wisdom, creativeness, unending support, and encouragement to think critically for the truth and made her the most awesome chair that I could have possibly imagined. Thank you to Dr. Olivia Yu who broadened my horizons, provided alternative views, and asked all the right questions to have me explore all possibilities, and to Dr. Kurt Williams for joining my dissertation team and supporting me along the way. And if it were not for my dissertation coach, Dr. Sharonica Johnson, I would probably be still stuck on Chapter 1! Everyone should have such a spirited and gifted coach to add accountability and focus to the process.

Four people may not even know the impact they have had on this dissertation; nonetheless, they deserve recognition. Dr. Carol Lieberman, Health Science Faculty at Walden, that set my APA writing and public health knowledge on track at the start; Delaware Planning Director Ms. Connie Holland that inspired me to develop my research topic and sharing the importance of policy and public opinion in successful and effective planning; America's most bicycle-friendly (former) governor Mr. Jack Markell to Motivate the First State by spending millions on Walkable Bikeable Delaware because he clearly saw the connection that fitness and the built environment promotes health and economic prosperity; and Mr. John Hollis, whose continuous optimism, selfless service, and big world view that inspire all of us to put health as a priority in all we do.

For my family and friends that I have abandoned during my dissertation journey, I appreciate your encouragement and understanding. Sam, Eve, George, Chris, Jill, Matt,

Aileen, Kent, oh my, there are so many and too many of you to list here. I am blessed to have you all in my life, and look forward to reconnecting.

Lastly, to my best friend, best bike buddy, best partner and husband Jay, I appreciate you more than you know for your unfailing and constant support for riding this ride with me to the finish line. It is the small, simple, and special things that you do that make my life easy and joyous. It is now time to catch up on those cycling trips, the miles, and the tandem. You're the best!

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Figure 7. Sample frame

#### Chapter 1: Introduction to the Study

Where people live and work directly influences their health. The built environment, consisting of the physical structures that comprise where one lives and works, does not always support a healthy lifestyle. The built environment is the term that encompasses anything that is humanly conceived, created, and maintained in outdoor surroundings (Frumkin, Wendell, Abrams, & Malizia, 2011), including land use, the transportation system, and geographical design (Handy, 2005). Health care costs in the United States continue to increase while the health of Americans decreases (Davis, Stremikis, Schoen, & Squires, 2014; Organisation for Economic Co-operation and Development, 2013). Looking at lifestyle choices within the context of where one lives may assist in reversing this trend and make healthy lifestyle choices clearly accessible to more people (Ashe, Graff, & Spector, 201; Bell & Rubin, 2007; Lavizzo-Mourey, 2012; National Prevention Council, 2012; Lancet Oncology, 2012; World Health Organization Europe, 1998).

The focus of this study was the policy issues that affect real estate developers to build healthy communities and thus improve the relationship of population health and the built environment. There is an abundance of research that indicates the built environment where one lives and works impacts a person's health and psychological development (Bloom et al., 2011; Braunstein & Lavizzo-Mourey, 2011; Cummins, Curtis, Diez-Roux, & Macintyre, 2007; Ding & Gebel, 2012; Ewing, Richardson, Bartholomew, Nelson, & Bae, 2014; Lavizzo-Mourey, 2012; McGinnis, Williams-Russo, & Knickman, 2002; Meridian Planning Consultants, 2011; PolicyLink, 2014; Woolf & Braveman, 2012;

World Health Organization, 2008). These studies are discussed in more detail in Chapter 2, but these researchers have agreed that changing correlative factors of the built environment is often a slow process with drivers and barriers associated with policy changes. These changes could include complete street policies, smart growth principles, mixed-use zoning, transit-oriented development (TOD), affordable housing, residential density increases, job, school, and medical accessibility, and green spaces. Cumulatively, these changes made in a community create what is known as a complete community or a healthy community. In this study, the terms traditional neighborhood development (TND) and transit-oriented development are used interchangeably. This type of built environment focuses on elements that enhance where one lives, works, moves, and thrives (Completecommunities.org, 2013). When communities experience mental and physical well-being, their social capital and health care outcomes improve and health care costs decrease (Renalds, Smith, & Hale, 2010). Improving population health also has an effect on economic development by stimulating job growth and further facilitating improvements in housing and education (Miller, Pollack, & Williams, 2011), all having positive social change implications.

In this chapter, I provide a high level overview of this study. I describe how the current problematic conditions evolved, the purpose of the study, the research questions, hypotheses, and the theoretical and conceptual framework of the study. In addition, the nature of the study, definitions of terms unique to this study, the assumptions, scope and limitations, and the study's significance are highlighted. Lastly, I set the stage for the literature review, which follows in Chapter 2.

#### Background

In 2016, lifestyle choices in the United States created a large public health challenge through a lack of focus on improving personal health (Gostin, Jacobson, Record, & Hardcastle, 2011; Lang & Rayner, 2012). Setting aside the nonmodifiable health determinants such as age, gender, race and ethnicity, and culture (McGinnis et al., 2002; Woolf & Braveman, 2011; World Health Organization, 2008), there are modifiable determinates such as health behavior choices and social environment (Braunstein & Lavizzo-Murray, 2011; McGinnis et al., 2002). Nonmedical factors include education level, socioeconomic status (Booske, Athens, Kindig, Park, & Remington, 2010; Gostin et al., 2011), and social policies of education, child welfare, transportation, affordable housing, employment, and access to medical care (McGinnis et al., 2002; Woolf & Braveman, 2012). Considering all these health determinants, nonmedical interventions are key to impacting lifestyle choices and promoting wellness (Galloway, 2014).

Examining the built environment and its impact for healthy living is one such nonmedical intervention. Since 1990, the built environment continues to be studied as a health determinant that either enhances or impedes health behaviors (Barton, 2009). A large pool of research has indicated a relationship between health and the built environment (Booth, Pinkston, & Poston, 2005; Collins Perdue, Stone, & Gostin, 2003; Erickson & Andrews, 2011; Hodgson, 2012; Wernham, 2014). Despite the growing literature in this field, there has not been a well-established direct correlation or causal links made empirically between smart growth, the built environment, improved health outcomes (Adler, 2012; Durand, Andalib, Dunton, Wolch, & Pentz, 2011; Marshall, Piatkowsk, & Garrick, 2014; McCoy, Vincent, & Bierbaum, 2010).

A variety of research exists on the built environment in relationship to a variety of factors, some of which were used as variables in this study. These included land use and physical activity (Ding & Gebel, 2012), zoning (Yang, Spears, Zhang, Lee, & Himler, 2012), safety and walking (McCormack, Shiell, Doyle-Baker, Friedenreich, & Sandalack, 2014), obesity (Booth et al., 2005; Kahn, 2011), children's activities (Robert Wood Johnson Foundation, 2011), food availability (Feng, Glass, Curriero, Stewart, & Schwartz, 2010), social capital (Cabrera & Najarian, 2013), mental well-being (Renalds et al., 2010), and bicycling (Suminski, Wasserman, Mayfield, Freeman, & Bland, 2014). Many of these relationships have been found to be statistically significant, yet there is little research available to identify why the built environment has not been changed to make it more health promoting through lifestyle, such as developing or retrofitting for complete or healthy communities.

One method to alter the built environment to make it more health promoting is a design known as New Urbanism. A movement stimulated by physical planners and architects, New Urbanism returns to the concepts that were developed in the progressive years of the late 1800 – circa 1910 for a traditional neighborhood and the Garden City (Knapp & Talen, 2005). In 1993, the Congress for the New Urbanism (CNU) was

founded. CNU (2015) comprises stakeholders who believe that well-designed, walkable, urban places create healthy and prosperous communities, provide economic and social benefits, and promote sustainability and equity.

Empirical evidence is needed to address and/or suggest policy that may improve the impact of the built environment relative to health determinants and disparities (Miller et al., 2011), obesity (Sacks et al., 2011; Swinburn et al., 2011), and chronic disease (Woolf & Braveman, 2012). This information will expand knowledge in the fields of urban planning, real estate development, economics, and politics. By narrowing the focus specifically to the relationships those real estate development policies have relative to the built environment, in this study, I explored promoters or barriers that influence changes to the built environment. The findings in this empirically based research could facilitate improved policies and practices that improve overall health and reduce chronic illness and health care costs, while also generating socially responsible and profitable financial, social, and environmental returns.

#### **Problem Statement**

The overall health of United States' citizens is poor, as indicated by high rates of chronic illnesses such as diabetes, cancer, asthma, and cardiovascular disease (Davis et al., 2014; Organisation for Economic Co-operation and Development [OEDC], 2013). The costs associated with treating such illnesses is high (Ding & Gebel, 2012; Miller et al., 2010; Renalds et al., 2010; Syme & Ritterman, 2009; Williams & Marks, 2011). In 2015, the United States spent 17.5% of the Gross Domestic Product on healthcare,

compared with an OECD average of 8.9% (National Center for Health Statistics, 2016; OEDC, 2015). Although efforts have been made to reduce costs, such as the Patient Protection and Affordable Care Act of 2010 through health insurance availability and the myriad of health promotion programs offered to address lifestyle changes, behavior modification, and other health determinants, the rates of chronic lifestyle diseases continue to increase, and health outcomes have not improved (Alpert, 2009; Koh, Piotrowski, Kumanyika, & Fielding, 2011).

Researchers have connected the built environments in which individuals live to poor health outcomes; in essence where one lives matters. Since 1990, the built environment has been studied as a health determinant that either enhances or impedes health behaviors (Barton, 2009). A large pool of research has revealed a significant relationship between health and the built environment (Booth et al., 2005; Collins Perdue et al., 2003; Erickson & Andrews, 2011; Hodgson, 2012; Wernham, 2014). Healthy built environments that are well-designed, urban places with recreational activities, healthy food access, and safety for walkable/bikeable transportation and fitness can improve health (Booth et al., 2005; Collins Perdue et al., 2003; CNU, 2015; Erickson & Andrews, 2011; Glickman, Parker, Sim, Del Valle Cook, & Miller, 2012; Marshall et al., 2014). Some researchers have suggested that altering the built environment to promote healthy lifestyle choices is effective and sustainable (Ricklin & Musiol, 2012); however, the importance of developing healthy built environments has not been fully embraced for change in the United States. These factors are identified further in Chapter 2. Past researchers have revealed that comprehensive planning, financing, and zoning policies influence real estate developers' choice of what land to develop and what buildings to construct on that land. The problem is that it is not yet understood whether comprehensive plans, finance, and zoning policies promote or hinder real estate developers to build healthy communities that promote healthy life styles. There needs to be additional research to determine how these variables impact real estate developers' choice of whether to build communities that promote healthy living.

#### **Purpose of the Study**

As mentioned previously, a large pool of research has indicated a relationship between health and the built environment. Within the past several years, health promotion strategies have moved from individual responsibility to the role of the built environment (Karpyn, Young, & Weiss, 2012) and how policies shape the built environment that affect health (Wernham, 2014). Real estate developers can play an important role in the promotion of healthy built environments. The purpose of this quantitative study was to use the urban planning theory to explore the degree to which comprehensive plans, finance, and zoning policies predict the likelihood that real estate developers will build certain types of communities in the United States.

Figure 1 outlines the components of this study. The social ecological framework served as the underlying basis for the study: The built environment in which one lives matters. The urban planning theory has an effect on real estate developers such that a variety of variables affects the types of communities they will build. These variables either promote or inhibit real estate developers' decisions to build health communities, which ultimately will result in improved health outcomes and a healthier population. I chose the independent variables (IVs) of comprehensive plans, finance, and zoning policies because other researchers have identified these variables among many as possibly the most significant challenges or facilitators to real estate developers in building complete/healthy communities (Garde, 2006; Grant, 2009; Levine & Inam, 2004; Malizia, 2003; Schilling & Keys, 2008; Sevelka, 2004). The dependent variable (DV) was real estate developers' decisions on what type of communities to build.

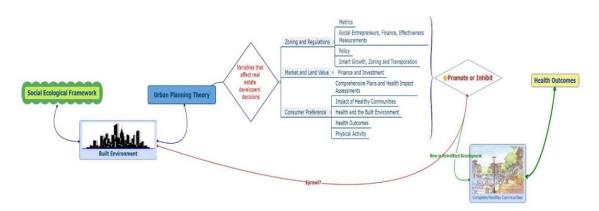


Figure 1. Model of urban planning theory as it relates to this study.

As an IV, the document known as a comprehensive plan is a key factor in one of the 10 principles of smart growth. These factors are established with hopes of making development decisions predictable, fair, and cost effective (American Planning Association, 2012; Durand et al., 2011; Smart Growth Online, n.d.). Some states have implemented mandatory comprehensive plan development and smart growth principles into their land use regulations (Ashe et al., 2011; Hodgson, 2011; Sullivan & Yeh, 2013), but whether these plans make any difference in health outcomes is unclear.

Another IV was the financing policies affecting changes to the built environment, which also impacts the social determinants of health. Altering the built environment is a financially risky proposition. Developers who support TOD or New Urbanism get no special consideration from traditional lenders in securing a loan—no reduced interest rates or points or no improved loan-to-value ratios. Loans are based on traditional project size and type and the lender's credit rating; they are not related to the large scale development of TODs, their benefits, nor the supply and demand for them (Murphy & Falk, 2012). Appraisals to obtain comparable market analysis (or comps) are difficult because there is generally no value added to properties in proximity to transit. Lending is tied to conventional debt financing, market demand, and value, with the lender using a template based on a suburbia neighborhood development and sprawl instead of a template based on urban planning developments, such as TODs and TNDs, for example, mixed-use TOD (Cervero, 2004; Leinberger, 2001).

Zoning, the third IV, with its long association with public health issues (Oka, 2011), was also considered while looking at the built environment's influence on health. Zoning, inclusive of land use and transportation, has been identified as a partial culprit responsible for the rise in obesity (American Planning Association, 2007; Schilling & Linton, 2005). Antiquated zoning codes have been identified as barriers to development of active communities (Schilling & Linton, 2005). People living in areas with greater density and street connectivity and mixed-use development are more likely to walk and ride bicycles for transport (Saelens, Sallis, & Frank, 2003; Schilling & Linton, 2005). A supportive pedestrian infrastructure, including trails, greenways, sidewalks, outdoor lighting, and recreation facilities, has been shown to increase physical activity, which can improve health (Sallis, Floyd, Rodriguez, & Saelens, 2012). Because current transportation policies are automobile centric by increased capacity and speeds and sprawl enabling, they do little to improve safety and active transport (SmartGrowthAmerica.com, 2015) and thus decrease the possibility of people engaging in physical activity (Seskin & Murphy, 2014).

#### **Research Question and Hypothesis**

Though this research, there were two questions that I sought to answer:

Research Question (RQ)1: Are comprehensive plans, finance policies, and zoning policies significant predictors of the likelihood that real estate developers build certain types of communities in the United States?

 $H_0$ : Comprehensive plans, finance policies, and zoning policies do not significantly affect real estate developers' decisions to build healthy communities.

 $H_1$ : Comprehensive plans, finance policies, and zoning policies significantly affect real estate developers' decisions to build healthy communities.

RQ2: If the answer is yes to Question 1, then to what degree do comprehensive plans, finance, and zoning policies influence real estate developers' decisions on the type of communities to build in the United States?

#### **Conceptual Framework for the Study**

The underlying foundation for this study was the social ecological framework (SEF), also known by the term social ecological model. The SEF considers the institutional, legislative, and socioeconomic disparities of an individual's physical and social living environment in combination with biological factors as a determinant of lifestyle and chronic illness (Schneider & Stokols, 2009, p. 90). Stated differently, individuals' behaviors are influenced by "intrapersonal, interpersonal, institutional/organizational/environment, and public policy" (Resnick, Galik, Nahm, Shaughnessy, & Michael, 2009, p. 527). The SEF allows an understanding of the behaviors and interactions of individuals, groups, and environment relative to community factors and public policy levels; in Chapter 2, I provide a significantly more detailed explanation of SEF.

What continues to be lacking is research on policies focused on the built environment within the SEF in relationship to population health and how real estate developers, acting as social entrepreneurs, can enact social change. Because SEF is an approach that considers all factors that have an effect on an individual's behavior, and thereby their health, changes to environment or policies affecting whole communities are more likely to be sustained (Handy, 2005; Sallis, Millstein, & Carlson, 2011).

#### **Theoretical Framework for the Study**

The New Urbanism planning theory as subscribed by CNU in 1993 provided the theoretical framework for this study. Elusive and nonexclusive, the planning theory encompasses a variety of disciplines across a continuum and as such holds a different definition for each practitioner (Abukhater, 2009; Fainstein & Campbell, 2012). For planners, the frequently used planning theory is being challenged with environmental and social-ecological concerns requiring new "problem-setting and problem-solving" skills (McLeroy, Bibeau, Steckler, & Glanz, 1998; Wilkinson, 2012, p. 149).

According to Slusser (2007), there are a variety of major planning theories that are extensively discussed in Chapter 2. As an overview from the APA (2014), planning theory and city planning as a profession arose from three distinct periods: the progressive years, the comprehensive years, and the post-World War II years. The progressive years of the late 1800s through circa 1910 were the formative years and dominated by nonplanner professionals. In the second period, circa 1910 to 1945, the profession of planning was recognized with the increase in regional and federal planning initiatives. The third period was the period immediately post-World War II was the era of standardization, federal funding, and affordable housing.

The current methods of planning continue to be a reflection of the late 1950s that flourished with town projects. The urban planner entrepreneurs of today derive their design principles from Jacobs, whose book, The Death and Life of Great American Cities (1993), is considered seminal for "advocating for a place-based, community-centered approach to urban planning" (Project for Public Spaces, n.d., para.1). New Urbanism is a concept that took hold among architects, journalists, and planners after the publication of Jacobs's original work in 1961.

Fainstein and Campbell (2012) considered planning theory within the context of "political economy, history, and philosophy" (p. 5), that is flexible enough to create good places in any city and region. Similarly, Hoch (2011) suggested a planning theory shift from conceptualizing to producing better plans by integrating "geography, economics, history, sociology, architecture and other disciplinary" (p. ix) theory ideas to solve complex special problems. As such, urban planning theory, and the movement of New Urbanism, features "high-density, transit-and pedestrian-friendly neighborhoods" with multi-use zoning, sustainability, and affordable housing to address an antidote for sprawl (Fainstein & Campbell, 2012, p. 13) and a public health approach to where people live, work, and play (Barton, 2005).

It is important to distinguish between the factors or policies that affect real estate developers' decisions to build healthy communities and not the way real estate developers make decisions. If the later were considered, the theoretical basis for this study, Smith's (1723-1790) rational choice theory or Simon's bounded rationality theory in design (Simon, 1972), would have been appropriate theories. Smith's theory posits that people make decisions that maximize their self-interests but also promote public good; however, these same decisions will lessen their effects on others within obvious constraints. In a free-market economy, economic well-being could result (Hooker, 2011;

Smith, 1790/2009). Similarly, the bounded rationality theory maintains that individuals decide upon actions to maximize benefits, but the mind cannot absorb and process all the information that it receives, thereby, restricting its cognition (Simon, 1072). The mind cannot know the future; uncertainty forces individuals to make decisions that are good enough (Simon, Egidi, Marris, & Viale, 1992).

#### Nature of the Study

The nature of this quantitative study was a multiple regression analysis. This design allowed me to analyze the three IVs to predict the probability of the occurrence of an event (i.e., a dichotomous outcome, yes or no) and predicted outcomes or relationships. Since the variables were not manipulated, they were studied as a specific time and location. Control groups were not used. The IVs were the influence of a comprehensive plan, current finance policies, and current zoning policies, while the DV was real estate developers' decisions to build healthy communities.

Originally, a survey of real estate developers was used to determine drivers and barriers to developing certain types of communities. The Robert Wood Johnson Foundation in conjunction with the researchers at Washington University's St. Louis Prevention Research Center (Prevention Research Center in St. Louis, 2010) developed the survey instrument. The study group of real estate developers was derived from community areas using the website called The Town Paper. Although there are a variety of organizations that describe the attributes of complete communities, such as CNU, LOCUS, Smart Growth America, NeighborWorks America, the Sustainable Cities Institute, the American Planning Association (APA), the Oram Foundation for the Environment & Urban Life, the Center for Transit-Oriented Development, the New Town Builders Association, the New Urban Guild, and Reconnecting American, none provide a comprehensive listing of areas across the United States that have common attributes except The Town Paper. The comparative group of New Urbanism (NU) real estate developers was developers of age-restricted communities. These communities were selected because of their commonality of description as defined by the U.S. Department of Housing and Urban Development (HUD). Table 1 compares and contrasts healthy communities and 55+ age-restricted communities. The availability of a nationwide list was easily obtainable through the search engine on www.TopRetirements.com, the parameters of the search was all 50 states, and the type of community was 55+ or Age Restricted.

However, the final study design executed was different than originally planned, as discussed above. I used a study by the ULI that provided secondary data that compared responses of the public and private professionals on infrastructure, economic development, finance strategies, and perceptions and priorities. The raw data were sufficient to answer this study's research question because the ULI study found that infrastructure that supports the built environment was the main driver in determining what gets built and by whom.

Table 1

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Characteristics	Healthy communities	Active age-restricted communities
Standard definition	Yes, CNU and others	Yes, US HUD
Include elements of a Complete Community	Yes	Yes
1st opened community	Early 1980s: Seaside, FL	1954: Youngtown, AZ
Zoning	Compact, mixture of land uses, mixture of housing types, pedestrian oriented, and often a transit option	Compact, single family home, condo, apartment, modular home, RV or share a home with other single seniors
Density	High	High
Amenities for physical activity	Walkable, bikeable, green space	Active: Walkable, bikeable, golf, swimming, exercise rooms, green space
Locations	US and worldwide	US and worldwide
Obtainable information	Yes, internet searches	Yes, internet searches
Regular/scheduled Social activities	Not standard in all	Yes, Clubs and special interests

#### Definitions

Kaplan (1996) was one of the first researchers to identify that a relationship between where someone lives, works, and plays affects their health and mortality. In 2005, the World Health Organization (WHO) established the Commission on Social Determinants of Health to address global health inequities (World Health Organization, 2008). Public health officials are being encouraged to collaborate with traditionally nonhealth related organizations (Woolf & Braveman, 2012) to include health in all policies (World Health Organization, 2010). As such, the comingling of terminology from the disciplines of health, urban planning, architectural design, and legislation has created common use terms that need defining.

*Age-restricted communities:* A type of active adult community comprised of a variety of housing options. An age-restricted community is defined by HUD in the Fair Housing Act as one specifically developed for adults aged 55 and older for at least one resident in 80% of the units (HUD, 2016). A variety of amenities to support an independent active lifestyle setting usually with no health-related services is featured in these communities.

*Built environment*: The built environment is the term that encompasses anything that is humanly conceived, created, and maintained in outdoor surroundings (Frumkin et al., 2011), including land use, the transportation system, and geographical design (Handy, 2005).

*Commodified:* A term coined by Leinberger (2005) that describes product driven real estate that has been turned into a commodity of 19 generally single-use, standard product types, such as residential housing, including single family homes in developments, commercial buildings in strip malls, or commercial buildings for offices (see Table 1). This commodification of real estate and its extreme specialization provides the current way to access financing and reduce investment risk (Leinberger, 2005, 2008).

*Community investment:* Investments that directly provide access to credit, equity, and banking needs to low-income, marginalized, and underserved communities are community investments (Humphreys, 2007).

*Complete communities:* An "integrated approach to transportation planning, landuse planning, and community design" (Scott & Nau, 2012, p. 3) such that the intent is "to use less land and reduce the separation of land uses in order to achieve a variety of values including open space protection, community vitality, affordable housing, air quality, transit use, and more walkable places" (Pivo, 2005, p. 3). The five key characteristics that identify a complete community are complete streets, efficient land use, healthy and livable, inclusive and active, and sustainable (Patterson et al., 2013).

*Complete Streets:* In 2004, the National Complete Streets Coalition launched the national Complete Streets initiative that provides expertise to policy makers and professionals to ensure that streets are safe and useful for people of all ages and abilities, for both motorized vehicles and other modes of transit (Lopez, 2012; Smart Growth America, 2014).

*Comprehensive plan:* A long-range planning document (10-20 years) that is useful in policy development. It is a plan that is separate from zoning codes and addresses the built environment and how the various public facilities interrelate, with consideration to the social, economic, and environmental factors facing that community (Hodgson, 2012; Ohm, 1996). Specifically in this study, comprehensive plans focused on the aspects of infrastructure, human transit, recreation, parks and open spaces, consumer demands, clean air and water, and quality health care that are holistic to the built environment. *Diabesity:* Diabesity is the clinical presentation of excess body fat or obesity and Type 2 diabetes occurring together (Astrup & Finer, 2000) as a result of lifestyle behaviors of "sedentary lifestyle and dissemination of the western diet" (Farag & Gaballa, 2011, p. 29).

*Economic development:* Economic development refers to the policy intervention and collaboration of government, private, and not for profit organizations from a variety of disciplines to promote the inclusive sustainability of economic and physical health and safety for the community being served (California Association for Local Economic Development, n.d.; The World Bank, 2011).

*Finance policies:* Finance policies are related to fiscal oversight, payments, and market stability and efficiency (International Monetary Fund, 2000). In this study, finance policies include tax structure, financial incentives, payments, value capture strategies, and financial contributions from government for infrastructure.

*Green Urbanism:* A term that arose in the 1990s that describes New Urbanism with a concentration on "green" development, or that which is environmentally friendly (Ivanic & Grant, 2011). Lehmann (2010), in reviewing published literature on the birth of green urbanism, further added that it is a conceptual model whereby an interdisciplinary team collaborates to strive for zero-emission and zero-waste urban design through minimal use and transportation of energy, water, and materials during the entire life cycle process.

*Health:* As defined by the WHO, health is "a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity" (Official Records of the World Health Organization, 1948). Physical, mental, and social well-being are influenced by the built environment.

*Healthy City:* Heathy City describes a city that utilizes its resources to improve the physical and social environment resulting in community support that allows individuals to perform and develop to their highest potential (Hancock & Duhl, 1986).

*Healthy community:* As defined by the American Public Health Association (2016), a healthy community is a localized geographical area that meets the residents' basic needs, provides supportive economic and social development, promotes sustainability, and focuses on positive social relationships. Health Resources in Action (2013) examined 153 programs and organizations and compiled the most comprehensive definition of healthy communities to include characteristics and processes (see Figure 2, Appendix A). Although in this study the characteristics and processes were mentioned directly or indirectly throughout, I defined a healthy community as simply as a location that has been intentionally developed according to TND design to enhance health, physical activity, safety, and social connection.



*Figure 2. Healthy community definition.* From "Defining Healthy Communities," by Health Resources in Action, 2013 Health Resources in Action, p. 9. Copyright 2013 by Health Resources in Action. Reprinted with permission.

*Healthy lifestyle choices:* Those choices that prevent and in many cases reverse chronic illness by controlling modifiable risk factors (Chiuve, McCullough, Sacks, & Rimm, 2006; Chiuve et al., 2011; Ford, Bergmann, Boeing, Li, & Capewell, 2012; HealthyPeople.gov, 2013; King, Mainous, Carnemolla, & Everett, 2009; Rippe, 2013). This includes maintaining healthy weight (body mass index <25 kg/m2), elimination and/or avoidance of tobacco, physical activity (moderate-to-vigorous activity  $\geq$ 30 min/day), limited alcohol consumption (1 drink/day for women; 2 drinks/day for men), stress reduction and adequate sleep, and dietary choices to include whole food plant based nutrition, elimination of processed foods, and reduction of sugar, oil, and salt (Campbell & Jacobson, 2013; Ornish et al., 1998).

*Healthy Places:* Originally described in the *Healthy People 2010* report and expands on the definition of a Healthy City with the design intent of freedom of choice of "a variety of healthy, available, accessible, and affordable options" that will improve an individual and community's quality of life (Centers for Disease Control and Prevention, 2014, para. 1).

*Incentive zoning*: Incentive zoning is a method by which land use regulations encourage development of necessary community amenities and designs in exchange for developer financial or nonfinancial incentives such as variances in density (Clark, 2007).

*Mixed-use zoning*: A "blending of residential, commercial, cultural, institutional, and industrial" structures that increases density and compacts development for land use efficiency and reduction of energy and transportation costs (American Planning Association, 2006, p. 1).

*New Urbanism:* At its core, New Urbanism stresses the spatial context of communities and the built environment that fosters interaction (Wendt, 2009) and a return to traditional planning principles that existed before the proliferation of automobile use; it also focuses on neighborhood centers and residents obtaining what they need for daily life within walking or biking distance (Ewing, Meakins, Bjarnson, & Hilton, 2011).

*Placemaking:* A transformation of plans, designs, and management of public spaces that inspires, affirms, or improves connections between people culturally, economically, socially, and ecologically (Gladney, 2014; Project for Public Spaces, n.d.).

*Obesogenic:* Usually used in the context of an obesogenic environment, it is the cumulative effect of all influences that can promote obesity, such as built environment, food deserts, fast food availability, lack of physical activities, and life conditions (Lake & Townshend, 2006).

*Scaling of social value or scaling social impact:* The process by which a socially motivated individual or organization attempts to fill the gap of the current state to that of a desired state of a social need or problem is scaling social impact (Dees, 2006).

*Smart Growth:* Smart Growth is a planning approach that promotes social, economic, and environmental sustainability that empowers a community to make choices to enhance personal freedoms, improve use of public resources, and create a healthy, safe, natural, and economically thriving community (American Planning Association, 2015; Smartgrowth.org, 2014).

*Social capital:* As a determinant of health, social capital is the collective networks of individuals with shared values that enables cooperation in communities (Mohnen, Groenewegen, Volker, & Flap, 2011; Rupasingha, Goetz, & Freshwater, 2006).

*Social entrepreneur (SE):* "A visionary individual, whose main objective is to create social value, able at one and the same time to detect and exploit opportunities, to leverage resources necessary to his/her social mission and to find innovative solutions to social problems of his/her community that are not properly met by the local system" (Bacq & Janssen, 2011, p. 388).

*Social innovation:* "A novel solution to a social problem that is more effective, efficient, sustainable, or just than existing solutions and for which the value created accrues primarily to society as a whole rather than private individuals" (Phills, Deiglmeier & Miller, 2008, p. 36). The Schwab Foundation for Social Entrepreneurship and the World Economic Forum (2013) defined social innovation as "the application of innovative, practical, sustainable, business-like approaches that achieve positive social and/or environmental change, with an emphasis on low-income or underserved populations" (p. 5).

*Social value:* Another challenging idea to financially quantify, social value measures benefits to society or reductions of costs to society through initiatives to tackle social needs and problems, either for a disadvantaged segment of society or for society as a whole (Phills, Deiglmeier & Miller, 2008), and the interaction between supply and demand in markets for social value (Mulgan, 2010).

*Sprawl:* Sprawl describes low-density development not connected to existing developments and infrastructure, resulting in an increase in developed land, costs, population stabilization, and car dependence (Godschalk, 2000; Vandergrift & Yoked, 2004).

*Sustainable, Sustainability:* Solutions that can continue to work over time (Phills et al., 2008). In financial terms, Humphreys (2007) defined sustainability as a long-term approach to value creation that seeks to maximize durable financial returns through managing social and environmental risks, minimizing social and environmental

externalities, and efficiently using natural resources. Sustainability as defined by the APA is different depending on what issues and concerns the community places focus on (Ricklin et al., 2012). Other definition inputs include meeting future needs without compromising the needs of future generations (World Commission on Environment and Development, 1987).

*Traditional neighborhood development (TND)*: A term used by Duany Plater-Zyberk & Company to describe a compact, village-style development with an active town center, a variety of housing types, mixed land uses, and transit options (as cited in Garde, 2006; National League of Cities, 2013).

*Transit-oriented development (TOD):* Through city and regional planning and suburban renewal, TOD uses the focal point of public transportation in designing "compact, walkable, mixed-use sustainable communities"(Transit Oriented Development Institute, 2015, para. 2).

*Underserved populations:* Although Marcus, Ciccolo, Whitehead, King, and Bock (2009) simply defined underserved populations as those with "low incomes and/or minority racial or ethnic status." (p. 245), the Patient-Centered Outcomes Research Institute identified those populations who have a disproportionate rate of preventable chronic disease, including racial or ethnic minorities, individuals with disabilities or low literacy, those living in rural areas, and lesbian, gay, bisexual, and transgender individuals (Patient-Centered Outcomes Research Institute, 2014).

*Zoning and zoning policies:* The area or district that is specifically set aside for a certain type and size of land use, building heights and building types, and density, that is regulated and mandated by an individual or committee within the municipality (Davidson & Dolnick, 2004). In this study, zoning policies included development/building regulations, public transit and transportation, well maintained roads, parking, and walkable development.

## Assumptions

In research, an assumption is a logical expectation of something believed to be true but no empirical evidence exists to support it. The researcher has no direct control over assumptions, but assumptions are needed to conduct a research study and to evaluate a particular test. If these assumptions were absent, the study and thus research question would not exist (Simon, 2011). I made epistemological assumptions in this research because I wanted to understand my beliefs that I may have in order to create, gain, and disseminate more knowledge in this field (MacIntosh, 2009; Rehman, Ahmed, & Farooq, 2014; Steup, 2014).

Several assumptions were made in this study and include the following: Variables were objectively identified, measurable, and their relationships measured (Rehman 2014). I was objective, separate from the research, and took an outsider's viewpoint. The responses from real estate developer survey participants were assumed to be truthful and honest as a result of the anonymity and confidentiality I assured. The survey volunteers were also free to withdraw from the study at any time with no consequences. The survey volunteers were in the position in the organization to correctly articulate the survey answers and were able to understand the survey and provide appropriate responses. The sample chosen for this study was representative of the population to which inferences were being made. The IVs were continuous and discreet, there were no assumptions about the distribution, and the DV was dichotomous. The study could be replicated and could be generalized to other real estate developer in the United States. For the sake of this study, it was assumed that cost overruns and unmet production deadlines as a result of building a complete community were insignificant. It was also assumed that public, private, and not-for-profit enterprises were eligible for the same governmental funding programs through the same criteria. Lastly, it was assumed that some real estate developers are social entrepreneurs based on their survey answers and that the primary focus of their work was the good of society.

#### **Scope and Delimitations**

Unlike limitations, delimitations were controlled by the researcher and the scope defined the boundaries of the study (Baltimore County Public Schools, 2015; Simon, 2011). The boundaries of the population for this study included English speaking male and female adults who had access to email and the Internet, were able to answer an online survey, were between the ages of 18 and 100 and were involved in development, building, and/or investing in healthy and age-restricted communities. Individuals in this study were not excluded based on race, culture, or ethnicity. Excluded from this study were individuals under the age of 18, individuals unable or unwilling to provide an

informed consent, and participants unable to speak or read English because the survey was only conducted in English.

The scope was the parameters chosen for the study, what was included and what was not included. A causal-comparative/quasi-experimental study was used to investigate how policies affected real estate developers' decisions for the built environment. In this study, I did not look at specific programs that affect health determinants or health promotion initiatives. I focused on certain specific aspects of the built environment that has been demonstrated to facilitate health. This homogenous and purposeful expert sampling of real estate developers was selected from specific demographic locations throughout the United States that were recognized to be healthy complete communities or age-restricted communities as a basis for their development. Healthy communities are very slowly being developed throughout the United States for a variety of reasons, such as health, environment, and economics. From this study, I provided information that was generalizable across the United States for real estate developers deciding what type of community they will build.

# Limitations

Limitations were potential weaknesses in theory or methodology that could affect the internal and external validity of a study and thus could decrease the study's credibility or generalization. Although "no perfect measures of health or its determinants exist," (p. 72) and time to perform this study was limited, I obtained the best and most appropriate data that were available (Catlin, 2014). Since there was little research done on the relationship of urban planning theory, development and community policies, the built environment, and health outcomes, this study was more exploratory than correlational. Although the survey tool was previously used by authors in previous work and approved by the research team and research protocol committee, the authors noted that some survey items were not rigorously tested for reliability, thereby allowing bias to impact the study results (Carnoske et al., 2010).

Regression analysis only discovers relationships; it does not determine the underlying cause. Also, there has not been a well-established direct correlation or causal link made empirically among smart growth, the built environment, and improved health outcomes. The validity and reliability of the survey instrument may have been a potential limitation. Every possible consideration was given to the constructs in the literature, but there was still a question of its effectiveness.

Because I used statistical tests, there was the possibility of experimental errors. Type I errors could indicate that the null hypothesis is correct ( $\alpha$ -error, false positives) despite it being rejected. Conversely, type II errors ( $\beta$ -errors, false negatives) could indicate that the hypothesis is correct despite it being rejected (Kalla, 2009). Another common bias was one of instrumentation; therefore, the survey needed to properly calibrated to minimize skewed results (Shuttleworth, 2009).

As a real estate investor, environmentalist, and health advocate, I had biases that could have influence the outcome of this study. I had my own intuitive results of the survey based solely on my real estate experience. I also had the bias that personal responsibility plays a large part in how people choose to live and not only where people live. I chose a quantitative methodology to minimize personal bias.

# Significance

Chronic illness as a result of lifestyle choices is a problem that impacts all Americans and reverberates globally with respect to direct health care costs to the individual and society, indirect costs from lost productivity, disability, and premature death, and decreased quality of life (Bloom et al., 2011; Center for Strategic & International Studies, 2013; Dixon, 2010). The US Department of Health and Human Services Healthy People 2020 focus objectives include lifestyle choices that include appropriate nutrition and physical activity as some ways to reduce chronic illness risks. A variety of health promotion programs have been to facilitate wellness, including healthful diet and body weight maintenance to reduce chronic illness risks, emphasizing individual behaviors and environmental controls. Also needed are policies that promote healthful diets and decreasing food insecurity. Further, physical activity as measured through regular physical activity including walking and biking and improvements in structural environments and legislative policies (HealthyPeople.gov, 2013) have been correlated with wellness.

Social and economic determinants also impact health. Braunstein and Lavizzo-Mourey (2011) and Bell and Standish (2009) identified a direct correlation between how low the economic status of a neighborhood is and the presence of higher morbidity and mortality rates as well as higher rates of obesity, diabetes, and heart disease. Economic development of these underserved neighborhoods could help to improve health outcomes and minimize health disparities by affecting the physical, economic, and social environment (Cassidy, 2011). By understanding the factors that could minimize risk and maximize rate of return for developing healthy communities, real estate developers could potentially reduce health disparities and facilitate improvements in health relative to changes in social and physical environments throughout the United States.

Social entrepreneurs by way of real estate developers exist to have an impact on society through their resourcefulness, creativity of leveraging nontraditional resources, and innovating solutions (Mair, 2010). Knowing what the barriers are to facilitating good decisions for building healthy communities may assist policy makers on reevaluating policies that prohibit or stimulate development of healthy communities. Investors may want to invest in building healthy communities because of the greater impacts on health, environment, social capital, and economic development and growth. Further, the banking industry may have to alter its funding and lending requirements in this multiuse zoning complete community paradigm. Public, private, and not-for-profit funds could be spent more effectively by developing a built environment that supports health rather than degrades it. The potential implications for positive social capital and health impacts, decreased health care costs, stimulation of job growth and economic development, and improvements in policy development in education and housing.

The information from this study expanded knowledge in the fields of urban planning, real estate development, economics, and politics. By narrowing the focus specifically to the relationships those real estate development policies have relative to the built environment, I explored promoters or barriers that influence changes to the built environment. The significance of the relationship was that it provided an understanding of how specific policies influence the slow rate of change for real estate development of a healthy built environment and which policy, if changed, will have the greatest impact to facilitate healthy community development, both of which may correlate improved health measurements in a community.

Further, it is not yet understood why more health promoting environments are not developed for new communities or retrofitted for an existing community. Few researchers have answered this question from the real estate developers' perspective. Because the relationship of health impacts of the built environment has gained some leverage, albeit slowly, health officials alone rarely have the capacity to make changes in the economic, physical, or service capabilities of society (Gortmaker et al., 2011). These areas are impacted by nonhealth related organizations such as transportation, employment, housing, education, security, agriculture, infrastructure, parks and recreation organizations, and financiers (Hammond, 2012). Such efforts will help guide policy makers toward the WHO's Adelaide Statement on Health in All Policies approach, that is also gaining traction throughout the world (Rudolph, Caplan, Ben-Moshe, & Dillon, 2013; World Health Organization, 1988, 2010).

#### **Summary and Transition**

In this chapter, I provided an overview of lifestyle choices that cause increasing rates of chronic diseases in the United States and the effects that the built environment has on health. Where people live and work directly influences their health. Changing the built environment to support healthy behaviors is often a slow process with policies that affect the decisions of real estate developers to build healthy communities. Coordinated and collaborative efforts are needed to make changes in the economic, physical, or service capabilities of society, and areas of transportation, employment, housing, education, security and security, agriculture, infrastructure, parks and recreation organizations, access to medical care and healthy food, and financiers all play a part in improving the built environment. In this quantitative study, I explored the degree to which comprehensive plans, finance, and zoning policies predicted the likelihood that real estate developers will build certain types of communities in the United States. This information added new knowledge to the fields of urban planning, real estate development, economics, and politics. The significance of the information was that it may provide an understanding of how specific policies could facilitate good decisions toward building healthy environments. In Chapter 2, I synthesize existing literature to demonstrate the framework that guided the research, methodology, and data collection.

#### Chapter 2: Literature Review

In this literature review, I provide an exhaustive discussion from many authors focused on the built environment in the United States. The built environment in the United States creates a lifestyle that contributes to chronic illness, such as obesity, diabetes, heart disease, cancer, and asthma, and these chronic illnesses increase health care costs (Ding & Gebel, 2012; Ford, Croft, Posner, Goodman, & Giles 2103; Hammond, 2012; Miller et al., 2011; Shi & Singh, 2012; Smith & Hale, 2010; Suhrcke, Nugent, Stuckler, & Rocco, 2006; Syme & Ritterman, 2009; Thrall, 2005; Williams & Marks, 2011). Researchers have agreed that this trend can be associated with nonmodifiable risk factors, such as age, gender, race and ethnicity, and culture (World Health Organization, 2008; McGinnis et al., 2002; Woolf & Braveman, 2011), while there are modifiable determinates such as lifestyle choices, health behavior choices and social environment (Braunstein & Lavizzo-Murray, 2011; McGinnis et al., 2002). Nonmedical factors include socioeconomic status (Booske et al., 2010; Gostin et al., 2011) and social policies of education, child welfare, transportation, affordable housing, employment, and access to medical care (McGinnis et al., 2002; Woolf & Braveman, 2012). Further, lower educational attainments have also been linked to higher health indicators that result in increases in diabetes and heart disease and shorter life expectancy (Andrews & Retsinas, 2012; Bell & Standish, 2009; Glover Blackwell, 2012; Kaplan, 1996; Williams & Marks, 2011; Woolf & Braveman, 2011). Considering all these health determinants, nonmedical interventions by changing the built environment are key to promoting wellness (Galloway, 2014).

Since 1990, the built environment has continued to be studied as a health determinant that either enhances or impedes health behaviors (Barton, 2009). A large pool of research has indictated a relationship between health and the built environment (Booth et al., 2005; Collins Perdue et al., 2003; Erickson & Andrews, 2011; Hodgson, 2012; Wernham, 2014) and is further explained in this chapter. Despite the growing literature in this field, there is a lack of standardized framework for research (Kirk, Penney, & McHugh, 2010), nor has there been a well-established direct correlation or causal link made empirically among smart growth, the built environment, and improved health outcomes (Adler, 2012; Durand et al., 2011; Marshall et al., 2014; McCoy et al., 2010) or financial effectiveness of implemented programs (Freeman, Jalaludin, & Thompson, 2011). With increasing health care costs coinciding with a decrease in public funds for infrastructure and investment (Breuning & Busemeyer, 2012; Shi & Singh, 2012; Wang, McPherson, Marsh, Gortmaker, & Brown, 2011), the current health care funding mechanism is not sustainable.

Narrowing the focus, a variety of research exists on the built environment in relationship to a variety of factors. These factors include land use and physical activity (Ding & Gebel, 2012), zoning (Yang et al., 2012), safety and walking (McCormack et al., 2014), obesity (Booth et al., 2005; Kahn, 2011), children's activities (Robert Wood Johnson Foundation, 2011), food availability (Glass et al., 2010), social capital (Cabrera & Najarian, 2013), mental well-being (Renalds et al., 2010), and bicycling (Suminski et al., 2014). Many of these relationships have been found to be statistically significant and will be further explained in this chapter, yet there is little research available to identify why the built environment development has not been changed to make it more health promoting, such as developing or retrofitting for complete or healthy communities.

Empirical evidence from a variety of researchers has suggested a need to address policy creation that reduces some of the drivers of health disparities, obesity, and chronic disease (Miller et al., 2011; Swinburn et al., 2011; Woolf & Braveman, 2011). However, changes to the built environment are slow to occur because of challenges to policy adoption, thus more Americans continue to be unhealthy (Burden & Littman, 2011; Seskin & McCann, 2012; Woolf, Dekker, Rothenberg Byme, & Miller, 2011). Although recognition of the health impacts of the built environment has gained some leverage, albeit slowly, health officials alone rarely have the capacity to make changes in the economic, physical, or service capabilities of society (Gortmaker et al., 2011). These areas are impacted by nonhealth related organizations such as transportation, employment, housing, education, security, agriculture, infrastructure, parks and recreation organizations, and financiers (Hammond, 2012). A coordinated and collaborative effort needs to be undertaken with the public health community and nontraditional agencies to facilitate healthy lifestyle choices to decrease health care costs and increase effective use of funds, affecting the built environment that can improve health outcomes.

According to Ricklin and Musiol (2012), altering the built environment to promote healthy lifestyle choices is effective and sustainable. More specifically, there are many possible factors contributing to slow changes in the built environment. These factors include food and agricultural policies (National Prevention Council, 2007), antiquated banking policies involving project funding (Leinberger, 2005), financial risk aversion (Daniels & Daniels, 2003), misinformation about healthy communities from real estate developers, investors, and the community, the perception of lack of profitability (Leinberger, 2007), no benchmarks or standardized metrics (Vandergrift & Yoked, 2004), lack of research for a theoretical or contextual basis (Danielson, Lang, & Fulton, 1999), Not In My Backyard attitudes (Carliner, 1999), misinformation about market drivers, local planning and development regulations (Schilling & Linton, 2005), transportation policies and funding (Transportation Research Board, 2005), no benchmarks or standardized metrics (Canadian Institute of Planners & Ecoplan International, 2013), lack of study for the theoretical or contextual basis academic curriculum (Vandergrift & Yoked, 2004), and capitalism (Leinberger, 2007). All of these individual factors cannot be specifically addressed in this research, but will be narrowed down to three policy analyses.

The purpose of this quantitative study was to use the urban planning theory to explore the degree to which comprehensive plans, finance, and zoning policies predict the likelihood that real estate developers will build certain types of communities in the United States. Despite the growing literature in this field, there is a lack of standardized framework for research (Kirk et al., 2010), nor has there been a well-established direct correlation or causal link made empirically between the built environment, policies, and improved health outcomes (Adler, 2012; Durand et al., 2011; Marshall et al., 2014; McCoy et al., 2010). This information from this study expanded knowledge in the fields of urban planning, real estate development, economics, and politics. By narrowing the focus specifically to the relationships those real estate development policies have relative to the built environment, in this study, I explored promoters or barriers that influence changes to the built environment. The significance of the relationship is that it may provide an understanding of how specific policies influence the slow rate of change for real estate development of a healthy built environment and which policy, if changed, will have the greatest impact to facilitate healthy community development, both of which may correlate improved health measurements in a community. Through identifying these promotors and barriers, stakeholders can understand how to facilitate decision making to maximize the capabilities of real estate developers to develop healthy communities and reap the health benefits of an improved built environment (Jackson, Dannenberg, & Frumkin, 2013).

In order to better understand the relationship of the built environment on population health, the direct and indirect costs of traditional planning and development models, and the way in which capital contributes to both health and development, I began this literature review by presenting the SEF as a rationale for suggesting a relationship between the built environment and health, then established the urban planning theory, and lastly, provided the scholarly foundation for this quantitative study. The major topics of this literature review include (a) a discussion of the search strategy employed, (b) the applicability of the conceptual framework and theoretical foundation, (c) the review, and (d) the concluding summary.

## **Literature Search Strategy**

A comprehensive inquiry was used for this literature search using the following databases: Academic Search Complete, Business Source Complete, CINAHL Plus with Full Text, Dissertations & Theses, EBSCO, Google Scholar, GreenFILE, Hoover's Company Records, ICPSR - Inter-University Consortium for Political and Social Research Datasets, MEDLINE with Full Text, National Bureau of Economic Research, Project Muse, ProQuest Central, ProQuest Health & Medical Complete, ProQuest Nursing & Allied Health Source, PubMed, Regional Business News, SAGE Research Methods Online, ScienceDirect, and Springer ebooks.

The scope of the search in order of precedence was peer-reviewed articles, journals, and/or conference presentations; books; official published reports and policy briefs from leading associations, organizations, or research firms; nonpeer-reviewed literature from official websites; and print and online newspapers, blogs, or stories. Books proved to be valuable for discovering seminal data and authors on a wide variety of topics. The main timeframe set for the bulk of the literature was nothing older than January 2009, with the exception of references considered concept building, historic, theoretical, significant, or seminal, some of which are older than five years. For a variety of databases, I established several email alerts to be delivered weekly for all the newly published articles using my parameters and keys words and key phrases. From these new articles, I screened for possible applicability, noting their references to identify recurring literature that may be considered seminal to the topic. Dissertations were considered for several reasons: (a) to use as a model for structure, (b) to obtain secondary sources when possibly applicable to expand literature search, (c) to get ideas for methodology, (d) to discover if anyone has a similar research topic and/or question, and (e) to identify how to narrow the topic.

Initially, the focus on the search was using Google Scholar and ProQuest, two very general databases, to discover the breadth of literature for a particular topic, starting with literature on how health policy and the built environment affected chronic illness using the key words *health or health policy, built environment, real estate finance*, and *chronic illness*. I then focused on a consistent finding in the literature that identified several social, biological, and systemic factors that impact chronic illness. External factors included the media, advertising, and the influences of the food industry (Cardello, 2009; Holder & Treno, 1997; Martin & Mail, 1995; Thompson & Heinberg, 1999). Other social factors included culture, education, child welfare, employment, and socioeconomic status (Braveman, Egerter, Woolf, & Marks, 2011; Delaware Coalition for Healthy Eating and Active Living, 2011; Shi & Singh, 2012). Biological factors included genetics, body type, and metabolism (International Association for the Study of Obesity, 2012). Even the health care system itself contributed to chronic diseases through flawed health policy, limited access to health care, health disparities, reliance on the pharmaceutical industry (Campbell & Jacobson, 2013; Gearhardt, Grillo, DiLeone, Brownell, & Potenza, 2011; Nestle, 2007; Shi & Singh, 2012), and the exclusive focus of health promotion programs on the individual, not of the community (Syme & Ritterman, 2009). The physical and social environments have a greater influence on health than any medical interventions (Roseland, 2005). More recently, the environmental issues of food availability and presence of food deserts have also been identified as influences on health behavior and negative health outcomes (Chow et al., 2010; Mikkelsen, 2011). The U.S. Department of Agriculture (2013) defined food deserts as urban and rural areas with limited or no access to fresh, healthy, affordable fruits and vegetables. Hence, where one lives is a key influence on one's health, and improvements in community development serve to improve health outcomes and decrease health disparities (Bell & Rubin, 2007; World Health Organization, 2008).

Where one lives as a contributor to chronic illness has been examined by several researchers outside of the health care field. Subsequently, my next refined literature search using the key words and phrases *built environment, APA, chronic illness, development financing, lifestyle disease, public health,* and *population health* and a variety of combinations thereof also proved to still be too broad. Therefore, I reduced chronic illness to obesity, diabetes, diabesity, physical activity, physical fitness, exercise, diet, weight loss, and nutrition. Although over 5,000 references included these key words, I noticed a researcher's theme identifying the need for nationwide complete

communities, healthy communities, smart communities, smart growth, sustainable communities, TOD, and TND (Cassidy, 2011; McConville, 2013). While these terms have subtle differences, their core premise is that wise land-use decisions is a collective planning effort needed to ensure that the physical, social, and built environment encourage strong communities, promote health, and sustain economic growth (Meridian Planning Consultants, 2011; Scott, Nau, & Anderson, 2012).

The fourth keyword/phrase approach included *complete communities, healthy communities, smart communities, sustainable communities, smart growth, New Urbanism, urban sprawl, TND, walkable urbanism, TOD*, and a range of chronic illness keywords, but this search included the aspect of economic development and finance policy. Each of these combinations returned a range of 22 to 254 references from a variety of databases. However, more specificity was needed since economic development alone returns a large list of articles.

This final keyword/phrase search found a definitive gap in the relationship between the built environment, chronic disease, metrics, and the role of capital. Many sources referenced the important need to develop healthy communities for reducing chronic illness and the need for establishing public and private partnerships, obtaining community involvement, coordinating a variety of governmental organizations, reevaluating zoning policies, and planning considerations. Few studies were found to describe financial challenges of the complete community and healthy community endeavor and even fewer addressed challenges from the real estate developer perspective. Thus, the keywords of *investor*, *banking*, *funding*, *capital*, *capital investment*, *banks*, *banking policies*, *commercial bank loans*, *residential bank loans*, *real estate finance policy*, *zoning*, *comprehensive planning*, and combinations thereto were used in conjunction with other key words noted earlier. Relevant secondary sources identified in journal articles and books were also used.

Because there was little current and/or published research relating entrepreneurs, SEF, funding, healthy communities and/or health outcomes, I studied several seminal authors, speakers, and researchers in the area of healthy communities in general to include Dan Burden, Executive Director of Walkable Livable Community Institute; Christopher Leinberger, Arcadia Land Company; Charles Lesser, founder of the largest independent real estate consulting firm in the country; the Robert Wood Johnson Foundation; the Brookings Institute Center on Urban and Metropolitan Policy; the ULI; Smart Growth America; and the APA. The aforementioned names were also used as keywords. To validate a potential gap in knowledge, I attended several meetings discussing the state's complete community plans, attended an APA Regional Conference *Planning for Healthy and Sustainable Places*, and informally spoke to the Delaware Planning Director and Principal Planner. There was a gap in the literature regarding the challenges of funding, zoning, and outcome metrics that support complete and healthy community development along with the impact on health outcomes. The research question for this study included a relational inquiry of funding and zoning policies, a comprehensive plan, real estate developers' decisions, and the built environment.

One theory suggests that New Urbanist developers are entrepreneurial (Chell, 2007), but research on this contextual framework is lacking. Healthy community developers and investors can be seen as entrepreneurs, going against the current methods of the built environment and taking risks for the greater societal benefit (Duany, Plater-Zyberk, & Speck, 2000). The contextual framework that this study is grounded in is the SEF (also known as social ecological model). The SEF considers the built environment and taking risks. As a result, theories and the framework were searched in relationship to several of the key words and phrases already discussed in addition to entrepreneur, social entrepreneur, social health theory, social environmental framework, and social environmental model, macroeconomics, microeconomics, triple bottom line, economic development theory, capitalism, economic planning, health belief model, planning theory, theory of reasoned action, theory of planned behavior, transtheoretical model, social determinant theory, social cognitive theory, social capital, social ecological foundation, social ecological model, and eco-development.

#### **Conceptual Framework**

There are two major approaches to a social ecological framework (or model, SEF or SEM). First for consideration was those ideas derived from Bronfenbrenner (1994). The second thinkers contributing to the SE framework are McLeroy et al. (1988) and Stokols (1996). First introduced in the 1970's, Bronfenbrenner described the five interlocking spheres of influence of microsystems, mesosystems, exosystems, macrosystems, and chronosystems that fit together like "Russian dolls" (1994, p. 1645).

The microsystems are the immediate environment such as family, school, and work; mesosystems comprise linkages and relationships of microsystems such as family and school, school and workplace, and family and workplace. Exosystems identify the linkages between mesosystems that can indirectly influence a person in a microsystem, such as the effect on a child as a result of the relationship between the home and parent's workplace. Macrosystems are the umbrella over the micro-, meso-, and exosystems link at the level of culture, belief systems, "bodies of knowledge, material resources, customs, lifestyles, opportunity structures, hazards, and the like course options" that can be thought of as a "societal blueprint" (p. 1646). Lastly, chronosystems consider changes or consistencies of an individual and their environment over the course of his lifetime. Although Bronfenbrenner's (1994) paradigm does not directly relate the built environment to health, it nonetheless provides an ecological framework that helps support and guide human growth and development.

Other researchers have built upon Bronfenbrenner's model (1994). McLeroy et al. (1988) acknowledged that since 1968, public and private initiatives for health promotion and disease prevention activities may have focused too much on individual lifestyle interventions while missing the influences of social environmental factors. The social ecological framework/model considers all factors of "behavior as being affected by, and affecting the social environment" (McLeroy et al., 1988, p. 354). Later, Stokols (1996) expanded upon these multifaceted environmental factors, and these researchers are generally grouped together because of their similarity of thought. The social ecological framework allows an understanding of the behaviors and interactions of individuals, groups, and environmental conditions (Busza, Walker, Hairston, Gable, Pitter, Lee, ... & Mpofu, 2012; Golden & Earp, 2012; Haggis, Sims-Gould, Winters, Gutteridge, & McKay, 2013).

McLeroy et al. (1988) and Stokols (1996) both described the taxonomy of the five levels of influence on behavior (see Figure 3, Appendix B). The five levels of behavior influence included intrapersonal factors and well-being, interpersonal processes of person-environment relationships, institutional factors of behavioral and organizational opportunities for change, community factors and interdependencies between individuals, groups, and their life settings, and public policy of the totality of "biomedical, behavioral, educational, environmental, organizational, and regulatory interventions" aimed at health promotion outcomes (Stokols, 1996, p. 289).

Figure 3 depicts the SEF interconnectedness and provides an example of how the SEF related to this research study. At the basic intrapersonal and individual level, access to different levels of education, income, and housing may affect motivation, beliefs, and behaviors about fitness, nutrition, health and well-being and medical care. The basic principle of where one lives matters is first considered here. At the interpersonal processes and primary groups and relationships level, effective messaging and network and relationship development can have an influence on healthy eating, physical activity, and well-being. A larger scope still, the institutional factors and organizational social institutions can develop workplace and community wellness programs and activities,

healthy school lunches, and nutrition and fitness education that support both the individual and their associated group toward healthy lifestyle choices. With these organizational programs in place, community factors can focus on safe, accessible, and reliable transportation, fitness and recreation opportunities, and availability and affordability of healthy fruits and vegetables that can further facilitate behavior change and promote healthy eating and physical activity. Lastly, to solidify these supportive activities, public policy can be created to consider the built environment design such as complete communities having outlets for healthy fruits and vegetables, and construction of safe green space and walking/biking lanes that can promote and support healthy eating and active living. This study focused on the built environment relative to community factors and public policy levels.

## **Phenomenon Applied**

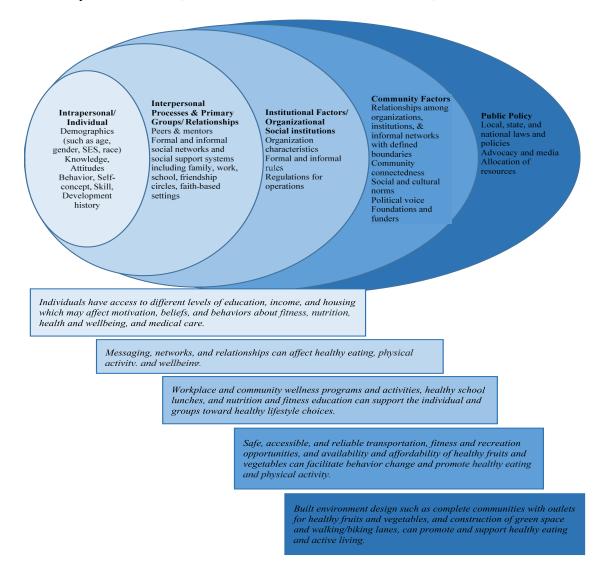
Adding to the social ecological framework, Stokols (1996) was one of the first researchers to recognize that improving urban planning strategies could enhance health promotion programs. SEF evaluates behavior on all levels; therefore, interventions for behavior changes need to be done on a variety of levels (Sallis & Glanz, 2009). Lytle (2009) used SEF to include "transportation, urban planning, agricultural policy, social networks, sociology, psychology, and biology [in a] transdisciplinary approach" (p. 339) to study intervention effectiveness in childhood obesity, and although considered important, community land use policies were not included.

Grzywacz and Fuqua (2000) summarized the definitions of Stokols (1996) and McLeroy et al. (1988) and simply stated that the comprehensive view of health from an ecological perspective includes "an interdependent, multidimensional, multilevel, interactional view of the etiology of individual or community health" (p. 102), but this could not be used to change behavior. Further, twenty years after the McLeroy et al. (1988) research, Golden and Earl (2012) examined and coded 157 intervention articles and determined that these programs focused on individual and interpersonal factors, rather than institutional, community, and public policy factors.

The social ecological framework indicates health is nonlinear, multifaceted, and complex, considering "policies, programs, behaviors, environments, and community norms" (Swinburn, Gill, & Kumanyika, 2005, p. 24), making modeling and understanding challenging. Simulation modeling and comparative modeling may have potential to bridge theory and research with practice and outcomes, can integrate several fields of study to help understand the problems and outcomes holistically, and can quantify and forecast possible policy solutions (Levy, Mabry, Wang, Gortmaker, Huang, Marsh, ... & Swinburn, 2011).

Modeling the built environment where people live, work, go to school, and play in relationship to health and healthy behaviors can identify opportunities for improved outcomes via supportive policy, in early intervention and over time. Gortmaker et al. (2011) modeling holistically and synergistically, the overall strategy for initiatives and solutions with government, international agencies, the private sector, civil organization groups, health professionals, and individuals. Absent from their identified players include financiers, planners, and developers. Researchers agree that health should be included in all policy making (Adler, 2012; Gortmaker et al., 2011). Further, leadership and action is required from all sectors; the medical community can no longer be responsible for addressing all the social determinants of health especially when they fall in the realm of different disciplines (Lavizzo-Mourey, 2012; Williams & Marks, 2011).

What continues to be lacking is research on policies focused on the built environment within the social ecological framework in relationship to population health and how real estate developers, acting as social entrepreneurs, can enact social change. Because SEF is an approach that considers all factors that have an effect on an individual's behavior, changes to environment or policies affecting whole communities are more likely to be sustained (Handy, 2005; Sallis et al., 2011). These changes are also more often becoming evident in public and private investments (Miller et al., 2011). Gladney (2014) furthered collaborations to the private P5, that includes public, private, non-profit, philanthropic, and people to insure successful placemaking (Project for Public Spaces, 2015). In the early phase of policy development, SEF and planning theory should be considered to determine the long term and/or unintended consequential health impacts of the policy on population health. Furthermore, SEF and planning theory combined sets the framework in researching how and if real estate developers, investors, and capital funding impact population health by changing current thought paradigms, investment strategies, and public policies to those stakeholders that consider the environment and healthy communities (Trivedi, 2010; Trivedi & Stokels, 2011).



*Figure 3.* Ecological approach. From "An Ecological Perspective on Health Promotion Programs," by K. R McLeroy, D. Bibeau, A. Steckler, and K. Glanz, 1988 Health Education Quarterly, Volume 15, p. 355. Copyright 1988 by SOPHE. Adapted with permission.

My study contributed to and benefitted from the social ecological framework by identifying promotors and barriers to real estate developers to create healthy communities. These real estate developers can be viewed as social entrepreneurs (SEs). As such, SEs strive to create social change through innovation to minimize socioeconomic issues, either on a small localized scale, or on a large scale population (Trivedi, 2010) from which SEF provides an opportunity within which social entrepreneurs can work. My study evaluated how the institutional environment, community, and public policy factors interact with real estate developers to improve population health by maximizing the health benefits of the built environment. Lastly, my study added to the Institute of Medicine's "Guide to Community Preventive Services: Sociocultural Environment Logic Framework" (2002) by examining a pathway that the researchers had not been previously examined (that will be discussed in Figure 5).

## **Theoretical Foundation**

I conducted my research for this study using the urban planning theory and New Urbanism in the United States. In this study, urban planning theory argues that several factors affect health through built environment. Urban planning or spatial planning theory attempts to explain a variety of social issues involved with urban development in order to invoke social control or reform (Yiftachel, 1997). With this view, urban planning could be used as an effective tool for positive social change.

Elusive and nonexclusive, planning theory encompasses a variety of disciplines across a continuum and as such holds a different definition for each practitioner (Abukhater, 2009; Fainstein & Campbell, 2012). Fainstein and Campbell (2012) considered planning theory within the context of "political economy, history, and philosophy" (p. 5) that is flexible enough to create good places in any city and region. Similarly, Hoch (2011) suggested planning theory shift from concept to producing better plans by integrating "geography, economics, history, sociology, architecture and other disciplinary" (p. ix) theory ideas to solve complex special problems.

According to Slusser, 2007, there are a variety of major planning theories, including the Rational Planning Model from Myerson and Banfield (1959) that represented a scientific, logical, and bureaucratic theoretical approach engrained in planning education by the 1980s (Innes & Booher, 2014). Other approaches include Incrementalism from Lindblom (1959); Advocacy Planning from Alinsky (1946), Davidoff (1965) and Arnstein (1969); Transactive Planning (Friedmann, 1973); and Radical Planning (Grabow & Heskin, 1973. More recently, the communicative planning theory (Archiesta, 2012; Douthat, 2013; Forester, 1982), the New Urbanism theory (Duany, 2001), and the Just City theory (Fainstein, 2010) have become popularized (Fainstein, 2000; Innes & Booher, 2014). This research focused specifically on urban planning theory and New Urbanism. Historical accounts focus on those events that build up to this theory.

# Origins

Early planning in the United States began in 1682 with William Penn's grid pattern for his holy experiment in Philadelphia. In 1790, F.L. Olmsted, Sr., designed the first major purchase of parkland—Central Park in New York. In 1791, L'Enfant planned Washington, DC. Laws such as the 1862 Homestead Act signed by Abraham Lincoln that transferred land in the public domain to private citizens to make improvements toward ownership (National Park Service, n.d.; The Library of Congress, 2015). Another piece of legislation signed by Lincoln was the Morrill Act of 1862 that provided state public lands for the creation of universities specifically teaching agriculture and mechanics (O'Hara, 2015). During this period, a shift from agrarian to rapid industrialization necessitated a variety of reform efforts (Campbell, 2015; O'Brien, 2011; Slusser, 2007). Planning and public health were well aligned and focused on minimizing infectious disease in living spaces using a Haussmann model of planning that stressed single use zoning in alignment with economical functions (Coburn, 2004).

The theory of planning and planning as a profession arose from three distinct periods. The first phase was the progressive years of the late 1800s – circa 1910 were the formative years with people outside of the traditional planning profession community, such as Howard with the Garden City Movement, and Burnham's first US metropolitan plan in Chicago. Planning commissions were independent from government and composed of community citizens (O'Brien, 2011). The Garden City Movement, attributed to Howard, was an anti-urban effort to keep focus on the beauty of nature by returning to the pre-industrial village. In 1909, the lead American planner at the time, Burnham designed the first US metropolitan plan in Chicago. During this time, government involvement increased in public health initiatives to insure sanitary conditions in cities for pollution, cemeteries, and tenement living (O'Brien, 2011).

The second phase took place circa 1910 - 1945 when the profession of planning was recognized with an increase in regional and federal planning initiatives. In 1916 the first comprehensive zoning ordinance was passed in New York that established a maximum height on skyscrapers to ensure light and air could reach sidewalks (Dolkart, 2003). The establishment of the American City Planning Institute in 1917 (which would be renamed the American Institute of Planners in 1937, and eventually merged into the APA in 1978) focused on public policy and legislation to advance an organized approach to city planning (Hooper, 2000). Primarily due to the city's rapid growth, a newly formed Los Angeles County Regional Planning Commission (LACRPC) developed the first comprehensive plan in 1922 that primarily focused on land use, traffic and flood control (Gish, 2012). Cincinnati's first comprehensive plan in 1925 was built based on the benefit of the city as a whole. The same year as the Stock Market Crash in 1929, Harvard created the first school of city planning with funding from the Rockfeller Foundation (Campbell, 2015). Wright's Broad Acre City in 1932 presented one of the first anti-urbanism, non-TOD theory developments, and focused on transportation by automobile and confined pedestrian mobility to where the majority of the population lived. Hoyt's Sector Theory of 1939 modified Burgess' Concentric Ring Theory of 1925 to allow for an outward progression of growth.

The economic collapse and the consequences of the Great Depression created the New Deal, housing and work/welfare programs, and the emergence of modern rationality planning theories. The New Deal included the National Industrial Recovery Act (NIRA) of 1933. The NIRA among other things, restructured the industrial sector of the economy to favor a public works program, that was later ruled unconstitutional (AmericanPresidency.org, 2014; The Social Welfare History Project, 2014). The New Deal also initiated housing and work/welfare programs, including Medicaid, food stamps, and Supplemental Security Income (SSI) (Georgia Planning Association, 2012). O'Brien (2011) and Stiftel (2000) agree that toward the end of this period and into the next, modern rationality planning theories emerged from Perioff (Burns & Friedmann, 1985), Banfield (1959), Margolis (1958), and Myerson that set the course for future planning theories. Simplistic, yet unachievable due to demands on human resources, rational planning theory was a step by step approach to problem solving in the public sector (O'Brien, 2011; Stiftel, 2000).

The third and final phase began post-World War II that was an era of standardization with the controversial 1949 Wagner-Ellender-Taft Housing Act that created the American dream of home ownership and provided federal funding to insure that all Americans had a good home and living environment (Lang & Sohmer, 2000; Martinez, 2000). It also provided low income housing while concurrently clearing slums that actually destroyed affordable housing units (von Hoffman, 2000). The 1954 Housing Act differed in that it focused on slum prevention by eliminating public housing, and urban renewal through commercial enterprises (Flanagan, 1997). During this time, Lindblom (1959) furthered the incremental planning theory that stressed that policy decisions are best created through democratically allocating, delegating, and integrating decisions of others and considering all possible solutions. Compared to other evolving theories, Hudson, Galloway, and Kaufman (1979) stated that transactive planning furthered integrative planning by considering the effects on people and their organizations rather than just simply the neutral economics of individuals. Further, although advocacy planning considered an organization's profitability objectives, it considered the community and their public concerns, and stressed the formulation of policy inclusive of social justice principles (Hudson et al., 1979).

The current methods of planning continue to be a reflection of the late 1950s. The development of Levittown in Bucks County, Pennsylvania, was recognized as the first of the modern American suburb and led the Postwar Consumer Society (American Planning Association, 2004; Campbell, 2015; Campbell & Scott, 2012; Slusser, 2007). During the late 1950s and through the 1960s, new town projects began to flourish, including the first age-restricted retirement community in Youngtown, AZ, the first enclosed shopping mall in Edina, MN, Research Triangle Park in Raleigh/Durham/Chapel Hill, NC, and the first active living retirement community in Sun City AZ. Many of the early planning pioneers published works during the Urban Crisis and LBJ's Great Society of the 1960s. The urban planner entrepreneurs of today derive their design principles from Jacobs, whose book, *The Death and Life of Great American Cities* (1961) is seminal for "advocating for

a place-based, community-centered approach to urban planning" (Project for Public Spaces, n.d., para.1). Many of the early planning pioneers published work during the Moral Environmentalism, Urban Crisis and Lyndon B. Johnson's Great Society of the 1960s. Planners focused on large infrastructure and transportation projects and on social unrest and public development projects. The public health message emphasized a change to one's individual risk factors and behavioral modification rather than the social aspects of health promotion (Coburn, 2004).

Theory in the last 50 years has considered the social aspects of community. The 1970s Environmentalism period shuttled in the National Environmental Policy Act, the National Environmental Protection Act, the Housing and Community Development Act, and a myriad of other publications on planning theory. Although the first New Urbanist town was built in Seaside, Florida, during the Reagan/Thatcher Post Modernism years of the early 1980s, the focus on resources and efforts was moving away from urbanization to suburbanization. Public health further narrowed the focus on illness being a biomedical result. From this time until present, there is a focus on globalization and sustainability, including the founding of the CNU. It is during this time that the Healthy City Movement of the World Health Organization (WHO) was founded to emphasize a "place-based approach reflecting a holistic-system based model" in urban settings (UK Healthy Cities Network, n.d., para. 1). In 1989, these WHO concepts were forwarded by the US Department of Health and Human Services by launching the US Healthy Communities Initiative, that serves as the basis for today's community based planning (Norris & Pittman, 2000) and view of the social influences of health. Lastly, Sager (2001) described four positive planning theories based on social choice: Public choice theory, transaction cost theory, property rights theory, and regime theory.

Fainstein and Campbell (2012) considered planning theory within the context of "political economy, history, and philosophy" (p. 5), that is flexible enough to create good places in any city and region. Similarly, Hoch (2011) suggested planning theory shift from conceptualizing to producing better plans by integrating "geography, economics, history, sociology, architecture and other disciplinary" (p. ix) theory ideas to solve complex special problems. As such, urban planning theory, and the movement of New Urbanism, features "high-density, transit-and pedestrian-friendly neighborhoods" with multi-use zoning, sustainability, and affordable housing to address an antidote for sprawl (Fainstein & Campbell, 2012, p. 13) and a public health approach to where people live, work, and play (Barton, 2005).

## **Theoretical Propositions**

Urban planning theory, and the movement of New Urbanism, features "highdensity, transit-and pedestrian-friendly neighborhoods" with multi-use zoning, sustainability, and affordable housing to address an antidote for sprawl (Fainstein & Campbell, 2012, p. 13) and a public health approach to where people live, work, and play (Barton, 2005). Generally, practicing planners scoff at using theory while academics rely on them heavily, thus creating a gap (Abukhater, 2009). In an attempt to integrate theory with practice, CPT confronted long term assumptions of planning because it considered other social theories and disciplines that are involved in and collaborate with the planning process (Innes & Booher, 2014). Pissourios' (2013) findings rejected the use of CPT as a useful planning theory because it does not use analytical indicators and therefore does not link theory with practice. And as a "planning concept," Warner (2006, p. 169) was critical of Smart Growth because it does not have its basis in a planning theory, simply because, at some point, there is an end to growth and sustainability must be considered.

For New Urbanism to be more desirable, designers and architects must collaborate with real estate developers and policy experts for innovative planning that joins economic profits within regulatory confines (Love, 2012). Planning theory must consider the circumstances by which planners and stakeholders can produce a better environment for the people living there (Fainstein, 2012). Developing a community for success is an entrepreneurial venture (Duke, 2012). When thinking of development in an entrepreneurial way, many of the planning entrepreneurs derived their community's development design principles from Jane Jacobs, whose book, <u>The Death and Life of</u> <u>Great American Cities</u> (1961), is seminal for "advocating for a place-based, communitycentered approach to urban planning" (Project For Public Spaces, n.d., para.1).

## **Rationale for Choosing This Theory**

While Fainstein and Campbell (2012) indicated that planning theory is a continuum of a multitude of professions, Kent and Thompson (2012) further supported the development of health planning as an interdisciplinary profession, to further align public health, urban planning, and academia. Sallis et al. (2006) also supported a

collaborative approach of "research, practice, and policy change" to promote active living (p. 298). In spite of this multidisciplinary attention to planning, cities still experience "chronic urban problems" because there is no integrated approach to complex urban planning (Abukhater, 2009, p. 66). Because the built environment has been shown to have an impact on human health, it follows to use urban planning theory to consider the development of where people live, work, and connect (Kent & Thompson, 2012). However, Grant (2009, 2012) identified in her studies with Canadian real estate developers that planning theory and real-life development practice have not coalesced.

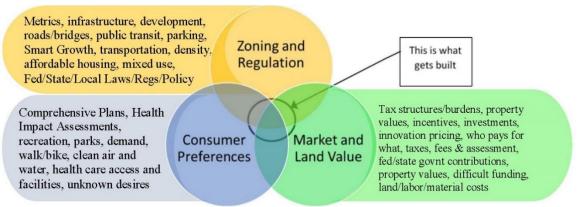
# How Theory Relates to This Study

By collaborating with other professionals in a planning process, a healthy built environment theoretically can include those items that support health, such as physical activity, access to healthy food choices, safety, and affordable housing. Kent and Thompson (2012) suggested stakeholders define their role for a healthy built environment, identify regulatory conditions, and demonstrate when policy change is needed. While professionally trained to focus specifically on the physical built environment, planners can also leverage theory and practice to facilitate changes in zoning, building codes, and land use (Sallis et al., 2006).

There is even debate as to the usefulness of comprehensive plans. The old school of thought supports it as a necessary tool to incorporate the "social, economic, and environmental" goals of a region, while newer planners argue that comprehensive plans are too extensive and detailed and incorporate too many aspects of the environment to make them realistically achievable (Abukhater, 2009, p 68). To investigate this debate further, comprehensive plans were one of three IVs studied in this study.

## Literature Review Related to Key Concepts

The key concepts identified in the literature described possible factors influencing real estate developer's decisions affecting the built environment and what gets built. Other persuasive dynamics that affect other stakeholder to include healthy communities and the impact on public health; the correlation of where people live and work and impact on health; the policies that support the built environment and hinder or facilitate change; how socioeconomics impacts health negatively; how a community atmosphere improves health; and how the current built environment and sprawl cannot be sustained. Figure 4 (LaRue and Healy, 2016, p. 1). is a summation of the interactions between zoning and regulations, market and land value, and consumer preferences and what gets built (see Appendix C). This literature review described how researchers have approached these integral issues and how this study built on these areas and tied them together.



*Figure 4*. What gets built. From "Meet Me in the Middle: Supply Trends, Factors, and Product Considerations Impacting Homeownership Affordability Today" by T. LaRue and C. Healy, 2016 The Advisory February 25, (p, 1). Copyright 2016 by RCLCO. Adapted with permission.

### Zoning and Regulation

**Metrics.** There is agreement of the feasibility and value of performance measurements or outcome metrics for health care, health promotion, and health intervention. However, obtaining these measurements continue to be a challenge due to the lack of a standardized and systematic criteria, study design and evaluation, scientific rigor, mathematical formulas, and/or comprehensiveness of studies (Eddy, 1998). In their literature review of public health interventions between 1980 and 2001, Merzel and D'Afflitti (2003) found no consistency in study design and evaluation, measurement tools, and/or theoretical models in over 30 categories of interventions. This suggests the necessity of better outcome metrics for population health and health promotion programs to determine the success or failure of the intervention. Similarly, measuring healthy outcomes and performance is allusive with regard to the built environment. Warner (2014) indicated that the perfect and most valuable indicator— that has specificity, responsiveness to change, reliability, validity and influential and effective to produce change— has yet to be found.

Metrics could provide long term strategies for success. Facilitating performance metrics is just one innovation in urban planning that insures accountability, transparency, and momentum for established indicators (Vaggione, 2012). Ewing and Hamadi (2014) identified the research demand for built environment metrics, especially in metropolitan, urban, and sprawl areas, but their suggested metrics still lacked relationships and predictors of outcomes. Leinberger and Alfonzo (2012) also identified the lack of standardized performance metrics for TNDs has hindered their growth, support for financing, and development of public policy, they proposed metrics for "private developers and investors, social equity advocates, the public sector, place managers, and citizen-led groups/activists" (p. 12). The difficulty with these metrics is that it takes a long time to collate the data to describe how these new complete community projects perform in the market (Leinberger, 2008).

Data on current TOD/smart growth communities to use for standardized formulas, measurement, and guidelines are needed (Cervero & Seskin, 1995; Lang, LeFurgy, & Homburg, 2005). Sallis et al. (2012) suggested cost-benefit analysis to measure the effectiveness of physical activity promoting infrastructure in relation to overall public health and reduction of chronic illness, especially in lower socioeconomic groups. Metrics facilitate a focus, a common goal, and measurements of success to inform policy makers and stakeholders that programs are making a positive change, so that investors would be more willing to provide funding (Donovan, Duncan, & Sebelius, 2012).

While standardized metrics for sustainable development are required for "supportive policy, planning, and investment," Lynch, Andreason, Eisneman, Robinson, Steif, & Birch (2011) reviewed 22 systems with 377 indicators to conclude that the 145 reasonably valuable indicators were still limited to accurately measure and understand the activities necessary to develop best practices for social well-being, environmental quality, and economic opportunity (p. 2) within the framework of the Partnership for Sustainable Communities' Livability Principles (US Department of Transportation, 2015). Acknowledged by Lynch et al. (2011) to be a gap in understanding of interactions between the three dimensions of urban development sustainability, my study furthers the field of urban development sustainability by focusing on the indicators of health via social well-being, and the economic opportunity of access to credit and capital, and moderating variable of environmental quality.

**Social entrepreneurs, finance, and metrics.** The causal link between real estate developers and market demand is well established (Grant & Gonzalez, 2012; Leinberger, 2008; Talen, 2013). The causal link between entrepreneurial real estate developers' funding and smart growth and cost benefits is less well understood. Although the Environmental Protection Agency (EPA) continues to study this phenomenon (EPA, 2012), quality research directly related to funding Smart Growth development is lacking, especially for mixed income housing. This research needs to identify what customers

want, the negative and/or positive impact on economic development, and cost benefit analyses for traditional New Urbanism development methods (Gyourko & Rybczynski, 2000). Steffel Johnson and Talen (2008) conducted a survey of 84 real estate developers from 31 states that have successfully employed a broad range of "public subsidies, incentives, [and/or] non-profit sector support" (p. 584) to use as benchmarks for future New Urbanist developers. Of the 55.6 percent that included affordable housing, 78.6 percent of these respondents reasoned it "fill[ed] a community need," and 26.2 percent because these units provided them "a financial incentive," a variety of other reasons were also stated including "it was part of their corporate mission" (p. 592). On the other hand, 44.4 percent of the surveyed developers did not include affordable housing in their projects. Reasons for the exclusion included "inappropriate mix...project requirements were prohibitively expensive...[and] affordable housing could not bring enough profit." Other reasons included "excessive impact fees, a limited ability to make the architectural modifications needed for cost-effectiveness, the inflexibility of government programs, and the ability to pay cash to local governments in lieu of providing housing units" (p. 596). In order to overcome these exclusionary reasons, New Urbanist developers innovate with a combination of public programs, not for profit organizations, and unique designs to insure affordable housing is included in their housing projects.

Discovering the linkages between how investment in smart growth initiatives and population health can have the potential to improve lives while generating socially responsible and profitable financial, social, and environmental returns. The US' health care costs are unsustainable; a metric based on the built environment's influence on health outcomes may be an innovative way for public and private payers to incentivize health care expenditures (Adler, 2012; Robert Wood Johnson Foundation, 2009). Further, there can be financial and human profitability in investing in enterprises that solve social problems and deliver self-sustaining programs (Ruttmann, Elmer, Fleming, & Hemrika, 2012). Although there are increasing opportunities to invest in social change enterprises, there is no fund that focuses on real estate and health to invest for impact. Ernst von Kimakowitz, the director and co-founder of the Humanistic Management Center in Switzerland, recognized that "business as usual is no longer an option" resulting in more traditional investors interested in transformational, "for-profit, socially driven businesses" (Ruttmann et al., 2012, p. 16); therefore, more impact investment vehicles, public-private partnerships, and private-government partnerships are evolving to create innovative financing instruments. One such example are community development financial institutions (CDFIs) that concentrate private capital with government tax incentives and subsidies (Belsky & Fauth, 2012). These socially motivated investors want to know what their money accomplished relative to financial return and social return (Erickson, Galloway, & Cytron, 2014).

**Policy.** With any building project, there are standard rules that must be followed. In establishing TND projects, developers and builders experience most challenges with local regulations, such as zoning, parking, subdivision regulations, mixed-use development, lack of public support for Smart Growth principles, and financing (Kirby & Hollander, 2004; Leinberger & Alfonzo, 2012; Parker, McKeever, Arrington, & Smith-Heimer, 2002). Restrictive zoning regulations and subdivision controls relating to density and mixed-use land impact health and physical activity with the built environment (Schilling & Linton, 2005; Transportation Research Board, 2014). Regulatory and policy issues impede investors with regard to the belief that only nonprofit organizations and the government can invest in programs addressing social issues (Bugg-Levine, 2012), but cross-sector collaboration of all stakeholders is critical to improving health though community development (Lavizzo-Mourey, 2012; Erickson et al., 2012). Social enterprises fill in the gap created by a current economic system and policies based solely on financial results and the government provided spending and aid (The Schwab Foundation for Social Entrepreneurship and the World Economic Forum, 2013). These policies do not consider positive social or environment impacts of these enterprises. Besides social investors, it is important for policy makers to understand and appreciate their ROI in enacting legislation but few interventions or policy changes present a rigorous economic evaluation (Ananthapavan, Sacks, Moodie, & Carter, 2014; Moodie, Sheppard, Sacks, Keating, & Flego, 2013).

With the institutional, political, economic, and socio-cultural barriers to transforming communities with smart growth principles, a greater involvement and authority from local governments may be needed to alter public perceptions and fiscal policies (Grant, 2009). LOCUS is a coalition of more than 250 real estate developers and investors who advocate for sustainable, walkable development to create economic and environmental opportunities in the United States and help guide how federal and state policy is set and funds are allocated. LOCUS advocates for federal tax policy changes, lending and spending policies, and loan guarantees that support the expanded development and growth of healthy communities throughout the United States (Smart Growth America, 2014).

Hence, in determining public health investment funding at the state and local levels, Levi, Juliano, and Richardson (2007) identified the lack of transparency in public spending on programs, no accounting system for federal public health grants, and no outcome measurement on how this grant money has met health needs and expectations. Bacon (2013) proposed a funding distribution change for government funding to be prioritized to those projects that have the highest rate of return as measured by ameliorated congestion, improved safety, reduced pollution, and creation of jobs. Bacon (2013) also advocated significantly less governmental regulations for land use.

Kent and Thompson (2012) acknowledged that an acceptable healthy built environment may be economically risky, politically challenged, or affects the environment negatively. A built environment can promote or hinder physical activity. Although a healthy built environment has been legislated in many states, stakeholders who include developers and financiers, are motivated by market conditions. Perhaps the entrepreneurial developer will consider the cost benefit analysis of health care cost savings when using Smart Growth principles in building a healthy built environment.

There have been a variety of initiatives that have changed land zoning and financing policies. In 1992, Augusta-Richmond County (Georgia) initiated a downtown revitalization project that included housing rehabilitation and changes to zoning for residential and mixed-use space with an emphasis on "green and healthier living" by providing "incentives for private investments...to include low interest loans and assistance to commercial property owners" (Horton, Kashdan, & Nothstine, 2013, p. 13). Other initiatives include Community Benefit Agreements (CBA) as seen in Sonoma Mountain Village (SOMO) in Rohnert Park, California. Legally binding, CBAs are a project-specific agreement between a developer and a community coalition that specifically addresses how the developer will meet the community needs and garner support thereto. CBAs are advantageous to a community because they maximize government return on investment, hold developers accounTable Ro fulfill their commitments, support smart growth principles, and proceed more quickly than traditional development processes (Partnership for Working Families, 2012). A CBA also details the specifics for affordable housing as seen with the SOMO project (Hammer, Babcock, & Moosbrugger, 2012).

Today, there are more jurisdictions that have updated their zoning ordinances to be more accommodating to TNDs (Ewing et al., 2014). The efforts put forth by the Partnership for Sustainable Communities has stimulated HUD's Federal Housing Administration (FHA) to be more flexible in their zoning to allow for commercial and residential uses and relax the building height regulations in mixed use communities to best meet the needs of that community (Environmental Protection Agency, 2014).

Smart growth, zoning, and transportation policies. Smart Growth principles have been included in urban planning for more than a decade. These principles are an effective tool for planning and land use policy (Hawkins, 2011). Through their literature search findings, Kent and Thompson (2012) identified that Smart Growth legislation has been a positive step toward building healthier communities. Further, when land use governance operates in conjunction with a healthy built environment plan, it not only supports physical human health but has a positive effect on climate change.

Sallis et al. (2006) recognized the influence of "zoning, development, land use, and transportation regulations" (p. 302) to encourage active living. Zoning changes that allow for smart growth development in terms of diversity in land use, transportation, building types, and mixed use functions are easily marketable and financially competitive (Environmental Protection Agency [EPA], 2012). Clark (2007) suggested *incentive zoning* as land use regulations to eliminate sprawl, enhance community benefits, and promote environmentalism.

#### Market and Land Value

**Finance and investment.** Although the theoretical and professional study of the built environment on health is in its infancy, there is growing evidence to indicate that healthful urban planning is key to policy changes (Kent & Thompson, 2012). However, the study of the built environment costs and benefits for health improvements is needed.

Local and regional government can presumably benefit by preserving green spaces to facilitate physical activity and private developers benefit due to reduced building costs and maintenance in more compact communities, and lower land costs (Ewing et al., 2014). How financing impacts these benefits is an area lacking in research (Shoup & Ewing, 2010). "Benefit research" (Kirby & Hollander, 2004, p. 21) is also lacking for the real estate developer.

Real estate has been "commodified" and extremely specialized to access financing and reduce investment risk (Leinberger, 2005, p. 15). Real estate finance continues to be product-driven, that is, based upon standardized, single use real estate, i.e. residential housing such as single family homes in developments, commercial buildings in strip malls, or commercial buildings for offices. The value of these products can be easily calculated using traditional models of return on investment, such as discounted cash flow (DCF), net present value (NPV), capitation rate (Cap rate), and internal rate of return (IRR). This short term financial approach, combined with minimal construction quality to insure quick build and profit without a life cycle plan for the development, perpetuates the issues with conventional development, development unrelated to the built environment, and urban sprawl (Leinberger, 2001; Russell, 2011). Further, since New Urbanism/complete communities/smart growth is, despite decades of discussion, still in its infancy, there is little historical long term financial information on successful projects, thereby perpetuating the difficulty obtaining financing and requiring higher costs for capital (Leinberger, 2001).

Financing tools for mixed-use development fall into six categories: (a) Bedrock tools, e. g. tax exempt bonds, (b) Targeted tools, e. g. assessment districts, (c) Investment tools, for example, tax credits, TIF, NMTC, (d) Access to capital lending tools, e. g. revolving loan fund, (e) Support tools, e. g. grants, and (f) Developer financing/privatization tools, e. g. debt and equity. (Rittner, 2013). But complete communities and healthy communities incorporate mixed use, open space, multilevel structures, walkable/bikeable streets, and commercial entities all in one large project, a concept without a standard formula for return on investment (ROI) for current investment tools that are inflexible and inadequate. Investors and bankers do not know how to evaluate financial projects on these types of projects, and have been immersed with the 19 standard project types (Leinberger, 2005) (see Table 2, Appendix D) that are easily traded in large quantities nationally and internationally (Leinberger, 2008).

These "nonconforming" (Leinberger, 2008, p. 50) complete/healthy community projects are usually funded by smaller local and private investing firms. Further, one prominent real estate investment banker, Bob Larson, stated that the "investment community will not allow national companies to do that yet" (Leinberger, 2008, p. 159). Political and financial leaders may not see the societal advantages of a walkable urban environment; it is social entrepreneurs leading the charge. Table 2

## The Nineteen Standard Real Estate Types

Income products		
Office	Industrial	Retail
Built to suit office Mixed use urban office/retail/ restaurants Medical office Multitenant office Rental apartments	Multi-tenant bulk warehouse Build-to-suit industrial Miscellaneous	Grocery anchored neighborhood centers Big box anchored Power center Lifestyle center Hotel
Garden apartments Urban apartments	Self-storage Mobile home park	Budget motel
Entry level	Move-up housing	Luxury housing
Retirement	Resort/second home	Hotel
Includes a variety of segments, e.g. assisted living, independent, etc.		

*Note.* From *The Option of Urbanism: Investing in a New American Dream* (p. 51) by C. B. Leinberger, 2008, Washington DC: Island Press. Copyright 2008 by Island Press. Reprinted with permission.

Investors need to have not only a market, but a sizable one to make their projected rate of return in relationship to risk, ideally high potential with limited risk (Merk, Saussier, Staropoli, Slack, & Kim, 2012). New Urbanism's mixed use development financing is complex and perceived risky (Arrington, Faulkner, Smith-Heimer, Golem, & Mayer, 2002; Duany et al., 2000), thereby forcing these developers to generate quick cash flow. Gyourko and Rybczynski (2000) surveyed 23 developers, financiers, and investors from around the United States, and although it was a small sample size (23), the

survey participants identified public demand for smart growth communities that have a "social benefit" (p. 737) as a driver to reduce risk, thus minimizing challenges with traditional funders. Further, Gyourko and Rybczynski (2000) recommended several strategies that could circumvent current lending procedures in the face of risk: (a) use the discounted cash flow methodology, (b) create relationships with nontraditional capital markets, i.e. pension funds and endowments, that will have lower ROI requirements, (c) have developers phase their projects such that there is one aspect of it that will generate cash flow quickly, (d) have a neutral institution, such as the Urban Land Institute, to devise a standardized mixed-use product type that could be used as a basis for a pro forma, (e) increase the product offering types to lower the average value, and (f) obtain historical data of New Urbanism projects and track what aspect of these projects are making money.

Additionally, developers who support TOD or New Urbanism get no special consideration from traditional lenders in securing a loan—no reduced interest rates or points or no improved loan-to-value ratios (LTV). Loans are based on traditional project size and type and the lender's credit rating, not related to the large scale development of TODs, their benefits, nor the supply and demand for them (Murphy & Falk, 2012). Appraisals to obtain comparable market analysis (CMA or comps) are difficult because there is generally no value added to properties in proximity to transit (Cervero, 2004). Lending is tied to conventional debt financing, market demand, and value, with the lender using a template based on a suburbia neighborhood development and sprawl instead of a

template based on urban planning developments, such as TODs and TNDs, i.e. mixeduse, TOD (Cervero, 2004; Leinberger, 2001). Moreover, when lenders and investors provide financing, they tend to separate and evaluate each property type individually, and then use a weighted average of these individual property types (Gyourko & Rybczynski, 2000) because there is currently not a standard formula for complete communities.

Moreover, as identified earlier, there is not standardized methodology or metrics for evaluating TODs or a shared list of investment risk factors (Cervero, 2004). TOD projects take longer to see the financial value but investors want relatively short payoff periods (Gyourko & Rybczynski, 2000). Perhaps a measurement of population health standards can be utilized for ROI on complete communities rather than just short-term gains and returns; Leinberger (2007) called this 'patient equity' " that seeks an alternative approach from standard underwriting processes to those of goals of New Urbanism/complete communities (i.e. gains far beyond a financial return, but one in population health). Walkable urban development, sprawl repair, and retrofitting are more costly, provide better built projects, and generally have a full development window of seven to 20 years or longer. Conversely, current real estate investment returns are just three to five years, requiring no patience (Cowan, 2013; Leinberger, 2008).

Durand et al. (2011) reviewed 204 articles that evaluated the association of the ten smart growth factors with physical activity or body mass. Only 25 percent of those studies had up to three principles, and no studies contained seven or more out of the ten principles. In fact, one of the principles not studied is "Make Development Decisions Predictable, Fair and Cost Effective" (National Center for Appropriate Technology, n.d., para. 1). This was also the same principle that was least likely to be implemented in a study sponsored by the EPA that examined how smart growth changes can improve the health of an aging population and support aging in place (Sykes & Robinson, 2014). This principle, that emphasizes cooperation and transparency to further economic growth and attractiveness to investors and developers (McConville, 2013) and determine metrics to assess cost effectiveness is related to the focus of this study.

Further research on the financial gains of mid to long term real estate investors is needed (Leinberger, 2001). Those stakeholders who engaged in projects through the Partnership for Sustainable Communities stated a community's need for sources of data and tools for analysis (US Environmental Protection Agency, 2014). Even those cities that have received millions of dollars for a variety of renovation projects through the New Markets Tax Credits (NMTC) do not have a system or metric in place that measures the effectiveness of these programs (Hardin & Noland, 2011). Erickson and Andrews (2011) posited that the health care sector already has in place tools that measure and document outcomes. These tools could be incorporated to include health outcomes in community development. Likewise, Talen (2013) interviewed 34 US affordable housing developers to determine the barriers with funding walkable, mixed income communities. Besides better access to funding, the necessity of financing regulation reform and zoning, and incentives, Talen (2013) identified the need for additional research that identifies the benefits of walkable, mixed income communities. In 2009, the Partnership for Sustainable Communities was formed with the US Department of Housing and Urban Development (HUD), the US Department of Transportation (DOT) and the US Environmental Protection Agency (EPA). One of the partnership's goals is to effectively coordinate policies and resources to support areas that have a variety of transportation options and affordable housing (US Environmental Protection Agency, 2014). In May, 2010, then Secretary Shaun Donovan acknowledged that the current paradigm of lending decisions is flawed and vowed to spend "\$10 million to create metrics calculating the 'true combined cost of housing and transportation in a way that underwriters could lend to" (Mader, 2010, para. 11) to obtain hard figures to define what the "holistic qualities of New Urbanism are worth" (Lindsay, 2010, para. 10).

Thus, unless a developer can improve market value in the project, private financing is difficult for these high quality projects. As a result, private-public partnerships are crucial to leverage financing for affordable housing and development (Peterson, 2014). Tax increment financing (TIF) is one method of an economic development tool that leverages private and public financial strengths (Peterson, 2014). After municipalities designate an area for revitalization, TOD, TND, and/or brownfield remediation, property tax revenue for that area is earmarked and assessed values increased for future development for infrastructure or other initiatives in those targeted areas (Dye & Merriman, 2006). Although states differ in their procedures and conditions, capital investments are funded through borrowing or issuing bonds that are paid back through TIF funds (Merk et al., 2012). Unfortunately, TIF has been wasted on projects that do not attain public goals, cater to special interest developers, or develop in areas where it is least needed (Kerth & Baxandall, 2011).

Another strategy suggested by Belzer (2014) to encourage smart growth is for developers to partner with municipalities using public investment funding. This has been done through Community Benefits Agreements (CBA) that clearly define expectations for the community and incentivizing those goals. The Public Private Partnerships (P3) is a growing trend in development financing that is gaining significant traction for investments in sustainable infrastructure (Rittner, 2013). As stated earlier, there is no financial model nor is there knowledge based on historical data for developers to make financial decisions for TNDs, but one is needed (Kirby & Hollander, 2004). Smart growth environments, such as transit-oriented or traditional neighborhood development, could have a significant impact on reducing the health care costs of chronic diseases, especially obesity, and addressing health disparities (Church, 2013). Creating new financing techniques or innovative funding models must be acknowledged in creating complete communities and smart growth. Erickson and Andrews (2011) suggest financial incentives that reward health and wellness investments.

If changes in the built environment to facilitate health promotion were seen as a social program, an alternate way to fund these programs is with private investment. First piloted in Britain and then in Australia, Pay for Success (PFS) is a social impact bond (Von Glahn & Whistler, 2011) that combines funding, program evaluation and management, and financial incentives if goal targets are met. This model is attractive to

state and local governments because it overcomes major cuts in health and human service programs, supports innovation and new initiatives, reduces government spending and risk, improves transparency, and moves state and local governments into prevention that benefits the recipients of the programs. Additionally, the investor wins by earning a profit and improving society (Bireg, 2013). In 2012, the US Federal Budget allocated \$100 million to pay for programs for recidivism, early childhood special education intervention, summer academic programs for challenged students, elder care services, and youth disabilities transition services (Office of Management and Budget; n.d.). For fiscal year 2014, nearly \$500 million was allocated (Office of Management and Budget, 2013). To date, there have been four PFS initiatives in the United States but unrelated to health programs (Galloway, 2014). Rinzler, Tegeler, Cunningham, and Pollack (2015) suggested that PFS is a worthwhile financial strategy for housing mobility and reduction of medical costs of obesity and diabetes.

Many municipalities impose a one-time 'development charge' to finance infrastructure needed for new on-site development or in a subdivision, along with off-site costs for access roads, water, and sewage services. Some municipalities expand these charges to include other services such as libraries, schools, and recreational facilities (Merk et al., 2012). Slack and Bird (as cited in Merk et al., 2012) surmised that the ultimate payer of this development charge, be it the developer or new homeowner, is based on the supply and demand for the new development. In 1995, the National Neighborhood Indicators Partnership (NNIP) formed a partnership with the Urban Land Institute and local partners in 36 cities to develop and use a database of neighborhood level information collected by city and community leaders, vice independent research reports (National Neighborhood Indicators Partnership, 2014). Financial data, historically difficult to capture, integrated with the NNIP could provide quantitative data on the impacts of development, prevention strategies, outcomes, and their cost effectiveness (Cytron, 2012; Erickson et al., 2012).

Funding could also be evaluated for social value worth. Social impact assessment methods are broken into three basic categories— process, impact, and monetization (Clark, Rosenzweig, Long, & Olsen, 2004). Perhaps a condition in order to get funding for projects is a collaborative effort among stakeholders that includes smart growth practices and a health component metric. One stakeholder may invest, for example developers, but another stakeholder benefits, such as the health care system (Arkin, Braveman, Egerter, & Williams, 2014).

## **Consumer Preferences**

#### Comprehensive plans and health impact assessments (HIAs). A

comprehensive plan establishes a long range (20 to 30 year) needs assessment, policy decisions, and forecasts that consider the dependencies and interrelationships of a community's agencies. It is usually updated every 10 to 15 years, and considers the existing social, economic, and environmental goals and objectives for the community's current and future needs (Hodgson, 2011). Although not all local governments are required to develop a comprehensive plan, some local governments are recognizing the

public health benefits of a holistic comprehensive plan, inclusive of sustainability. Comprehensive plans consider land use, transportation, parks and open spaces, water resources, economic development, urbanization and redevelopment areas (Schively, Forsyth, Krizek, Baum, Johnson, & Pennucci , 2007), population and resources, youth and education, and health and community (Phillips, 2003).

Further, many local communities have stand-alone Health Impact Assessments or health elements aside from a comprehensive plan (Hodgson, 2011; Ricklin & Kushner, 2011). HIAs facilitate planning for health issues into the collaborative planning process. HIAs focus on those human health areas in which planners are not traditionally involved, such as tobacco sales and HIV/AIDs counselling (Forsyth, Schively, Slotterback, & Krizek, 2010). Although a relatively new tool, HIAs have traditionally focused on health facilities and social programs, but are now expanding into urban design to consider the key determinants of physical and mental health.

Additionally, land use and population health are inextricably tied to health outcomes; therefore, an HIA can be used by community stakeholders and decision makers to facilitate and establish short and long term planning goals and address community needs. Based on the elements of an HIA, the San Francisco Department of Public Health developed a Healthy Development Measurement Tool to evaluate health indicators related to access to public transportation, health care, and healthy foods. Researchers have demonstrated that this tool is able to be modified and customized for different communities seeking to design the built environment to meet their health goals (Denver Housing Authority, 2010; Farhang, Bhatia, Scully, Corburn, Gaydos, & Malekafzali, 2008; Wernham, 2014).

**Impact of healthy communities on society.** New Urbanism is built upon the idea that many Americans are tired of conventional suburban development and are willing to pay for an alternative. Market research indicates that between 30 and 50 percent of targeted populations want to live in "mixed-use, walkable places" (Leinberger, 2005, p. 28), but the detached housing supply is 62% of the market (LaRue and Healy, 2016). Although acknowledging a monumental shift is needed from the way the built environment is currently developed and supported, Leinberger (2008) proposed five steps to achieve the next American Dream, one of which is to present to the financial community the unique opportunities inherent with TND and a sustained long-term built environment.

In a 2010 random sample survey of members of the National Association of Realtors and the National Association of Home Builders (NAHB) assessed current and future trends of TNDs. While realtors believed homebuyers were focused on affordability, safety, and school district, homebuyers were increasingly demanding energy efficiency and walkable communities. Although real estate developers realize the significant market value and profitability to building walkable communities, greater density, and mixed use developments, especially in inter-suburban areas (Levine & Inam 2004; Smith-Heimer and Golem 2001 as cited in Kirby and Hollander 2004; TRB, 2014), they are reluctant to build TNDs. Many home builders still perceive low demand, and are hampered by government and policies (Carnoske et al., 2010; Grant & Gonzalez, 2012). Developers generally do not understand that a community that promotes physical activity is now what the market desires (Lopez, 2012). Similar findings were reported in earlier studies synthesized by Kirby and Hollander (2004).

However, a later survey conducted by the National Association of Realtors (2013) found that the majority of participants surveyed prefer to live in communities with smart growth principles. Approximately one third of Americans surveyed indicated they are weary of suburbia and are willing to pay for New Urbanism as an alternative (Frank, Engelke, & Schmidt, 2003; Leinberger, 2008). However, the supply of TNDs was found to be inadequate in meeting the demands, thus putting a price premium on these properties (Leinberger & Alfonzo, 2012). Similarly, when compiling the interviews and survey responses of over 1,000 real estate leaders and industry experts for their 2014 report, Warren, Kramer, Blank, and Shari (2013) identified the Generation Y's preference for multifamily housing, urban mixed-use properties, and town center development. Similarly, Baby Boomers were downsizing from houses to apartments, from the suburbs to urban communities in proximity to health care facilities.

When Shoup and Ewing (2010) reviewed and synthesized 83 peer-reviewed and independent reports related to economic benefits of walkable community design strategies, they found that parks and recreation areas as well as the surrounding areas were prone to result in higher property tax revenues, increased economic benefits to nearby homeowners as a result of higher home values, and higher home sales prices with greater marketability to real estate developers. Sohn, Moudon, and Lee (2012) measured economic value of neighborhood walkability of single family, rental, and multi-family residential, and commercial/retail land use. Sohn et al.'s findings supported previous studies that high density neighborhoods are desirable and more valuable than low density neighborhoods. The Robert Wood Johnson Foundation (2011) had similar findings: Not only does TND reduce the risk of chronic illnesses, their research has shown that TND leads to higher property values and home sale prices, and attracts new home buyers. According to Robert Wood Johnson Foundation's research, when healthy food was made available in these TNDs, it created new job markets, businesses, and greater opportunities for farmers.

Mapes and Wolch (2011) posited that smart growth developments are defined differently between developers, environmentalists, and local governments, thereby often creating compromises of sustainability and New Urbanism and uniform performance indicators. Conscientious developers have a dilemma: to allow sprawl to continue, or to orchestrate new designs for health, community, and sustainability (Duany et al., 2000). Most developers build what they believe the market demands: status quo with suburbia, sprawl, and car-dependence. The unforeseen consequences of this unchecked development is more automobile driving, less physical activity, hence more chronic illness such as obesity, diabetes, and heart disease. Public health workers and urban planners advocate counteraction of sprawl with smart growth components of high population density with low automobile traffic, mixed use development, green spaces, alternative transit, and walkable/bikeable safe neighborhoods (Resnick, 2012).

Many towns and cities have now adopted smart growth principles in their planning and development intended for positive health, ecological, and economic outcomes (Jackson & Kochtitzky, 2002). This research may identify why some towns and cities have moved in the direction of smart growth, either through local, state policy, or market demand, while others have not. Another approach that may further encourage demand for smart growth development and reduce the growth of sprawl would be to minimize the mortgage interest deduction (MID) for large homes on large lots, i.e. sprawl, and incentivize those buyers purchasing in greater density areas or those that are being revitalized (Tachieva, 2011).

Health and the built environment. Although a large pool of research indicates a relationship between health and the built environment, obesity and chronic disease correlations are only one specific focus of the negative impact of the built environment (Collins Perdue et al., 2003). For example, Booth et al. (2005) evaluated nine papers assessing the relationships between the built environment and obesity, and found evidence to support policy development to combat obesity in lower SES neighborhoods that usually lack recreational areas, health food access, and safety for walkability. Hodgson (2012) expanded the discussion specifically on the food system and its connection to the built environment that requires policy and regulator action to address health and sustainability. Further, Erickson and Andrews (2011) also identified better

access to healthy food to improve healthy behaviors in the environment. Erickson and Andrews (2011) proposed an evidence based metric system that could provide the data to establish financial incentives for investments supporting health promotion. Likewise, the Institute of Medicine has identified safety concerns with walking and biking, a lack of healthy affordable food outlets, and continuous marketing of unhealthy food and beverages as some contributing factors to obesity (Glickman et al., 2012).

Previous studies on individuals and communities have concluded that there is an inverse relationship between socioeconomic status and obesity. Vandergrift and Yoked (2004) noted obesity rates increased to a greater degree in areas with sprawl. They noted that sprawl created a reliance on cars for work, school, and play that decreased physical activity leading to a more sedentary lifestyle, thus attributing to higher obesity levels. However, of the 63 research papers reviewed by Feng et al. (2010), there was no scientifically founded evidence that there was a strong relationship between the built environment and obesity, except in consideration of the county sprawl index and land use mix, and that a consistent, standardized study design and methodology be used to provide evidential relationships.

Because of varying research, Ding and Gebel (2012) analyzed 36 articles comparing the built environment's role on physical activity and obesity but with an emphasis on study quality and identification of future research. Ding and Gebel acknowledged the relevance of the social ecological framework within the context of built environment and physical activity and suggested future research consider the complexity of moderators and mediators via a simple correlation and for more vigorous research methods and operationalization of measurements., More recently, Marshall et al. (2014) found that more compact streets correlated with decreases in obesity, diabetes, high blood pressure, and heart disease, and have better health outcomes in general.

Interestingly, not all consumers are in favor of walking, biking, and transitfriendly communities. Survey participants in Logan, Frank, Noelle, Leersen, and Engelke's research (2004) perceived that higher densities or mixed-use developments negatively affect property value. However, in Brooks, Ohland, Thorne-Lyman, and Wampler's (2012) survey, those residents who initially opposed the trends toward new urban communities, Nimbys (Not In My Back Yard), are now becoming Yimbys (Yes In My Back Yard) because they see the economic benefits to development and density. In fact, there are consumers willing to pay a premium to live in TNDs, such as the Kentlands in Gaithersburg, Maryland, because of access to physical activity opportunities just outside their home that is appealing to real estate developers (Kirby & Hollander, 2004).

**Health outcomes.** Although smart growth principles are being utilized more extensively, a direct correlation between smart growth and health outcomes has not been empirically linked. One reason this may be is that the immediate or short term study length health benefits are difficult to measure or quantify (Sykes & Robinson, 2014). In addition to the longevity of research required to measure health outcomes, Adler (2012) stressed the methodology (the when and how), the necessity of common indicators, and a database for storage of information is significant to measure health in a population in relationship to the impact of a built environment project. Ultimately, disease specific biomarkers are an objective and quantifiable way to identify population health improvements after prevention interventions. But for the present time, self-reported surveys on health and disease continue to be used.

In the effort to improve lifestyles to create healthy choices that will improve public health, behavior alone is not sufficient. A restructuring of home and work settings and the built environment for all socioeconomic, racial, and geographical considerations is essential (Story, Kaphingst, Robinson-O'Brien, & Glanz, 2008). Grzywacz and Fuqua (2000) described "four leverage points for health [and the] possible links between environmental or situational contexts and individual outcomes" (p. 103). These leverage points include socioeconomic status, the family, employment/work, and school. Further, Grywacz and Ruqua (2000) contended the social ecological approach provides a "nonreductionist" view of health to facilitate more effective health intervention and research (p. 109). Changes to the built environment using smart growth principles that eliminate obesogenic environments, such as physical activity opportunities, safety, and availability of better food choices, could affect entire communities, not just individuals. These changes to the built environment make healthy choices the easy choice (Bell & Rubin, 2007; Lavizzo-Mourey, 2012; National Prevention Council, 2011).

**Physical activity.** While there is research that suggests that a healthy built environment increases physical activity (Collins Perdue et al., 2003), literature is sparse

that measures a healthy built environment with health outcomes. Sarkar, Gallacher, and Webster (2013) hypothesized that the built environment affected BMI in older men using a three-level mixed effects linear regression and found that there was a significant decrease in BMI in those individuals living in areas that support physical activity. Kramer, Lassar, Federman, and Hammerschmidt (2014) studied 13 wellness intended building projects; three of the projects are being further studied to determine the impact on residents' and workers' health and two previously completed studies found that residents in one of the projects increased their physical activity by 40 to 50 minutes each week. Zhu, Yu, Lee, Lu, and Mann (2014) conducted a case study of one of these projects, Mueller, in Austin, Texas, and concluded that there was a significant increase in physical activity, social interaction and cohesion.

Additionally, land use and transportation policies have been identified as partial culprits responsible for the rise in obesity (American Planning Association, 2007). Sallis' et al. (2006) literature review strongly correlated environmental factors' influence on physical activity for recreation and transport; however, the study concluded that prospective studies are needed to strengthen causality before policy, theory, and design recommendations can be made. The Committee on Physical Activity, Health, Transportation and Land Use (Transportation Research Board, 2005) evaluated 22 studies on urban planning and travel behavior and 28 studies on public health and physical activity. Upon completion of this TRB analysis, it was found that in new-urbanist developments, that is one with greater population density, "employment, stores, mix of

land uses" and positive neighborhood characteristics and design, "the greater the number of walking and other non-motorized trips (TRB, 2005, p. 154). But, there was no correlation that the "built environment caused physical activity" (TRB, 2005, p. 167) because the study found that individuals that chose to live in walkable, bikeable communities preferred to be more physically active. More in depth is Handy's (2005) analysis of these studies that concluded there is an "association between the built environment and physical activity" (p. 30) but what specifically those built environment characteristics are need further study.

Although the "environment, the built environment, public policy, and an individual's health status" may affect physical activity, Yang et al. (2012) narrowed their study to the "real-world relationships between activity and the built environment at the individual and community level" (p. 1) using multiple data systems and GIS spatial analysis. While research suggests access, safety, and security as promoters of outdoor physical activity, it does not account for a person's physical activity level or frequency or individual's level of fitness (TRB, 2005). Veenstra, Luginnah, Wakefield, Birch, Eyles, & Elliott's (2005) quantitative study used association and logistical regression modeling that explored the relationship of community association involvement and health as measured by self-rated health status, level of emotional distress, number of chronic health conditions, and body mass index score. After controlling for gender, age, and residential area, they found that more involvement with community associations corresponded with lower chance of being overweight, regardless of other predictors present.

Hence, there appears to be a gap in the research to determine the degree of correlation between the built environment and physical activity level characteristics, such as location, population, socioeconomic status, and these effects on population health, and the relationships of the cost benefit of investment to changes to the built environment that would facilitate increased physical activity (Transportation Research Board, 2014). Partly due to the lack of standardized metrics and methodology for reporting, the relationship of the built environment in the example of healthy communities to health outcomes remains unknown.

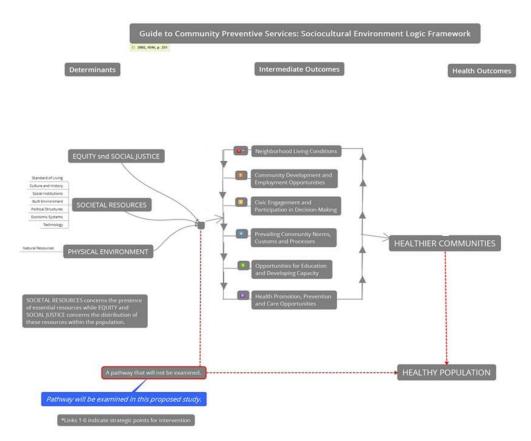
The Guide to Community Preventive Services: Sociocultural Environment Logic Framework (Institute of Medicine [IOM], 2002, p. 251; see Figure 5, Appendix E) depicts a framework that uses a social ecological model for preventive services. Many of these determinants and health outcomes have been discussed in this study. However, this study further examines the particular pathway highlighted in red and blue, and incorporates the additional variables into the IOM diagram that will be used in this proposal. The enhanced depiction, as indicated by the blue call out in the diagram, will be presented in Chapter 3, Figure 6.

#### **Summary and Conclusions**

In 2013, the United States spent 16.4% of the Gross Domestic Product (GDP) on healthcare, compared with an OECD average of 8.9% (Organisation for Economic Cooperation and Development, 2015). Further, the United States ranks 33rd for infant mortality and 28th for life expectancy among developed countries (Murray, Phil, & Frenk, 2010; Rosen, Maddox, & Ray, 2013; OEDC, 2015). Yet, despite health promotion initiatives, insurance incentives, employee wellness centers, pharmaceuticals, and drastic surgery, the United States ranks last of 11 high income countries for health outcomes (Davis et al., 2014). These poor outcomes can be viewed through the social ecological framework, and attributed to a multitude of health determinants, such as age, gender, race and ethnicity, culture, social status, education level, genes, socioeconomic status, health behaviors, social environment, access to medical care, the health care industry itself, policy, and the physical or built environment. This study addressed one health determinant: the built environment. Where one lives, works, studies, and plays matters in obtaining positive health outcomes. Making the healthy choice the easy choice may significantly impact the increasing rate of lifestyle diseases in the United States (Centers for Disease Control and Prevention, 2013). Complete communities, healthy communities, TOD, TND, or communities that are built using Smart Growth principles provide the opportunity for people to be in a surrounding that supports health and makes health the easy choice.

The development of these well-designed, multi-modal, and mixed-use town centers has been hampered by the absence or presence of a comprehensive plan, current antiquated funding mechanisms and policies, outdated zoning laws, local and federal policies and statutes, and transportation financing and policies. Further, there are no standardized metrics or methodology to measure the profitability of these healthy communities, nor are there long term studies on the precise mix of development for these communities, or a well-established direct correlation or causal link made empirically between smart growth, the built environment, and improved health outcomes.

Real estate has been commodified and extremely specialized to access financing and reduce investment risk (Leinberger, 2001, 2005). Real estate finance continues to be product-driven, that is, based upon 19 standard project types. However, complete communities incorporate mixed use, open space, multilevel structures, walkable and bikeable streets, and commercial entities all in one large project, a concept without a standard formula for return on investment (ROI) for current investment tools that are inflexible and inadequate. Investors and bankers do not know how to evaluate financial projects on these types of projects. Political and financial leaders may not see the societal or economic advantages of a walkable urban environment, hence entrepreneurial real estate developers must find a way to secure funding for these projects.



*Figure 5*. Guide to community preventive services: Sociocultural environment logic framework. From Speaking of Health: Assessing Health Communication Strategies for Diverse Populations (p, 251). By Institute of Medicine, 2002, Washington DC: The National Academies Press. Copyright 2002 by National Academy of Science. Reprinted with permission.

There are several gaps in current literature. These include funding challenges and outcome metrics that support complete development along with the impact on health outcomes and the lack of standardized metrics for sustainable development to be used as a benchmark comparison of what is effective in altering the built environment. More research is needed to determine how theory or a contextual framework is used in relationship to financial policies, real estate development, and health and the degree of correlation between the built environment and physical activity level characteristics, such as location, population, socioeconomic status, and these effects on population health. Lastly, there is a gap in determining the relationships of the cost benefit of investment to changes to the built environment that would create healthful behaviors. This study extended the knowledge in urban planning, real estate development, economics, and politics to identify barriers and promotors of policy affecting the built environment and health. The review and synthesis of the literature detailed in this chapter established the foundation for the research design rationale, and methodology discussed in Chapter 3.

#### Chapter 3: Research Method

The purpose of this quantitative multiple regression analysis was to use the urban planning theory to explore the degree to which comprehensive plans, finance, and zoning policies predict the likelihood that real estate developers will build certain types of communities in the United States. Additionally, I examined the extent that associations exist between the IVs and DV using urban planning theory. In this chapter, I provide an overview of this study's research design, rationale, research methodology, and threats to validity, and conclude with a brief summary of information presented throughout this chapter.

# **Research Design and Rationale**

In this quantitative research, I sought to examine the relationship between the IVs of comprehensive plans, finance policies, and zoning policies, as they impact the DV of real estate developers' decisions of whether to build communities that promote healthy living.

#### Variables of Interest in This Study

Although a variety of factors may influence the development of healthy communities as described in Chapter 2, in this study, I focused on the IVs of comprehensive planning, finance policies, and zoning policies. A comprehensive plan assists decision makers and stakeholders in developing future policies regarding an area's built environment and considers the relationships between components that comprise a community (i.e., housing, transportation, land use, economic development, environmental protection, and health [Hodgson, 2011; Schilling & Keys, 2003]). Antiquated financing policies affecting changes to the built environment also impact the social determinants of health (Gostin, Boufford, & Martinez, 2004). Lending is still tied to conventional debt financing, market demand, and value, with the lender using a template based on a suburbia neighborhood development and sprawl instead of a template based on urban planning developments, such as TODs and TNDs, that is mixed-use TOD (Cervero, 2004).

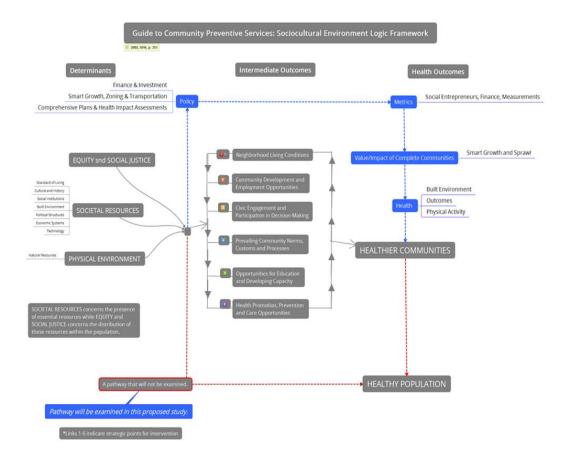
Lastly, zoning was considered while examining built environment's influence on health outcomes of those living in built environments (Rossen & Pollack, 2012). In many areas, zoning is categorized as single use, commercial, residential, or agricultural and forces people to drive to meet their destinations of daily living, such as shopping, work, school, and recreation because the destinations between these activities is too far to walk or bike (Fenton, 2012). An inextricable link exists among zoning, land use, and transportation. Land use and transportation policies have been identified as partial culprits responsible for the rise in poor health outcomes, namely obesity (American Planning Association, 2007). Because current transportation policies are automobile centric, by increased capacity and speeds and sprawl enabling, they do little to improve safety and active transport (SmartGrowthAmerica.com, 2015). The use of automobiles as the primary means of traveling decreases the possibility of people engaging in physical activity (Seskin & Murphy, 2014). The DV in this study was real estate developers' choice of what type of communities to build in the United States. Hammond and Levine (2010) identified obesity's societal economic impact in direct medical and productivity costs, transportation costs, and human capital costs, thus stressing the need for policy changes and future research. In their review of 63 papers on built environment and obesity, Feng et al. (2009) concluded that more standardized metrics and longitudinal research needs to be developed to correlate the effects of the built environment on obesity.

Figure 6 depicts how the many variables relate to one another and within the contextual framework as shown earlier in the Institute of Medicine's Sociocultural Environment Logic Framework, Figure 5. Note that the additional blue areas are variables and topics of interest discussed throughout Chapter 2 that I have added to this figure.

#### **Research Design and Time Restrictions**

Multiple regression analysis was used to statistically model how the predictor IVs explained the variance in the DV (Lammers & Badia, 2011). Understanding correlational data between variables using a survey are well suited to regression analysis (Constantine, 2012). Ewing (2014) called regression analysis the "work horse" for the field of planning (p. 62). Although correlation does not mean causation, knowing how a comprehensive plan, finance, and zoning policies are interrelated and a most significant driver to each other and to health outcomes could offer insight into improved policy development for real estate developers wanting to develop healthy communities.

There were no time or resource constraints consistent with the design choice. Emails were sent to prospective participants, who were asked to complete the online survey within 15 days. Since a sufficient sample size was not reached, the study went on for 2 more weeks to maximize sample size.



*Figure 6.* Logic framework edited to include IVs. Adapted from Guide to Community Preventive Services: Sociocultural Environment Logic Framework. Adapted from Speaking of Health: Assessing Health Communication Strategies for Diverse Populations (p, 251). By Institute of Medicine, 2002, Washington DC: The National Academies Press. Copyright 2002 by National Academy of Science. Adapted with permission.

Several previous researchers have identified the need for future causal research (Adler, 2012; Boarnet, 2003; Durand et al., 2011; Marshall et al., 2014; McCoy et al., 2010; Sallis et al., 2006) and less correlative research. Samimi, Mohammadian, and Madanizadeh (2009) however, recognized challenges with causality as a result of a lack of standardized data, assessment methods, and theoretical framework. Similarly, Mackenbach et al. (2014) used five electronic databases to review methodology in the literature published between 1995 and 2013 in four languages that addressed correlations between physical environment and obesity, suggesting that more emphasis was needed on causation versus correlation. Feng et al. (2009) evaluated 63 papers that correlated a variety of aspects of the built environment and obesity and recommended using a standard metric evaluation for correlations. The research of Yang et al. (2012) included individual and community level data to determine the associations among physical activity, individual characteristics, and the built environment. Yang et al. used multilevel mixed model logistic regression analysis to discover alignment with previous relationship studies and any new correlations. Lastly, although mortality rates and public health spending were the variables used to study a causal effect on population health, Mays and Smith (2011) used multivariate regression models to estimate public health spending on health outcomes while controlling for environmental factors that can influence population health. To be more specific, 12 studies were identified that researched New Urbanism/TOD/mixed use communities and associated real estate professionals and stakeholders for real estate developers (see Appendix F).

A similar study design to my study was derived from Carnoske et al. (2010) with the St. Louis Prevention Research Center's Study of Health in Families in Transition (SHIFT). In two phases, the researchers first surveyed developers to identify influencers and barriers in developing TNDs and secondarily measured residents before and after moving into TNDs for health outcomes. Although the before and after quasiexperimental study was not published due to a small sample size, the SHIFT study initially provided the backdrop for the survey tool and model for this study. The original SHIFT Survey can be found in Appendix G.

Lastly, Galloway, MacCleery, and Hammerschmidt (2014) surveyed 241 public and 202 private economic development and real estate professionals to determine what promotes and hinders real estate development. The ULI and Ernst and Young (EY) collaborated on the survey that compared responses of the public and private professionals with an interest in new urbanism development on infrastructure, economic development, finance strategies, and perceptions and priorities. Although five significant factors were discovered, the most important issue for all the surveyed real estate professionals was that the infrastructure that supports the built environment that was the main driver in determining what gets built and by whom (Galloway et al., 2014).

Because a large enough sample size was not reached with Carnoske et al.'s (2010) modified tool, the tool and data obtained from the ULI and EY were subsequently used for my study. After permissions were obtained from the authors (see Appendix H) to use the study and raw data from "Infrastructure 2014: Shaping the Competitive City" (Galloway et al., 2014; see Appendix I), the study's survey developers and analysts (Beldon, 2014) provided the original survey questionnaire (see Appendix J) with the marginal typed in and the full cross tabs. The methodology for using this study as secondary data is described in this chapter and is noted as the Infrastructure 2014 study.

# Methodology

# **Population**

Used in the initial survey for the target population were individual real estate developers who have developed complete communities, healthy communities, and communities that have New Urbanism characteristics or age restricted adult communities. These individual real estate developers included adults (ages 18 to 90), and Question 7 of the survey details their main function in the company or organization. Complete communities are communities that integrate transportation, land use planning, and community design to make more efficient use of land, provide affordable housing, integrate commercial and residential uses, and facilitate a more social environment (Scott & Nau, 2012). Specific New Urbanism principles included walkability, connectivity, mixed-use and diversity, mixed housing, quality architecture and urban design, traditional neighborhood structure, increased density, smart transportation, sustainability, and quality of life (NewUrbanism.org, 2015). These real estate developers were identified by data from the website *The Town Paper* based on their published TND Design Rating Standards (Aurbach, 2005). The contact information of these specific developers to

invite them to participate in this study was obtained through internet searches. As of April 2016, there were 399 communities listed on *The Town Paper* (see Appendix K).

The comparison group was selected from real estate developers who have developed age-specific communities, also known as 55+ communities. The comparison group of real estate developers of 55+ communities has similar characteristics of a healthy community, that can be seen in Table 3 and made a good comparison group. Two distinctions between these groups are the origin of a standard definition: Healthy communities rely on nongovernmental, nonprofit, or for profit organizations whereas the age-restricted community definition has been standardized by HUD. Age restricted communities are now commonplace in the United States, and the developers of these 55+ communities have already experienced the barriers of development, that included consumer and regulatory acceptance (Marcus, Errico, Emmer, & Brooks, 2007), whereas New Urbanism and healthy communities are relatively young in their entry into the marketplace (Steuteville, 2016).

# Table 3

Comparison of Healthy and Active Age Restricted Communities

Characteristics	Healthy communities	Active age-restricted communities (55+)	
Standard definition	Yes, CNU and others	Yes, US HUD	
Include elements of a Complete Community	Yes	Yes	
1 <sup>st</sup> opened community	Early 1980s: Seaside, FL	1954: Youngtown, AZ	
Zoning	Compact, mixture of land uses, mixture of housing types, pedestrian oriented, and often a transit option	Compact, single family home, condo, apartment, modular home, RV or share a home with other single seniors	
Density	High	High	
Acceptability	Increasing, especially with baby boomers	High, especially with baby boomers	
Amenities for physical activity	Walkable, bikeable, green space Active: Walkable, bikeable, gol swimming, exercise rooms, gree space		
Locations	US and worldwide	US and worldwide	
Obtainable information	Yes, internet searches	Yes, internet searches	
Regular/scheduled Social activities	Not standard in all	Yes, Clubs and special interests	

A list of the active age-restricted community developers was compiled using www.TopRetirements.com. This website was founded in 2007 by John F. Brady, a retired executive vice president of Business & Legal Reports, Inc., a business compliance consulting firm. I selected this website over other retirement living websites because the profiles and facts about the communities were objective and included communities in all 50 states. There is also a comprehensive database that the website user can access to find specific desired options (TopRetirements.com, 2016). The database filters for the search that I used for this group were all 50 states, 55+ or age restricted, and all amenities. Similar to the test population, a download provided a list of these communities (see Appendix L), and the developers' contact information for these specific communities was obtained through Internet searches.

I ultimately used the Infrastructure 2014 study data. Galloway et al. (2014) used a nonprobability sample that was obtained from a list of ULI members, their contacts and connections, and popular development leaders. This population was a subset of all the real estate developers in the United States that had an interest in or specialized in new urbanism development. Figure 7 depicts the sample frame.

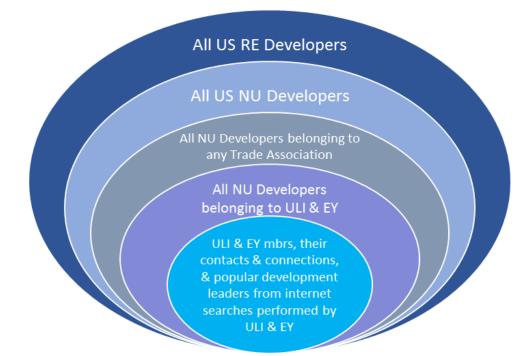


Figure 7. Sample frame.

# **Sample and Sampling Procedures**

Purposive sampling using maximum variation sampling was used as the nonprobability sampling method because the both the study population and the comparison population were inaccessible populations, although both populations had a definition. There are a variety of organizations that defined attributes of complete and healthy communities, such as CNU, LOCUS, Smart Growth America, NeighborWorks America, the Sustainable Cities Institute, the APA, the Oram Foundation for the Environment & Urban Life, the Center for Transit-Oriented Development, the New Town Builders Association, the New Urban Guild, and Reconnecting American. Although these organizations defined healthy communities, none of these organizations provided a comprehensive list of healthy communities in the United States. The website The Town Paper provided both a definition and a comprehensive list of healthy communities in the United States.

Based on the TND named the Kentlands in Maryland, The Town Paper website was founded in 1996 by one of its residents at the time, Diane Dorney (The Town Paper, n.d.). To be listed on this TND website, a community must meet the TND Design Rating Standards that consider the size of the development, housing type, mixed-use capabilities, connectivity, proximity to public transportation and town center services, its streetscape and civic space, its architectural aesthetics, and its regional location (Aurbach, 2005). These standards were adopted in the 2006 EPA compilation of the Smart Growth scorecards. This list as of January 2016, included 408 communities in 40 states; the real estate developers that were to be contacted were taken from this community listing. Their contact information was obtained using internet searches, and they were formally contacted via email. If they agreed to participate in the survey, the participants were asked to complete an informed consent form online. If this form was signed positively, then the participants used a hyperlink that took them directly into the survey online through a hyperlink provided. SurveyMonkey.com was the survey tool used for this study. Appendix M contains the details of this survey. The same process and procedure was followed for the comparison group of real estate developers (see Appendix N). The sampling details of the Infrastructure 2014 study were unavailable (see Appendix I).

External validity was considered in the sampling process. It was important in this study in order to generalize the conclusions across populations of real estate developers in the United States to developers in other countries experiencing similar concerns about real estate development and planning. The threats to external validity that were seen in this study was how well the study populations were representative of all real estate developers. The populations may have not been perfect representations, the samples were not similar (e.g., one community being much larger than another), have had selection bias with only using one source list, or have had extraneous and confounding variables, such as those resulting from the nonprobability sampling (Laerd, 2012).

Although this research was not performed to determine a cause and effect relationship, internal validity was important nonetheless. One threat to internal validity was historical effects that could have changed the study's condition and affect the way the participants answered. In particular, the economic downturn in 2008, that resulted in a decrease in new housing construction, could have had an impact on developers' survey answers. Similarly, the timing that the survey was administered and the magnitude and critical significance of the effect of the events prior to the survey, i.e. the great recession, could have impacted survey results. The real estate market crash in 2008 presented a confounding variable that could have affected developers that started building healthy communities but did not finish building them, and therefore may have an effect on how they answered the survey questions, thus changing the results of the study.

A power analysis was needed to determine sample size to achieve statistical significance in this study. In social sciences the standard set values for the alpha level is .05, the power level is .80, and the effect size is .50 (Creswell, 2009; Trochim, 2006; Zint, n.d.). Other than the power level of .95, an alpha level of .05 and an effect size of .5 is consistent with Sarkar et al. (2013), Jongeneel-Grimen, Droomers, van Oers, Stronks, and Kunst (2014), and Berrigan, Tatalovich, Pickle, Ewing, and Ballard-Barbash (2014). Of the 12 studies that evaluated New Urbanism/TOD/mixed use communities and associated real estate professionals and stakeholders for real estate developers (see Appendix F), there were none that specified their alpha level, power level, or effect size that the researchers used for their studies. Therefore, I chose the alpha level as 0.05 and power level as 0.95, because these values were the most common values used throughout the research in my literature review. Coe (2002) and Chinn (2000) recommended odds

ratio as an alternate to effect size when the outcome is dichotomous, thus my calculated odds ratio will be 2.33. These values were entered into G\*Power, that was created by the Institute for Experimental Psychology in Dusseldorf, Germany to compute power analysis for many different tests (Buchner, 2016). G\*Power offered a wide variety of calculations along with graphics and protocol statement outputs. G\*Power calculated sample size as 104.

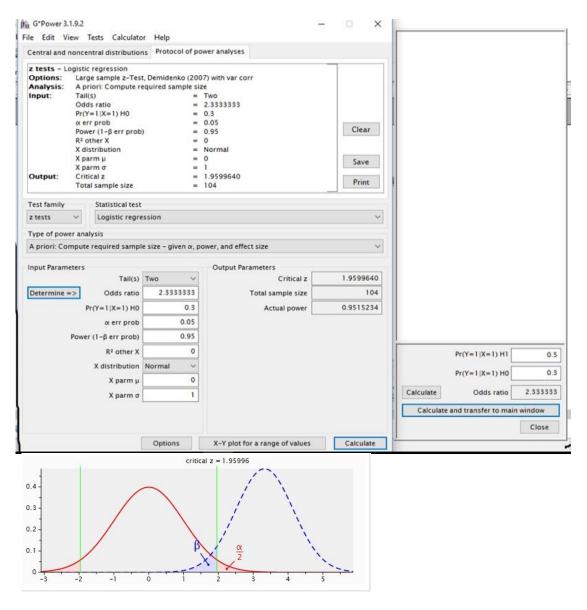


Figure 8. Calculation of sample size using G\*Power.

Another online free statistics calculator calculated the sample size as 118 (Soper, 2016), using the parameters shown in Figure 9:

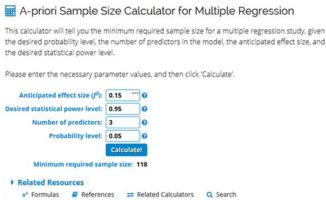


Figure 9. Calculation of sample size using Soper.

# Procedures for Recruitment, Participation, and Data Collection

To begin the process for recruitment for the individual real estate developers, it was necessary to know who the real estate developers of healthy communities are. The Town News website had a downloadable list of the TNDs (healthy communities), from which to find the developer. This was done via the following steps:

- A Google search for the TND website was done. This website provided the address and county location, a point of contact for the onsite manager, and some history on the developer or founder of the property.
- 2. If the real estate developer information was not on the TND website, then a google search was done to obtain the contact information of the developer.
- Online county and state public records may also have been used to get specific developer contact information, but they were not needed in this study.

- 4. After the developer's email address was found, an email was sent that included the introduction to the survey and instructions, an informed consent to be completed, and the unique link to the survey via www.SurveyMonkey.com.
- 5. If no direct email address was found, the information in step 4 above was sent using the "Contact Us" for on the website.

Similarly, the comparison group of individual real estate developers for age restrictive active communities was downloaded from www.TopRetirements.com.

- The download for the list of individual real estate developers of the comparison communities were obtained using the database filters for the search included individual real estate developers (a) all 50 states, (b) '55+ or age restricted,' and (c) 'all amenities.'
- A Google search for the age restrictive active community's websites was done.
   This website provided the address and county location, a point of contact for the onsite manager, and some history on the developer or founder of the property.
- 3. If the real estate developer information was not on the age restrictive active community's website, then a google search was done to obtain the contact information of the developer.
- 4. Steps 4 to 5 above were repeated with this group.

Email was the chosen method of contact because it is inexpensive, produces a reasonable response rate, and is noncoercive (Boshier, 1990; Selwyn & Robson, 1998). The introductory email highlighted the nature of the survey, provided the consent form.

Because a sufficient sample size was not reached, the study went on for a month to maximize sample size. When the survey response time of 30 days had elapsed, the final list of the TNDs included in the study were identified, that was minimal due to the low response rate. The last page of the survey incorporated a thank you page as the last page of the survey, and information on how they could obtain the results of the study. No follow up information was needed.

## **Instrumentation and Operationalization of Constructs**

The instrument that was initially used to collect the data to answer the research questions were derived from Carnoske et al. (2010) with the St. Louis Prevention Research Center's Study of Health in Families in Transition (SHIFT) (see Appendix G). This study adopted the survey instrument developed by the Robert Wood Johnson Foundation in conjunction with the researchers at the Washington University in St. Louis Prevention Research Center (PRC) (Prevention Research Center in St. Louis, 2010). The SHIFT research team used the tool to collect developer and realtor perspectives on key factors on building, living, and the future for TNDs. Permission to use the tool was granted on September 22, 2015 (see Appendix O).

The way in which the tool formatted was cumbersome, lengthy, without flow, and difficult to input into SurveyMonkey. As a result, I reformatted it not only to use it on SurveyMonkey more efficiently and effectively, but mapped the variables more accurately to the questions (see Appendix P). The subsequent permission to alter and restructure the questions, and reconstruct the sentence form was also obtained on April 6,

2016 (see Appendix Q). This tool used a Likert-scale, with responses of 1-*not at all influential*, 2-*slightly influential*, 3-*somewhat influential*, 4-*very influential*, 5-*extremely influential*, and 0-*no opinion*. The tool for the TND participants was input into SurveyMonkey can be found in Appendix M. A similar tool was used for the Age Restricted Active Community developers (see Appendix N). Although identical in questions, two surveys were developed because the term "TND" is used throughout the one survey, and the term "Age Restricted Active Community" throughout the comparison survey.

For the PRC tool, real estate developers were selected from 5000 members of the National Association of Home Builders (NAHB), but only those members with residential experience were eligible to participate in the 20-question online survey. Although the survey tool has been used in previous work and approved by SHIFT researchers and the SHIFT protocol committee, the SHIFT researchers noted that some survey items were not rigorously tested for reliability thereby allowing bias to impact the study results (Carnoske et al., 2010). Eventually, due to the low response rate to these two tools, another plan for recruitment, participation, and data collection was executed, using secondary data from a ULI study, and the constructs were operationalized in a similar manner from the original PRC study. Appendix J contains operationalization details for the Infrastructure 2014 study.

#### **Operationalization of Each Variable**

Real estate developers' perceptions of the use of comprehensive plans. A comprehensive plan outlines how to create a built environment for health. (Ricklin & Musiol, 2011). It can also be used to provide planners with indicators to assess and measure a community's goals of well-being, economic development, conservation, environmental and public health, transportation, land use, housing, community education, and human dignity indicators (Phillips, 2003) for the next 10 to 20 years. Likewise, a Health Impact Assessment (HIA) provides advice to policy makers specifically on how to make the built environment supportive of good economic and physical health through community design (Centers for Disease Control and Prevention, 2015). A multidisciplinary HIA can be done before a project plan is approved, such as a land redevelopment project (Jacobson, DeCoursey, & Rosenberg, 2011), or during the development of a comprehensive plan (Schively et al., 2007). For my research, this IV was measured as ordinal data using a Likert-type scale. The SHIFT tool included questions specific to the contents of a comprehensive plan, including the built environment topics of land use, transportation, community facilities, houses, open spaces, environmental issues, climate, and the physical and mental health related aspects of the community, such as physical activity, public health and safety, healthy foods, health care access, social capital, and trends (Forsyth et al., 2007; Ricklin, & Musiol, 2012). There were 14 questions measuring comprehensive planning.

Secondary data from the ULI research operationalized comprehensive plans by the study's focus on aspects of infrastructure, human transit, recreation, parks and open spaces, consumer demands, clean air and water, and quality health care that are holistic to the built environment. There were 21 questions used that formed a composite measurement of comprehensive plans.

**Real estate developers' perceptions of finance policies.** Finance as an IV was operationalized through evaluation of answers within the survey that were sent to the real estate developers. This indicated antiquated policies, specifically, the ease or difficulty in getting traditional bank financing for mixed-use developments, infrastructure costs, market demand and value, availability of government initiatives, and tax incentives. For this research, this IV was measured as ordinal data using a Likert-type scale. The tool included questions specific to tax incentives, clearing and building requirements, mortgages, rent premiums, marketing benefits, impact fees, and infrastructure costs. There was 23 questions that were used in order to measure finance policies. The ULI research operationalized finance policies to include questions on tax structure, financial incentives, payments, value capture strategies, and financial contributions from government for infrastructure. There were 15 questions that were used to form a composite measurement for finance policies.

**Real estate developers' perceptions of zoning policies.** Zoning was operationalized through a variety of considerations through evaluation of responses within the survey sent to the real estate developers. These included affordable housing

requirements, land-use and automobile-centric transportation policies, mixed-use zoning and density policies, and redevelopment in contaminated areas. For this research, this IV was measured as ordinal data using a Likert-type scale. The tool included questions specific to density, zoning codes and regulations, land use policies, and affordable housing. There was nine questions that were used in order to measure zoning policies.

The ULI research operationalized zoning policies to include factors of development/building regulations, public transit and transportation, well maintained roads, parking, and walkable development. There were 20 questions that formed a composite measurement for zoning policies.

**Real estate developers' decisions.** The DV was real estate developers' decisions on what type of communities to build. The DV answered the general question "Will real estate developers decide to build healthy communities?" This was answered nominally by a dichotomous response: (0) No or (1) Yes, such that the IV being tested either had an effect (Yes) or did not have an effect (No) on real estate developer's decisions to build a healthy community. The surveys in Appendices M and O were used to identify the factors that real estate developers use in their decision making process.

#### **Data Analysis Plan**

IBM SPSS, version 21.0 was used for data analyses. Data cleaning and screening included seeking missing data, normality, linearity, outliers, and multicollinearity. Details of this process can be found in Chapter 4. The three IVs were operationalization (see Appendix J), transformed into a composite measurement, assumed continuous, that

they were normally distributed, and had a large enough sample size; therefore, parametric tests were be used.

# **Threats to Validity**

#### **External Validity**

There were several threats to external validity in this study. I employed purposeful sampling when conducting this study, that created selection bias (Creswell, 2009; Tongco, 2007). Participants were real estate developers working within the United States, and identified by a list of developed healthy communities or 55+ communities. The greatest threat posed in this study to external validity was generalizations to the population of real estate developers that specialize in building New Urbanism and Age Restricted Active Communities. An important determinant of generalizability is the representativeness of the sample. Because data for both the SHIFT and ULI studies were collected from a nonprobability sample, the generalizability of my finds was limited. In fact, Gobo (2004) posited that if a study "is not carried out on a representative sample, its findings are not generalizable" (p. 449). The use of standardized lists of developments from The Town Paper and TopRetirements.com strengthened the representativeness of the sample. Generalizability is also influenced by the sample size of a study and it must be large enough to be statistically significant (Creswell, 2009; Laerd, 2012; Trochim, 2006). If the sample size is not large enough, it cannot be generalized to all populations. The stronger the external validity, the more reproducible the study will be.

# **Internal Validity**

Concurrently, there were several threats to internal validity. Although the originally planned survey was not expected to take more than 30 minutes to complete, maturation may have occurred if the participant was distracted by other phone calls or office interruptions. If an interruption did occur, the participant used the same link to reenter the survey tool and pick up where the participant stopped. Using SurveyMonkey.com for the online survey with simple questions minimized testing effects and instrumentation by making it easy for the participant to complete the survey. Likewise, the ULI study was sent out via email to leaders identified by survey authors. Experimenter bias could have impacted internal validity by the way survey questions were worded, but using a validated tool minimized experimenter bias. The defined and operationalized constructs, measured variables, and the developed methodology in this study also threatened external validity. Further, all extraneous and confounding variables in the assessment and conclusions needed to be considered generalizable so that they did not become confounding variables and alter the variables' relationships. Because correlation is not equal to cause, variables were controlled correctly (Novella, 2009). Also, there were several assumptions that governed this study. It was assumed that the real estate developers answered the voluntary survey questions honestly and completely. It was also assumed that I entered the data into SPSS correctly, and ran the appropriate tests correctly and that the results were interpreted accurately. Accuracy was double checked by methodology coach.

#### **Ethical Procedures**

There was no treatment of human participants for this study, either the initial procedures via survey, nor the use of secondary data that ultimately was used. Real estate developers identified for inclusion in this study were contacted by email, and had the right not to participate without any negative consequences. Participants had the right for anonymity and privacy by using a consent form that was completed prior to the survey, and a secure, unique, and specific participant hyperlink to the survey. Li, Liu, and Jin's (2014) research of privacy concerns indicated that the higher the degree of personalization the lower the user's privacy concerns.

The developers received an explanation of the study in writing via email, and only questions relevant and applicable to the study were included in the survey. Further, SurveyMonkey has two privacy policies: one for the survey creators, the other for the survey respondents. The survey data is owned by the survey creator, respondents' email addresses are safeguarded and data held securely on servers located in the United States. SurveyMonkey allowed the creator to configure responses to provide respondent anonymity (SurveyMonkey, 2015). Access to the data was only be given to the researcher using a password protected account.

For the Infrastructure 2014 study, the individual responses were kept confidential and the data reported in the aggregate only. The researchers obtained some volunteers for a brief follow up interview that elaborated on the real estate developers' views or experiences. These questions or their answers were not included in my study.

#### Summary

In this chapter, I provided an overview of the research design and rationale, the inquiry, methodology, research questions with hypotheses, threats to validity, and ethical procedures that were used as safeguards to protect the rights of participants. A quantitative regression analysis was utilized. Participants in the study who provided secondary data completed a level of concern Likert-type survey with areas for participant comments regarding the facilitators and barriers to their development of healthy communities and New Urbanism. Lastly, in Chapter 3 I set the framework for Chapter 4, and provided a detailed discussion of this study's results, procedures used, and data collection processes that occurred.

#### Chapter 4: Results

In this quantitative study, guided by the urban planning theory, I explored the degree to which comprehensive plans, finance, and zoning policies predict the likelihood that real estate developers will build certain types of communities in the United States. There were two research questions:

RQ1: Are comprehensive plans, finance policies, and zoning policies significant predictors of the likelihood that real estate developers' decisions will build healthy communities in the United States?

 $H_0$ : Comprehensive plans, finance policies, and zoning policies do not significantly affect real estate developers' decisions to build healthy communities.

 $H_1$ : Comprehensive plans, finance policies, and zoning policies significantly affect real estate developers' decisions to build healthy communities.

RQ2: If the answer is yes to Research Question 1, then to what degree do comprehensive plans, finance, and zoning policies influence real estate developers' decisions on the type of communities to build in the United States?

In this chapter, I present a description of the data collection and process, comprehensive results of the multiple regression analysis beginning with the explanation of secondary data use, construction of variables, and testing assumptions to statistically analyze the data and conclude with a final summary of the results.

#### **Data Collection**

The initial data collection began on August 19, 2016 according to the process described in Chapter 3. When the response rate was far below what was needed for the study, a request for change in procedure was sent to Walden University's IRB, that was subsequently approved November 3, 2016. As a result, the CNU was contacted for the TND survey, and the NAHB was contacted for the age restricted active communities. Both organizations agreed to contact their members via an emailed newsletter with details of the survey and the appropriate link to the Survey Monkey tool if they agreed to take part in the study. However, this procedure also did not produce an adequate response rate. Hence, another request for change in procedure to use another study by the ULI and Earnest and Young was approved on January 20, 2017, and permissions, raw data, and the original survey questionnaire were obtained (see Appendices U and V). Table 4 summarizes the time frames and difficulty with data collection.

The Infrastructure 2014 study surveyed 241 public sector and 202 private sector respondents. For this study, the responses from the public sector were disregarded because they were irrelevant to this study's research questions. The analysis was focused on the private developers, investors, lenders and advisors, the demographics of which can be found in Table 5. Two participant responses out of the 202 collected responses were incomplete and were not be included in the study.

# Table 4

# Summary of IRB Requests

Action	IRB request date	IRB approved date	Approval Number	Methods	# Surveys sent date	# surveys sent	Responses rate
IRB original	7/23/16	8/7/16	08-05- 16- 0356102	Compiled databases of TNDs and 55+, as described in Ch. 3	8/19/16	TND: 317 55+: 231 surveys + 127 web contact forms	TND: 10/317= 3.14% 55+: 11/358= 3.07%
IRB 1 <sup>st</sup> change request	11/3/16	11/16/16	08-05- 16- 0356102	National organization s sent out requests	TNDs: 12/7/16 55+: 12/26/16	Their membership, number unknown	TND: 0 55+: 0
IRB 2 <sup>nd</sup> change request	1/10/17	1/20/17	08-05- 16- 0356102	R	equest to use	e secondary data	

# Table 5

# Demographics of Respondents

Where is your firm involved in real estate activities? Check all that apply. $[N = 202]$			
United States	85%		
Canada	8%		
Other North America	5%		
Europe	19%		
South America	1%		
Asia Pacific and/or Australia	18%		
Middle East/Africa	3%		
Don't know/Refused	2%		

The data were transformed to fit the needs in answering my research questions. The survey tool used a Likert scale, with 1 being the highest and 6 being the lowest (1-

top consideration, 2-very important, 3-somewhat important, 4-not very important, 5-not a factor at all, 6-don't know/refused), and the responses all went in the same direction. Appendix J contains the operationalized details on the actual survey questions separated into those questions that related to the IVs of comprehensive plans (21 questions), zoning (15 questions), and finance policies (11 questions), and the DV (19) questions. Because Beldon (2014) was unable to provide a codebook or explanation of weighted values, if there were any, I had to be satisfied with proxy measures (Appendix I). Beldon's data results were presented in percentages and then manually converted into numbers and input into an SPSS v21 file. The three ordinal IVs were then transformed into an interval composite variable. The DV in the analysis began as an ordinal scale variable that was then converted to a composite of all the survey questions that were unrelated to comprehensive plans, zoning policies, and finance policies. This ordinal scale variable was then transformed to a suitable dichotomous variable (no = 0, yes = 1). Table 6 highlights the variables and survey questions that were used for the composite measurements. More details of the survey questions used can be found in Appendix J.

Table 6

Variables and Corresponding Survey Questions

Variable	Indicating questions used for the composite
Comprehensive plans	Q10a,d,h, Q11b,c,i,k,m,n, Q12b,c,i,k,m,n, Q13b,c,i,k,m,n
Zoning policy	Q10f,Q11a,d,e,g, Q12a,d,e,g, Q13a,d,e,g, Q14b,e
Finance policy	Q10e, Q14h,i, Q15a,b,c,d,e,f,g
Dependent variable	Q10b,c,g, Q11f,h,j,l, Q12f,h,j,l, Q13f,h,j,l, Q14a,c,d,f,g

The survey analysts could not provide the total number of invitations sent to the members of the organizations (Beldon, 2014). Therefore, the response rate was

unavailable. Determining the valid inferences about a larger population could not be possible because the sample used may not have been sufficient or not a good representative of the target population; therefore, the estimation of confidence intervals and significance tests were problematic. The bootstrapping resampling method was used to overcome these problems.

### **Study Results**

# **Statistical Assumptions**

I tested the null hypotheses by regression analysis, that shows whether an IV has an effect on the outcome of the DV and the depths of those effects. Several assumptions had to be met to determine appropriateness of regression analysis (Laerd Statistics, 2015).

- Variables: There was a dichotomous DV; there were two or more IVs that were either continuous or nominal; there was independence of observations; and the categories of the variables were mutually exclusive and exhaustive.
- 2. Sample size: The sample size was large enough, based on the calculation formula of 20 participants per each IV. In this study, there were 20 participants, that was then multiplied by 3 (Statistics Solutions, 2017), for a sample size of at least 60 total participants. Using this formula then, the minimum sample size of 60 was met. To also verify that the sample size was sufficient for making reliable inference, I resampled 1,000 samples from the data using the boostrapping method. To determine the adequacy of the model,

bootstrapping estimates were used to construct the confidence interval to compare the original sample estimates and the boostrap estimates.

- 3. Linearity: To test the assumption of a linearity, a linear relationship between the interval IVs and the logit transformation of the DV was needed and was tested using the Box-Tidwell (Box & Tidwell, 1962) approach. As seen in Table R1, the IVs are linearly related to the logit of IVs. Based on this assessment, all continuous IVs were found to be linearly related to the logit of the DV resulting in statistical significance being accepted when p < .05. Another method to test the linearity of the variables graphically was to build a scatter plot against each pair of variables (Appendix S). These graphs shows linear relation between each variables, therefore supporting the linearity assumption.
- 4. The data must not show multicollinearity. Multicollinearity exists when two or more of the IVs are highly correlated, meaning there is some redundancy in the IVs, limiting proper data analysis and conclusions. Correlation coefficients and tolerance/variance inflation factor (VIF) values were performed to determine if the data met or violated this assumption. Tolerance is an indication of how much of the variability of a specific IV is not explained by the other IVs in the model. A score very small, less than 0.10, suggests multicollinearity; therefore, the scores in Table R2 show that the comprehensive plans, zoning policies, and finance policies, had a tolerance

factor of 0.014, 0.013, and 0.043 respectively, indicating multicollinearity; therefore, this assumption was not met. Secondly, the VIF quantified how much the tolerance has been inflated. Values above 10 indicate collinearity. The values seen in Table R2 for the VIF score were far above the value of 10; therefore, collinearity was high, so the data again did not meet the assumption of multicollinearity. This indicated that there were serious problems with the data being analyzed using a logistic model.

Multicollinearity is important because it reduces the amount of data available when testing the effects of each individual variable with each other variable. The odd ratio of each variable would not be correctly interpreted, thereby not having correct statistical inferrences. Hence, multicollinearity potentially impacted my second research question because I was interested in the degree to which the individual variables affect the DV.

There were several options that could have corrected the multicollinarity assumption. One was to find a different IV or to remove one. I chose not do this because of needing the data to answer my research question and the limited number of variables available in the secondary data. Another was to increase the sample size, but since I was using secondary data, this counter option was not viable. I could have chosen to follow Gujarati's (2003) advice: Do nothing. However, since I used secondary data, there was very little I could do to change a "data deficiency problem" (p. 263). What I chose to do to have a model more predictive was to use bootstrap resampling methods.

5. The data should have no significant outliers, high leverage points or highly influential points. Casewise diagnostics (Table R3) were run in order to detect outliers. These unusual cases have residuals 2.5 or more (above 2.5 or below 2.5) standard deviations from the mean and were the cases that may have the largest errors and also be outliers. There were two studentized residuals with values of 3.076 and 2.948 standard deviations, that were removed from further testing. After the assumptions were examined, the regression analysis was run in SPSS, providing the information to report the results.

# **Data Cleaning and Interpretation of the Results**

- 1. Data coding: There were no missing cases and the expected number of cases was confirmed. The correct coding was used (No = 0, Yes = 1).
- 2. Baseline analysis: Initial consideration of the predictive logistic model when the model includes just the constant and no IVs was given. The Classification Table (Table R4) indicates that with a logistic approach to the prediction the response variable is correct 78.4% of the time to predict real estate developers' decisions on building healthy communities. The baseline model with the constant is statistically significant, wald(1) = 27.220, p = .000(Tables T5, T6).

3. Logistic regression results: The Omnibus Tests of Model Coefficients (Table R7) indicated that the model improved in accuracy by adding the IVs (chi-square = 72.748, df = 3, p < .0005). The Hosmer and Lemeshow goodness of fit test (Table R8) was used to determine if the model was poor at predicting the categorical outcomes. Because the test was not statistically significant (p = 1.000), the model was not a poor fit. The Cox & Snell *R* Square and Nagelkerke *R* Square (Table R9) values identified how much variation in the DV was explained by the model. Based on these tests, 52.8% to 81.4% of variation in the decisions of real estate developers was as a result of the additive effect of comprehensive plans, zoning policies, and finance policies.

- 4. Category prediction: Table R10 indicates that the percentage accuracy in classification is 93.8%, after the IVs were added to the model. Of the participants who would build healthy communities, 92.1% of the participants were classified to build healthy communities. Likewise, 100% of participants were correctly classified that they would not build healthy communities.
- 5. Variables in the equation: Table 8 shows that when variables are added to the model, comprehensive plans, zoning policies, and finance policies showed statistical significance at 0.05 level of significance with standard error values of 49.249, 29.878, and 38.832 respectively.

## **Research Questions**

Research Question 1: Are comprehensive plans, finance policies, and zoning policies significant predictors of the likelihood that real estate developers would build the type of communities to build in the United States?

 $H_0$ : Comprehensive plans, finance policies, and zoning policies do not significantly affect real estate developers' decisions to build healthy communities.

 $H_1$ : Comprehensive plans, finance policies, and zoning policies significantly affect real estate developers' decisions to build healthy communities.

Analysis of variance (ANOVA; Table R9) and measures of associations (Table R10) were conducted to explore the impact degree of each IV on the decision of real estate developers to build healthy communities. The effect of comprehensive plans was statistically significant on real estate developers' decisions to build healthy communities, F(5,91) = 21.014, p < .05, and independently contributed 53.6% to the variation in decisions. The effect of finance policies was statistically significant on real estate developers' decisions. The effect of finance policies was statistically significant on real estate developers' decisions. The effect of zoning policies was statistically significant on real estate developers' decisions. The effect of zoning policies was statistically significant on real estate developers' decisions to build healthy communities, F(6,90) = 37.887, p < .05, and independently contributed 71.6% to the variation in decisions. The effect of zoning policies was statistically significant on real estate developers' decisions to build healthy communities, F(5,91) = 16.024, p < .05, and independently contributed 46.8% to the variation in decisions.

The ANOVA, the linearity tests, the goodness of fit, the adequacy of the logistics model, and the regression analysis (Table 7) identified that 52.8% to 81.4% of variation

in the decisions of real estate developers was as a result of the additive effect of comprehensive plans, zoning policies, and finance policies. These results provided limited value, as indicated by the high standard error. Since multicollinearity existed when all three IVs were present, I could have dropped one of the IVs from the model, but I employed the bootstrap resampling method to improve measures of accuracy. Table 8 is the Bootstrap summary Table Rhat indicated that when IVs were added to the model, comprehensive plans, zoning policies, and finance policies showed statistical significance at 0.05 level of significance with standard error values of 49.249, 29.878, and 38.832 respectively. Based on the results of these tests, I rejected the null hypothesis that comprehensive plans, finance policies, and zoning policies do not significantly affect real estate developers' decisions to build healthy communities. I accepted the alternative hypothesis that comprehensive plans, finance policies, and zoning policies are significant predictors that affect real estate developers' decisions to build healthy communities. The predictive model for possible decision of real estate developers to build communities is  $H_{\rm i} = \exp[-87.372 - 221.105 \text{compreh}_{\rm plan} + 132.211 \text{zoning}_{\rm policies} +$ 

 $159.054 finance_policies]^{-1}$ 

 $H_i$  is the probably of real estate developers making decisions to build healthy communities given comprehensive plans, finance policies, and zoning policies.

## Table 7

# Variables in the Equation

	В	S.E.	Wald	df	Sig.		95% C.I.for EXP(B)	
						Exp(B)	Lower	Upper
Comprehensive_Plans	-221.105	24425.582	.000	1	.993	.000	.000	6
Zoning_Policies	132.211	13900.323	.000	1	.992	2.621E+57	.000	<b>*</b> 5
Financing_Policies	159.054	25417.316	.000	1	.995	1.192E+69	.000	
Constant	-87.372	7307.201	.000	1	.990	.000		
	Zoning_Policies Financing_Policies	Comprehensive_Plans-221.105Zoning_Policies132.211Financing_Policies159.054	Comprehensive_Plans         -221.105         24425.582           Zoning_Policies         132.211         13900.323           Financing_Policies         159.054         25417.316	Comprehensive_Plans         -221.105         24425.582         .000           Zoning_Policies         132.211         13900.323         .000           Financing_Policies         159.054         25417.316         .000	Comprehensive_Plans-221.10524425.582.0001Zoning_Policies132.21113900.323.0001Financing_Policies159.05425417.316.0001	Comprehensive_Plans         -221.105         24425.582         .000         1         .993           Zoning_Policies         132.211         13900.323         .000         1         .992           Financing_Policies         159.054         25417.316         .000         1         .995	Comprehensive_Plans         -221.105         24425.582         .000         1         .993         .000           Zoning_Policies         132.211         13900.323         .000         1         .992         2.621E+57           Financing_Policies         159.054         25417.316         .000         1         .995         1.192E+69	B         S.E.         Wald         df         Sig.         Exp(B)         Lower           Comprehensive_Plans         -221.105         24425.582         .000         1         .993         .000         .000           Zoning_Policies         132.211         13900.323         .000         1         .992         2.621E+57         .000           Financing_Policies         159.054         25417.316         .000         1         .995         1.192E+69         .000

a. Variable(s) entered on step 1: Comprehensive\_Plans, Zoning\_Policies, Financing\_Policies.

#### Table 8

# Bootstrap for Variables in the Equation

			Bootstrap <sup>a</sup>							
						99% Confidence Interval				
		В	Bias	Std. Error	Sig. (2-tailed)	Lower	Upper			
Step 1	Comprehensive_Plans	-221.105	31.021	49.249	.002	-268.199	-34.719			
	Zoning_Policies	132.211	-15.952	29.878	.001	9.880	179.204			
	Financing_Policies	159.054	-18.509	38.832	.002	17.463	218.228			
	Constant	-87.372	2.831	5.065	.001	-102.096	-66.527			

a. Unless otherwise noted, bootstrap results are based on 1000 bootstrap samples

Research Question 2: If the answer is yes to Question 1, then to what degree do comprehensive plans, finance, and zoning policies influence real estate developers' decisions on the type of communities to build in the United States?

Based on the Eta-squared test, the data analysis showed that the IVs comprehensive plans, finance policies, and zoning policies significantly influenced the real estate developers' decisions on the type of communities to build in the United States by 53.6%, 71.6%, and 46.8% respectively. These data can be used for future decision making and/or research.

#### **Summary**

A logistic regression was performed to determine if comprehensive plans, finance policies, and zoning policies are predictors of the likelihood that real estate developers would build the type of communities to build in the United States. Linearity of the continuous variables with respect to the logit of the DV was assessed via the Box-Tidwell (Box & Tidwell, 1962) procedure. Based on this assessment, all continuous IVs were found to be linearly related to the logit of the DV. There were two studentized residuals with values of 3.076 and 2.948 standard deviations, that was were removed from the analysis. The logistic regression model was statistically significant,  $\chi^2(3) = 101.353$ , p < .05. The model explained 81.4% (Nagelkerke  $R^2$ ) of the variance in real estate developers' decisions to build healthy communities and correctly classified 100.0% of cases. Sensitivity was 100%, specificity was 0%, positive predictive value was 78.4% and negative predictive value was 0%. Although human decisions are not always logical and predictable, the adequacy of the model supports that real estate developers' decisions are affected by comprehensive plans (53.6%), finance policies (71.6%), and zoning policies (46.8%).

Although the original data collection process as described in Chapter 3 was not executed, a second methodology was used. This second method utilized secondary data from an Urban Land Institute study that was sufficient to answer the research questions for this study. The secondary data of 202 surveys were entered into SPSS, prepared and converted for analysis, and the data were then analyzed. The study used logistic regression analysis to answer the research questions.

For research question 1: Are comprehensive plans, finance policies, and zoning policies significant predictors of the likelihood that real estate developers would build the type of communities to build in the United States?

Yes, comprehensive plans, finance policies, and zoning policies are significant predictors of the likelihood that real estate developers will build health communities in the United States.

 $H_0$ : Comprehensive plans, finance policies, and zoning policies do not significantly affect real estate developers' decisions to build healthy communities.

 $H_1$ : Comprehensive plans, finance policies, and zoning policies significantly affect real estate developers' decisions to build healthy communities.

Based on the output obtained from the ANOVAs, I rejected the null hypothesis.

For research question 2: If the answer is yes to Question 1, then to what degree do comprehensive plans, finance policies, and zoning policies influence real estate developers' decisions on the type of communities to build in the United States?

The data analysis showed that the IVs comprehensive plans, finance policies, and zoning policies significantly influence the real estate developers' decisions on the type of communities to build in the United States by 53.6%, 46.8%, and 71.6% respectively.

In the following chapter, I provided a brief introduction to the study, the interpretation of the findings, the limitations of the study, and recommendations for

further research. The study's potential impact for social change and a strong conclusion ended the research.

Chapter 5: Discussion, Conclusions, and Recommendations

The purpose of this quantitative study was to use the urban planning theory to explore the degree to which comprehensive plans, finance, and zoning policies predict the likelihood that real estate developers will build certain types of communities in the United States. This was done by using secondary data from a survey of 200 private developers, investors, lenders, and advisors across the United States to discover their thoughts about how infrastructure influences their work and future development plans. I used logistic regression analysis with the IVs of the influence of comprehensive plans, finance policies, and zoning policies to predict the outcome or explain the relationship on the DV of the real estate developers' decisions to build. Key findings identified that comprehensive plans, zoning policies, and finance policies significantly affected what real estate developers choose to build, by 53.6%, 46.8%, and 71.6% respectively.

#### **Interpretation of Findings**

The study was conducted to identify influential policies that promote or inhibit real estate developer's decisions to build healthy communities. Numerous researchers have indicated the built environment where one lives and works impacts a person's health and psychological development (Bloom et al., 2011; Braunstein & Lavizzo-Mourey, 2011; Cummins et al., 2007; Ding & Gebel, 2012; Ewing et al., 2014; Lavizzo-Mourey, 2012; McGinnis et al., 2002; Meridian Planning Consultants, 2011; PolicyLink, 2014; Woolf & Braveman, 2012; World Health Organization, 2008). The findings in this empirically based research could facilitate improved policies and practices, that in turn could help to improve overall health, reduce chronic illness and health care costs, and generate socially responsible and profitable financial, social, and environmental returns.

The information presented in this study is important to urban planners/designers, health care professionals, and municipal officials because of the intradiscipinary approach of the built environment as a nonmedical determinant of health. Building communities that facilitate healthy choices improve population health and economic development by stimulating job growth that is important to economists and are important to policy makers to further facilitate improvements in housing and education (Miller et al., 2011). Knowing what barriers exist and how to facilitate better decisions in building healthy communities may assist policy makers on reevaluating policies that prohibit or stimulate development of healthy communities. Investors may want to invest in building healthy communities because of the greater impacts on health, environment, social capital, and economic development and growth.

If policies could address the factors that promote or inhibit real estate developer's choices on the types of communities to build, real estate developers may be more innovative and effective in providing healthy communities to meet customer demand and assist with affordable housing initiatives. I evaluated how the institutional environment, community, and public policy factors interact with real estate developers to improve population health by maximizing the health benefits of the built environment. I additionally added to the Institute of Medicine's Guide to Community Preventive

Services: Sociocultural Environment Logic Framework (2002; see Figure 6) research by identifying a pathway that the IOM researchers had not been previously examined.

In the early phase of policy development, SEF and urban planning theory should be considered to determine the long term and/or unintended consequential health impacts of policy on population health. SEF and urban planning theory combined set the framework in this research by discovering what policies impact real estate developers' choices to building healthy communities. I determined that comprehensive plans and zoning policies were significant drivers of real estate developers' choices.

According to the SEF, when there are organizational programs in place, community factors can focus on safe, accessible, and reliable transportation, fitness and recreation opportunities, construction of safe green space and walking/biking lanes, and availability and affordability of healthy fruits and vegetables that can further facilitate behavior change and promote healthy eating and physical activity. In this study, I focused on the built environment relative to community factors and public policy levels. These factors were addressed in the survey questions to which comprehensive plans and zoning policies were significant influencers on real estate developers' decisions on what types of communities to build.

The New Urbanism planning theory as subscribed by CNU in 1993 provided the theoretical framework for this study. Urban planning theory argues that several factors affect health through built environment. Urban planning theory, and the movement of New Urbanism, features "high-density, transit-and pedestrian-friendly neighborhoods" with multi-use zoning, sustainability, and affordable housing to address an antidote for sprawl that has been implicated as one factor in the rise of obesity (Fainstein & Campbell, 2012, p. 13) and a public health approach to where people live, work, and play (Barton, 2005). Also, planning theory considers the circumstances by which planners and stakeholders can produce a better environment for the people living there (Fainstein, 2012). This study supported the urban planning theory that the factors of comprehensive plans and zoning policies affected real estate developers' decisions on what types of communities to build, and consequently those community designs may affect health negatively.

One key finding in the 2014 ULI research that provided the secondary data for this study was that transportation was cited as the top issue to holding back real estate development (as cited in Galloway et al., 2014). Land use and transportation policies have been identified as partial culprits responsible for the rise in obesity (American Planning Association, 2007). ULI survey questions regarding land use and transportation were averaged for the construct of zoning policies; thus, the findings in this study and the ULI study were consistent, citing zoning policies as influencing their decisions for development. Garde (2006) also identified zoning policies as barriers for developers who included existing land-use regulations and approval and permit processes that take longer than suburban designs. Likewise, the zoning policies in this study comprised of questions regarding passenger connections, sufficient parking, and sufficient public transit services were also consistent with the ULI study findings. Ninety percent of the public sector developer respondents in the ULI study considered consumer demand, a factor in comprehensive plans, as influencing their choices for what to build, that was also consistent with the key findings of this study. Consumer demand was also significant driver in prior research by Carnoske et al. (2010), Kirby and Hollander (2004), Leinberger (2005, 2008), and Levine and Inam (2004). My research was also consistent with the ULI study, that found that real estate developers deemed the financial aspects and funding the second most barrier to future development (the first being transportation as stated above). Further, this study supported the research of Steffel Johnson and Talen (2008) and Talen (2011) that financing is difficult, and developers are frustrated by financial and regulatory barriers.

#### Limitations of the Study

There is little research on the relationship of urban planning theory, development and community policies, the built environment, and health outcomes; hence, this study may be more exploratory than correlational. Regression analysis only discovers relationships; it does not determine the underlying cause. The validity and reliability of the survey instrument could have been a potential limitation. Every possible consideration was given to the constructs in the literature, but there was still a question of its effectiveness.

If the initial survey tool (Carnoske et al., 2010) had been used, there would have been reliability issues because some of the survey items were not rigorously tested, that could have allowed bias to impact the study. Due to challenges with obtaining appropriate sample size, the ULI study was used for secondary data. This added significantly to the limitations of this study. Because Beldon (2014) was unable to provide a codebook or explanation of weighted values, if there were any, or operational definitions of the variables, the internal and external validity of the data were limiting, and accuracy, validity, and reliability of the data were unknown. Also, valid inferences about a larger population cannot be made because the sample was not representative of a population and confidence intervals and significance tests cannot be estimated. Hence, I had to be satisfied with proxy measures to complete my analysis. This put into question the reliability of the conclusions that I drew from the results. However, the bootstrapping sampling method helped to overcome insufficient or poor representations of the target population to improve the estimation of confidence intervals.

I received the data as results in percentages. I manually converted responses into numbers and input these numbers into an SPSS v21 file. From there, I was able to get the average of each question and variable to form my constructs so that I was left with three IVs and one DV to perform the regression analysis. Errors could have occurred due to inappropriate transformation of data.

Numerous diagnostics were performed to test assumptions, and multicollinearity was identified. Multicollinearity may have skewed the effects of the IVs on the DV. One solution for overcoming multicollinearity was to drop some variables from testing, that was not done due to the limitations of the nature of the secondary data. Consequently,

interpretations could not be made uniquely about each IV on the DV, but only as a whole model effect. Multicollinearity also limits the reliability and robustness in prediction.

The ULI study was created to answer specific questions for the original researchers. My research questions differed, the appropriateness of the data was questionable, and my research questions may have only been answered partially, thereby reducing the validity of my results. Further, because I used statistical tests, there may have been the possibility of experimental errors. Type I errors could have indicated that the null hypothesis was correct ( $\alpha$ -error, false positives) despite it being rejected. Conversely, type II errors ( $\beta$ -errors, false negatives) could have indicated that the hypothesis was correct despite it being rejected (Kalla, 2009).

#### Recommendations

The medical community can no longer be responsible for addressing all the social determinants of health, especially when they fall in the realm of different disciplines (Lavizzo-Mourey, 2012; Williams & Marks, 2011) and nonmedical determinants, such as the built environment. Real estate developers, investors, planners, and public officials can directly or indirectly affect what gets built (see Figure 4). There has not been a well-established direct correlation or causal link made empirically between the built environment and improved health outcomes. In this study, I evaluated the steps to get to the built environment and healthy communities by way of policy and input into community development. It was strong in identifying generalized policy issues (with

comprehensive plans and zoning policies), but limited in specificity or causality. Hence, there are several areas for further study:

The IVs could be more specific. For instance, using the variable zoning policies encompasses many specific factors related to zoning, affordable housing, mixed use, and density, and these specific factors could also be used as distinct IVs. For the variable of comprehensive plans, use of specific elements that are included in a comprehensive plan, such as community facilities (schools, libraries, and health care facilities as examples), health impact assessment requirements, and need for walking and bike paths could also be used as specific IVs.

The entrepreneurial framework or theory to identify real estate developers who build healthy communities could be used. Healthy community developers and investors can be seen as entrepreneurs, going against the current methods of the built environment and taking risks for the greater societal benefit (Duany et al., 2000).

More research is needed to determine how theory or a contextual framework is used in relationship to zoning and financial policies, real estate development, and health and the degree of correlation between the built environment and physical activity level characteristics, such as location, population, socioeconomic status, and these effects on population health. Lastly, there is a gap in determining the relationships of the cost benefit of investment to changes to the built environment that would create healthful behaviors. This research could have been improved by doing a survey specific to data that would more appropriately answer the research question. In order to get a sufficient response rate, I would have contacted the organizations (i.e., CNU, LOCUS, NAHB) first, participated in their conference as a speaker, and made the survey completion part of the overall program. Also, a qualitative study could be done with a few specific states to identify their major challenges in building healthy communities. This could be compared to each state and within the states to learn major policy challenges. In my future research, this would be my next logical step.

Still unresolved is a causal link to determine specific policies that hinder or promote real estate developers' decisions to build healthy communities. More focus is needed for causality research. For example, if *x* zoning policy were to change to *y* policy, would real estate developers build healthy communities? I did not determine causality, nor did I identify specific policies that are challenging to real estate developers, but rather I provided a broad scope of a variable for another researcher to further investigate.

## Implications

The study was conducted to identify influential policies that promote or inhibit real estate developer's decisions to build healthy communities. Because where one lives matters, the potential implications for positive social change are the indirect improvements in mental and physical well-being, social capital and health impacts, decreased health care costs, stimulation of job growth and economic development, and improvements in policy development in education and housing. By understanding the factors that could minimize risk and maximize rate of return for developing healthy communities, real estate developers could indirectly and potentially reduce health disparities and facilitate improvements in health relative to changes in social and physical environments throughout the United States.

Urban planning or spatial planning theory attempts to explain a variety of social issues involved with urban development in order to invoke social control or reform (Yiftachel, 1997). With this view, urban planning could be used as an effective tool for positive social change. Further, some researchers have suggested that New Urbanist developers are entrepreneurial, although research on this contextual framework is lacking. Healthy community developers and investors can be seen as entrepreneurs, going against the current methods of the built environment and taking risks for the greater societal benefit (Duany et al., 2000).

Modeling the built environment where people live, work, go to school, and play in relationship to health and healthy behaviors can identify opportunities for improved outcomes via supportive policy, in early intervention and over time. Gortmaker et al. (2011) proposed modeling holistically and synergistically, the overall strategy for initiatives and solutions with government, international agencies, the private sector, civil organization groups, health professionals, and individuals. Absent from their identified players include financiers, planners, and developers. Researchers have agreed that health should be included in all policy making (Adler, 2012; Gortmaker et al., 2011).

#### Conclusions

Where one lives matters. Since 1990, the built environment has been studied as a health determinant that either enhances or impedes health behaviors (Barton, 2009). Thus, altering the design of the built environment to make it more health promoting by using well-designed, walkable, urban places creates healthy and prosperous communities, provides economic and social benefits, and promotes sustainability and equity (Congress for the New Urbanism, 2015). When communities experience mental and physical wellbeing their social capital and health care outcomes improve and health care costs decrease (Renalds et al., 2010). Improving population health also has an effect on economic development by stimulating job growth, and further facilitating improvements in housing and education (Miller et al., 2011), all having positive social change implications. Researchers agree that changing correlative factors of the built environment is often a slow process with drivers and barriers associated with policy changes. This study focused on the policy issues that affect real estate developers' decisions to build healthy communities, with a potential positive consequence of improving the relationship of population health and the built environment.

As a result of this study, comprehensive plans, finance policies, and zoning policies had a statistically significant influence on real estate developers' decisions on the types of communities to build in the United States by 53.6%, 46.8%, and 71.6% respectively. The information presented in this study is important to urban planners/designers, health care professionals, and municipal officials because of the

interdisciplinary approach of the built environment as a nonmedical determinant of health. Cultivating public and private collaboration with an interdisciplinary approach to develop public policy could affect social change by indirectly affect the improvements in health outcomes through alterations in the built environment.

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## Appendix A: Permission Letter Health Resources in Action

Michele A. Williams 12001 Old Vine Blvd., Unit 304 Lewes, DE 19958 Michele.williams5@waldenu.edu

6 April 2016

V



Hello,

I am completing a dissertation at Walden University, tentatively entitled "Where One Lives Matters: A Quantitative Study Correlating Policy and Health" under the direction of my dissertation committee chaired by Dr. Anne Hacker. My dissertation examines barriers and challenges that new urbanism real estate developers face in building healthy (complete) communities. I would like your permission to reprint in my dissertation a diagram from the following report:

Health Resources in Action. (2013, July 25). Defining healthy communities. Retrieved from <u>http://www.hria.org/uploads/catalogerfiles/defining-healthy-</u> <u>communities/defining\_healthy\_communities\_1113\_final\_report.pdf</u>. I would like to use the diagram on page 9.

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Sincerely,

Michelelician

Michele A. Williams

PERMISSION GRANTED FOR THE USE REQUESTED ABOVE:

Judi Foley HRIA

Date: 5/16/16

ea...

## Appendix B: Permission Letter McLeroy, Steckler, Bibeau, and Glanz (1988)

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 Title:
 An Ecological Perspective on Health Promotion Programs:

 Author:
 Kenneth R. McLeroy, Daniel Bibeau, Allan Steckler, Karen Glanz

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 Health Education & Behavior

 Publisher:
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#### Appendix C: Permission Letter RCLCO

Michele A. Williams



3 April 2016

RCLCO 7200 Wisconsin Avenue Suite 1110 Bethesda, MD 20814

Dear Ms. Healy,

I am completing a dissertation at Walden University, tentatively entitled "Where One Lives Matters: A Quantitative Study Correlating Policy and Health" under the direction of my dissertation committee chaired by Dr. Anne Hacker. My dissertation examines barriers and challenges that new urbanism real estate developers face in building healthy (complete) communities. I would like your permission to reprint in my dissertation excerpts from the following:

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Sincerely,

Micheledilian

Michele A. Williams

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Clare Hanly RCLCO

Date: 5 31 16

# Appendix D: Permission Letter Leinberger (2005)

Walden University Mail - (no subject)

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Michele A. Williams	
4 December 2015	
Christopher B. Leinberger	
cleinberger@brookings.ee	du
Dear Mr. Leinberger,	
lunch keynote speaker, ar completing my dissertatio Quantitative Study Correl chaired by Dr. Anne Hack estate developers face in	DE/MD Regional Planning Conference in Newark when you were the Tuesday and indicated that I would be using some of your work in my dissertation. I am on at Walden University, tentatively entitled "Where One Lives Matters: A ating Policy and Health" under the direction of my dissertation committee er. My dissertation examines barriers and challenges that new urbanism real building healthy (complete) communities. I would like your permission to excerpts from the following:
	. (2005). Creating Alternatives to the Standard Real Estate Types (The Need for en Standard Real Estate Product Types) [Research and Debate]. <i>Places</i> , 17(2),
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Michele.williams5@walde	please sign this letter where indicated below and return it to me at enu.edu. Please contact me via email or my cell, 302-827-3575, should you ed additional information. Thank you very much.
Sincerely,	
Michill aliering	
Michele A. Williams	
PERMISSION GRANTED FO	R THE USE REQUESTED ABOVE:
OS C	
Christopher B. Leinberger	Date: <u>12/3/15</u>

#### Walden University Mail - (no subject)



Michele Williams <michele.williams5@waldenu.edu>

https://mail.google.com/mail/u/0/?ui=2&ik=8b7e008d52&view=pt&sea...

**(no subject)** 1 message

**Christopher Leinberger** <cleinberger@email.gwu.edu> To: michele.williams5@waldenu.edu

Sat, Dec 5, 2015 at 11:59 AM

good luck.

Christopher B. Leinberger Charles Bendit Distinguished Scholar and Research Professor of Urban Real Estate Chair, Center for Real Estate and Urban Analysis http://www.chrisleinberger.com/ http://business.gwu.edu/about-us/research/center-for-real-estate-urban-analysis/ 202-425-6485

## Appendix E: Permission Letter National Academies Press

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GMail

Michele Williams <michele.williams5@waldenu.edu>

2 messages Michele Williams <michele.williams5@waldenu.edu> To: permissions@nas.edu

Permission to use book excerpt

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Blessings,

Hello Publisher,

m

Michele A. Williams Public Policy and Administration Walden University 302-827-3575

DIA 2002 Permission\_Letter.pdf

Murphy, Barbara <BMurphy@nas.edu> To: Michele Williams <michele.williams5@waldenu.edu>, permissions <permissions@nas.edu>

Hi Michele,

We can grant permission for this request. I've attached a permission letter for your records. Please contact me if you have any questions or need additional assistance.

Best,

Barb

Barbara Murphy

Assistant Manager, Sales & Marketing

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Reference (1st Type of study author, year)	Methodology	Sampling (size)	Mode of data collection	Purpose	Outcome
Arrington, 2002 Qualitative	Exploratory, Narrative	10 TOD Activities in Major U.S. Transit Systems Outside California and 12 TODs in California		Define strategies that California could use to encourage greater implementation of TOD near major transit stations	Recommendations of 14 strategies to encourage TOD near major transit stations
Carnoske, 2010 Quantitative	Comparative	National Association of Realtors 1.3 million members, 40,000 real estate agents and brokers selected randomly. (n = 495, 12.4% response rate) and developers from the National Association of Home Builders survey panel of 5000 members (n = 162)	Surveys	Obtain developer and realtor perspectives on the key factors affecting interest TNDs, the outlook for TNDs following the housing crisis	TNDs are increasing in demand, but developers and realtors reported significant barriers to creating these communities
Cervero, 2004 Qualitative	Narrative	Developers and lenders through telephone interview and five public sector stakeholder groups surveyed. 10 case studies. All from large metropolitar areas where TOD exists.	interviews, and case studies	Comprehensive review of TOD, its , impacts, successful design d principles and characteristics, joint development and practice, land values, collaboration between stakeholders, and potential benefits of TOD.	Partnerships advance implementation of TODs. What works and what does not work is helpful to

# Appendix F: New Urbanism/TOD/Mixed Use Communities and Associated Real Estate Professionals/Stakeholders Research

Galloway, 2014 Quantitative	Survey	Survey of 241 public and 202 private real estate professionals	Survey and open ended questions	To determine what promotes and hinders real estate development	Built environment infrastructure was the main driver in determining what gets built and by whom.
Garde, 2006 Quantitative and Qualitative	Comparative and Survey research	Survey of stakeholders of 202 new urbanist projects (response rate of 61%) from which 11 individuals were interviewed		Evaluates the nature and promotion of new urbanism and suburban d design in the US, and identifies barriers and facilitators for more new urbanism development	Strong agreement among 3 groups of respondents that new urbanism projects offer a variety of benefits. Significant barriers included existing land-use regulations, and approval and permit processes take longer than suburban designs.
Grant, 2009 Qualitative	Phenomenology	Thirty-one respondents consisting of planners, development industry representatives, and municipal councilors from three cities (included both new urbanism and gated communities) from different parts of Canada	Semi- structured interviews	Explores the gap between planning theory community design and real- life development practice	

Grant, 2012	Qualitative	Phenomenology	90 respondents consisting of planners, development industry representatives, and municipal councilors from 5 municipalities in Canada	Interviews	Examine local perspectives on increased suburban density landscapes in Canada to identify illuminate conflicts between planning theory and practice	Real estate developers primarily concerned with society benefit and returns with higher densities; residents are frustrated because the consumers' expectations while living in suburbia cannot keep up.
Kirby, 2004	Quantitative and Qualitative	Literature review from previous surveys and case studies	35 secondary data sources of useable information and at one case study that used social marketing techniques for each of the three target audience (consumers, policy makers, real estate developers).	examples for three target audience groups	Identify real estate developers' behavior for developing mixed-use communities and what ordinances would better support this type of development using social marketing	
Levine, 2004	Quantitative	Comparative	676 developers randomly selected from the total Urban Land Institute database of 4183 (36.5% response rate)	Survey of US developers	To discover if land use and transportation regulations are a barrier to alternative development forms in the US.	Developers believe there is market interest in alternative development but the supply is inadequate primarily due to local government regulations.
Malizia, 2003	Qualitative	Exploratory, Narrative	29 North Carolina and 27 Virginia developers, city planners, lenders and community activists with inner-city commercial redevelopment	Workshops Focus groups Follow up telephone interviews	Describes expectations and behaviors of private sources of debt equity and actions to reduce risk.	Valuations are difficult with inherently risky urban redevelopment projects; more research is needed.

Schilling, 2008 Qualitative	Case studies	40 real estate practitioners and policy makers who were involved with local comprehensive planning processes	Personal interviews	Explores the competing interests and underlying political forces behind the design and passage of Wisconsin's Comprehensive Planning Law of 1999	Lessons learned from Wisconsin can be used to address relationships of the built environment and health through the establishment of a comprehensive plan.
Steffel Johnson, Qualitative 2008	Explorative, Narrative	304 New Urbanism projects located in 35 state + 220 previously surveyed in 2002. Response rate of 38%.		Obtain information on how New Urbanist communities have been able to provide affordable housing	Mixed-use financing is difficult; New Urbanist developers partner with nonprofits, or take government subsidies to include affordable housing
Talen, 2011 Qualitative	Explorative, Narrative	54 developers contacted, 34 responded. Response rate of 63%	Phone interview of US developers	To suggest strategies to help promote walkable, mixed-income neighborhoods, identify barriers, and more research on benefits.	Developers frustrated by financial and regulatory barriers, and lack of access to capital for affordable housing.

# **RWJF Survey of Developers:**

## Definition of a Traditional Neighborhood Development (TND)

A Traditional Neighborhood Development has most of these elements:

- a mix of uses that provide opportunities to live, work, and play with reasonable walking distances
- an integrated mix of housing types and price ranges to create a social mixture as well as land use mix
- an interconnecting street network with direct pathways between destinations (rather than a reliance on cul-de-sacs with circuitous circulation)
- a town center, formal public spaces and squares (rather than informal or "leftover" open spaces)
- pedestrian oriented design with garages to the rear of house lots and parking lots behind buildings that are set close to the street and frame sidewalk spaces

# **Domain: Factors influencing development decisions**

## Incentives and Benefits to Developing a TND

	Str	Strength of Encouragement				
	Not at all		Somewhat		To a great extent	
Flexible Development Regulations						
a. Performance Zoning <ul> <li>Density Bonuses</li> </ul>	1	2	3	4	5	No opinion
□ Incentive for below market rate units	1	2	3	4	5	No opinion
<ul> <li>Meet other specified goals for land development (e.g., aesthetics, open space, parks, or buffers)</li> </ul>	1	2	3	4	5	No opinion
<b>b.</b> Subject to form-based codes (a zoning code designed to regulate development to achieve a specific urban form oriented towards pedestrian-friendly design)	1	2	3	4	5	No opinion
c. Regulations allowing grid-streets	1	2	3	4	5	No opinion

#### 1. To what extent do the following factors encourage you to develop a TND:

	st track permitting processes for more sustainable elopment	1	2	3	4	5	No opinion
e. Req	uirement to conform with LEED-ND standards	1	2	3	4	5	No opinion
Fiscal I	Incentives						
	government and their lenders absorb most of the risk uld a real estate venture fail	1	2	3	4	5	No opinion
g. Ava	ailability of tax incentives	1	2	3	4	5	No opinion
h. Red	luced parking requirements	1	2	3	4	5	No opinion
	ility to build some units without on-site parking	1	2	3	4	5	No opinion
j. Car	sharing programs available in area of development	1	2	3	4	5	No opinion
	al for Increased Marketability						
	nificant amounts of new real estate investment erway in area or near site.	1	2	3	4	5	No opinion
ama bori	ailability of location-efficient mortgages (increases the ount of money homebuyers in urban areas are able to row by taking into account the money they save by ng in "walkable" area).	1	2	3	4	5	No opinion
	ntial rent premiums for superior location/access	1	2	3	4	5	No opinion
Enviro	nmental Benefits						
n. Abi	jacent to transit station lity to market benefits related to walking, health, or uced car use	1	2	3	4	5	No opinion
Potenti	ial Cost Savings						
o. Red	luced clearing and grading costs	1	2	3	4	5	No opinion
	entially reduced infrastructure costs (streets, curbs, ters, sidewalks)	1	2	3	4	5	No opinion
q. Red	luced storm water management costs	1	2	3	4	5	No opinion
r. Red	luced impact fees and increased lot yields	1	2	3	4	5	No opinion
s. Incr	reased marketability of properties	1	2	3	4	5	No opinion
t. Pres	served existing vegetation	1	2	3	4	5	No opinion

Reference: <u>Transit-oriented Development in the United States: Experiences, Challenges...</u>

by Robert Cervero, United States Federal Transit Administration, Transit Cooperative Research Program, National Research Council (U.S.). Transportation Research Board, Transit Development Corporation - <u>Transportation</u> - 2004

National study of Transit Oriented Development and Joint Development, "Transit Oriented Development in the United States: Experiences, Challenges and Prospects. Transportation Research Board of the National Academies

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# Barriers/Obstacles to Developing a TND

2. To what extent do the following factors <u>prevent or discourage</u> you from developing a TND:

	S	Strength of Discouragement				
	Not at all		Somewhat		To a great extent	No Opinion
Restrictive Development Regulations						
Zoning/Land Use Policies						
a. Affordable housing requirements	1	2	3	4	5	No Opinion
b. Automobile oriented land-use policies	1	2	3	4	5	No Opinion
Subdivision Policies						
<ul> <li>Regulations requiring cul-de-sacs, large lots, large setbacks, wide streets, and separation of uses</li> </ul>	1	2	3	4	5	No Opinion
Lack of Support or Interest						
d. NIMBY (not in my backyard)	1	2	3	4	5	No Opinion
e. Resistance to density	1	2	3	4	5	No Opinion
f. Lack of political support	1	2	3	4	5	No Opinion
g. Inability to overcome governmental/political hurdles	1	2	3	4	5	No Opinion
h. Inability of government agencies to work together						No Opinion
i. Lack of market demand	1	2	3	4	5	No Opinion
j. Lack of lender familiarity with TNDs	1	2	3	4	5	No

						Opinion
k. Lender policies do not recognize or value mixed-use						No Opinion
Potential Costs						
1. Gas/fuel prices for construction activities	1	2	3	4	5	No Opinion
m. Cost of sidewalks and intersection treatments	1	2	3	4	5	No Opinion
<ul> <li>Financing for integrated, mixed-use development (commercial and residential)</li> </ul>	1	2	3	4	5	No Opinion
o. Inadequate transit services	1	2	3	4	5	No Opinion
p. Minimum parking requirements	1	2	3	4	5	No Opinion
Lack of Experience in TND						
q. Lack of experience with TND within my company	1	2	3	4	5	No Opinion
r. Lack of experience with TND in local development community	1	2	3	4	5	No Opinion

Transit-oriented Development in the United States: Experiences, Challenges... by Robert Cervero, United States Federal Transit Administration, Transit Cooperative Research Program, National Research Council (U.S.). Transportation Research Board, Transit Development Corporation -Transportation - 2004

#### 3. To what extent do the following factors either discourage OR encourage you from developing a TND:

	Strongly Discourages		Neutral		Strongly Encourages
a. Public sector participation in development plan	1	2	3	4	5
b. Zoning that allows or even encourages mixed-use development	1	2	3	4	5
c. Brownfield issues (abandoned or underused properties where redevelopment is complicated by actual or perceived environmental contamination).	1	2	3	4	5

## **Domain: Policy and Role of Government**

- 4. How often have you encountered public policy and regulations that prohibit or impede the construction of TNDs?
  - □ Frequently
  - □ Somewhat frequently
  - □ Somewhat infrequently
  - □ Infrequently
- 5. How active would you like STATE government to be in encouraging TNDs in local communities as part of growth management?
  - □ Very active
  - □ Somewhat active
  - Not sure
  - □ Not very active
  - □ Not at all active
- 6. How active would you like your LOCAL government to be in encouraging TNDs in local communities as part of growth management?
  - $\Box$  Very active
  - □ Somewhat active
  - □ Not sure
  - □ Not very active
  - □ Not at all active

## **Effects of Housing Downturn**

- 7. How soon do you expect the housing market to begin improving?
  - □ Middle of 2009
  - □ End of 2009
  - $\square$  Middle of 2010
  - □ After 2010
  - □ The housing market has been stable in my area
  - Not sure

#### 8. How has the poor market affected your company within the past year?

- □ Dramatically reduced development
- Reduced development
- □ No impact —

Skip to Question 9

- □ Increased development
- Dramatically increased development

- 9. Has the poor market and high gas prices:
  - □ affected TNDs more than conventional suburban developments
  - □ affected TNDs and conventional suburban developments about the same
  - □ affected conventional suburban developments more than TNDs

10. Please explain how the market has affected TND?: \_\_\_\_\_

## **Trends in Buying and Energy**

- 11. Clients are influenced by rising gas and oil prices in where they look to buy a home.
  - □ Strongly Agree
  - □ Agree
  - □ Not Sure
  - □ Disagree
  - □ Strongly Disagree

#### 12. Clients are more interested in living in a TND compared to five years ago.

- □ Strongly Agree
- □ Agree
- □ Not Sure
- Disagree Skip to Question 14
- 13. Please rate your perception of how much the following factors have increased clients' interest in living in a TND.

	Strongly Disagree	Disagree	Not Sure	Agree	Strongly agree
a. Save on gas	1	2	3	4	5
b. Proximity to public transportation	1	2	3	4	5
c. Reduce commute time	1	2	3	4	5
d. Getting older and do	1	2	3	4	5

not want to drive as much					
f. Walk to more places	1	2	3	4	5

- 14. Clients are increasingly looking for homes with 'green' amenities such as sealed windows, solar and wind power to save on heating, cooling and electricity costs.
  - □ Strongly Agree
  - □ Agree
  - □ Not Sure
  - □ Disagree
  - □ Strongly Disagree

#### **Domain: Background**

#### 15. Please indicate your primary business occupation. Please select only one option:

- □ Builder
- □ Remodeler
- □ Land Developer
- □ Subcontractor
- □ Architect/Designer
- Industry Product Manufacturer/Service Provider
- □ Industry Dealer/Distributor/Supplier
- □ Other

#### 16. How long have you been working in this field? Number of years: \_\_\_\_

#### 17. In what state or U.S. territory is your company located? (Drop-down box of states.)

- 🗆 Alabama
- Alaska
- □ Arizona
- □ Arkansas
- California
- □ Colorado
- □ Connecticut
- Delaware
- □ District of Columbia (D.C.)
- Florida
- 🗆 Georgia
- 🗆 Guam
- 🗆 Hawaii
- □ Idaho
- □ Illinois
- Indiana

- 🗆 Iowa
- C Kansas
- □ Kentucky
- Louisiana
- □ Maine
- □ Maryland
- □ Massachusetts
- □ Michigan
- □ Minnesota
- □ Mississippi □ Missouri
- □ Montana
- Nebraska
- Nevada
- □ New Hampshire
- □ New Jersey
- □ New Mexico
- New York
- North Carolina
- North Dakota
- Ohio
- Oklahoma
- □ Oregon
- Pennsylvania
- Puerto Rico
- □ Rhode Island
- □ South Carolina
- South Dakota
- □ Tennessee
- Texas
- 🗆 Utah
- □ Vermont
- □ Virgin Islands
- Virginia
- □ Washington
- West Virginia
- □ Wisconsin

#### 18. Where does your company primarily develop?

- Develop only in the area surrounding the company office: \_\_\_\_\_
- □ Develop only in this state
- Develop in multiple states (please list): \_\_\_\_\_

#### 19. What is the main type of housing your company sells/develops? (Check all that apply)

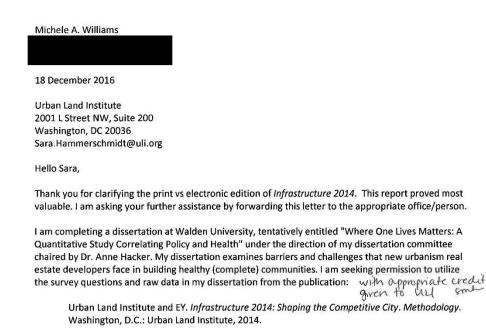
- Detached single-family residences
- □ Townhouses, row houses, apartments, or condos of 2-3 stories
- □ Mix of single-family residences and townhouses, row houses, apartments or condos.
- □ Apartments or condos of 4-12 stories
- □ Apartments or condos of more than 12 stories
- □ Other

# **Domain: Experience of Firm**

# 20. What type of development does the agency/company that you work for most commonly develop? Check all that apply.

- $\Box$  Build new homes in outlying areas
- □ Build new homes in existing, partially developed suburban areas
- Build new homes on vacant land in the central city or inner suburbs
- Develop/remodel existing homes and neighborhoods (infill development)
- □ Develop homes as part of TNDs

## Appendix H: Permission Letter for Infrastructure 2014 Report



The requested permission extends to any future revisions and editions of my dissertation, including nonexclusive world rights in all languages, and to the prospective publication of my dissertation by ProQuest Information and Learning (ProQuest) through its UMI® Dissertation Publishing business. ProQuest may produce and sell copies of my dissertation on demand at my request. I may also elect to make my dissertation available for free internet download. These rights will in no way restrict republication of the material in any other form by you or by others authorized by you. ULI's signing of this letter will also confirm that ULI owns the copyright to the above-described material, or that you otherwise have sufficient rights to the material in order to grant the requested permission.

To grant this permission, please sign this letter where indicated below and return it to me at Michele.williams5@waldenu.edu. Please contact me via email or my cell, 302-827-3575, should you have any questions or need additional information. Thank you very much.

Sincerely,

Micheledice

Michele A. Williams

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Date: 12/19/16

Walden University Mail - Infrastructure 2014: Shaping the Competitive C... https://mail.google.com/mail/u0/?ui=2&ik=8b7e008d52&view=pt&sea...



Michele Williams <michele.williams5@waldenu.edu>

#### Infrastructure 2014: Shaping the Competitive City i

Nancy Belden <NancyBelden@brspoll.com> To: Michele Williams <michele.williams5@waldenu.edu> Thu, Jan 5, 2017 at 2:01 PM

Michele:

I am attaching a copy of the questionnaire, which has the marginals typed in. If you are looking at the ULI website then you have the full cross tabs. I do not have a code book available for this project.

I am glad our report may be useful for you. All the best of luck to you in your research, Nancy

From: Michele Williams [mailto:michele.williams5@waldenu.edu] Sent: Wednesday, January 04, 2017 12:52 PM To: Nancy Belden; Belden Russonello Strategists

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# Appendix J: ULI Survey Questions and Constructs

	Dealerstein der der einer eine einer	Private
Q6. <b>Private:</b> What is the primary nature of	Real estate development or property company	67%
your company's business activity or	Equity investor or investment manager	14
activities? [n=202]	Lender	5
	Real estate services company (management, advisory, accounting, brokerage, etc.)	12
	Other	2
	Don't know/Refused	
		Private
Q7. Private: Check the real estate sectors	Office	57%
on which your company focuses. [n=202]	Retail	50%
MULTIPLE RESPONSES ALLOWED]	Residential for sale	46%
	Residential for rent	44%
	Land	33%
	Hotel and lodging	32%
	Industrial	28%
	Mixed used/planned communities (VOL)	4%
	Health care/municipal/public buildings (VOL)	3%
	Infrastructure (VOL)	3%
	Other	3%
	Don't know/Refused	*%
		Private
Q8. Private: In what city or metropolitan	Metropolitan areas <1 million people	5%
area is your own work focused? (If you work	1-5 million people	31
n more than one city or metropolitan area,	5-10 million people	24
please select one you are familiar with.)	>10 million people	21
[n=202]	Don't know/Refused	19

# Questions asked of private sector respondents:

# Questions asked of all respondents:

		Total	Public	Private
Q9. Public: Where are you located? [n=241]	United States	<b>87%</b>	90%	85%
P <b>rivate:</b> Where is your firm involved in real	Canada	6%	4%	8%
estate activities? Check all that apply.	Other North America	2%	*	5%
[n=202]	Europe	10%	2%	19%
	South America	*%		1%
	Asia Pacific and/or Australia	9%	2%	18%
	Middle East/Africa	2%	*	3%
	Don't know/Refused	2%	1%	2%

Q10: Private: In your experience, how important are the following factors in influencing where your company makes real estate investments?

Q10a. Quality of infrastructure, including transportation, utilities, telecommunications, etc.

Q10b. Quality of government, including transparency, accountability, and service delivery

Q10c. Quality of schools

Q10d. Availability of recreation and cultural attractions

Q10e. Tax structure, including development incentives, ongoing tax burden, etc.

Q10f. Regulations that encourage or discourage development

Q10g. Availability of a skilled workforce

Q10h. Consumer demand

Q11. Private: And in your experience, how important are the following infrastructure-related factors in influencing where your company makes real estate investments? [RANDOMIZED]

Q11a. Sufficient, well-maintained roads and bridges

Q11b. Sufficient, well-maintained bicycle infrastructure

Q11c. Sufficient, well-maintained sidewalks and pedestrian infrastructure

Q11d. Sufficient public transit services (bus and/or rail)

Q11e. Sufficient parking

Q11. Available car sharing or other new mobility services

Q11g. Good passenger connections to other cities via airplane, train, intercity bus, etc.

Q11h. Good freight infrastructure including ports and rail

Q11i. High quality water and wastewater systems

Q11j. Strong telecommunications systems and connectivity

Q11k. Clean air

Q111. Reliable and affordable energy

Q11m. Sufficient parks and open space

Q11n. Quality health care facilities such as hospitals and medical providers

Q12. Private: Thinking specifically about the city or metropolitan area where your own work is most concentrated (the place you identified above), how would you rate the current quality of the following aspects of its infrastructure? [RANDOMIZE]

Q12a. Roads and bridges

Q12b. Bicycle infrastructure

Q12c. Sidewalks and pedestrian infrastructure

Q12d. Public transit services (bus and/or rail)

Q12e. Parking

Q12f. Car sharing/new mobility services

Q12g. Passenger connections to other cities via airplane, train, intercity bus, etc.

Q12h. Freight infrastructure including ports and rail

Q12i. Water quality and wastewater treatment

Q12j. Telecommunications infrastructure

Q12k. Air quality

Q12I. Energy utilities

Q12m. Parks and open space

Q12n. Health care facilities such as hospitals and medical providers

Q13. Private: Thinking again about the city or metropolitan area where your work is most concentrated, how high a priority do you think should be given to each of these infrastructure improvements over the next ten years? [RANDOMIZE]

Q13a. Improved roads and bridges

Q13b. Improved bicycle infrastructure and services (such as bike share systems)

Q13c. Improved pedestrian infrastructure

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Q13d. Improved public transit services (bus and rail)

Q13e. Improved management of parking

Q13f. More car sharing or other transportation services

Q13g. Better passenger connections to other cities via airplane, train, intercity bus, etc.

Q13h. Better freight infrastructure including ports and rail

Q13i. Better water and wastewater infrastructure

- Q13j. Improved telecommunications infrastructure
- Q13k. Improved air quality
- Q13I. More reliable or high quality energy infrastructure
- Q13m. More parks and open space
- Q13n. Improved health care facilities

Q14. Private: And over the next ten years, how much of an impact do you think each of the following factors will have in shaping infrastructure and real estate investments in the city or metropolitan area where your work is most concentrated? [RANDOMIZE]

Q14a. Families with children choosing to live in your city or area

- Q14b. Growing demand for compact, walkable development
- Q14c. Climate change or extreme weather events
- Q14d. Cost and availability of energy

Q14e. Innovative or flexible parking policies (such as easing of minimum parking requirements, shared parking, ability to flex car parking for bike parking, etc.)

Q14f. Rise of car-sharing systems

Q14g. Increase and advances in technology (such as real time information for bus or train arrivals, remote payment systems, real time monitoring of energy usage, etc.)

Q14h. Use of pricing innovations to manage, operate, and pay for infrastructure (such as dynamic or variable pricing of roadways, smart meters with dynamic pricing, etc.)

Q14i. The public's willingness or ability to pay for infrastructure

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Q15. Private: How significant a role do you think each of the following will play in funding new infrastructure investments over the next ten years in the city or metropolitan area where your work is concentrated? [RANDOMIZE]

Q15a. User charges or fees

Q15b. Value capture strategies (for example, tax increment financing and special assessments)

Q15c. Joint development or cooperation between developers and local government

Q15d. Negotiated exactions (for example, development rights tied to infrastructure delivery)

Q15e. Income taxes or property taxes

Q15f. Contributions from federal/national government

Q15g. Contributions from state or provincial government

Q16. Private: In the city or metropolitan area where your work is concentrated, do you think enough attention is being paid to allocating resources for long-term operations and maintenance of infrastructure? [n=202]

Yes, it's usually an integrated part of decision making Some of the time No, the costs for operations and maintenance are usually neglected Don't know/Refused

Q17 (Open Ended). Private: In your opinion, what is the most important infrastructure-related barrier to increased real estate investment in the metropolitan area where your work is concentrated? [n=202]

Transportation Public transportation Roads/bridges/traffic Bicycle/pedestrian Airport/inter-city Parking Other/general Cost General, not enough funding Solutions, financing suggestions Political Lack of leadership/willingness to pay Lack of long-term planning Need regional collaboration Sprawl/poor land use decisions/lack of density Page 5

Bad regulation/ overregulation High taxes/fees Environmental regulations Environmental/water Groundwater, sewer, water utility issues Water availability Pollution, other environmental issues Other Maintenance, aging infrastructure Education, schools Land (values, availability, readiness for development) Affordable housing Internet/connectivity Freight/goods movement Keeping up with growth Economy/poverty/lack of jobs Energy costs All other Don't know/Refused

	Private Sector	Private Sector	Private Sector	Private Sector
IV	IV1 Comprehensive Plans	IV2 Zoning Policies	IV3 Financing Policies	DV RE Developers'
	(21)	(15)	(11)	choice to build (20)
1	Q10a	Q10f	Q10e	Q10b
2	Q10d	Q11a	Q14h	Q10c
3	Q10h	Q11d	Q14hi	Q10g
4	Q11b	Q11e	Q15a	Q11f
5	Q11c	Q11g	Q15b	Q11h
6	Q11i	Q12a	Q15c	Q11j
7	Q11k	Q12d	Q15c	Q11I
8	Q11m	Q12e	Q15d	Q12f
9	Q11n	Q12g	Q15e	Q12h
10	Q12b	Q13a	Q15f	Q12j
11	Q12c	Q13d	Q15g	Q12I
12	Q12i	Q13e		Q13f
13	Q12k	Q13g		Q13h
14	Q12m	Q14b		Q13j
15	Q12n	Q14e		Q13I
16	Q13b			Q14a
17	Q13c			Q14c
18	Q13i			Q14d
19	Q13k			Q14f
20	Q13m			Q14g
21	Q13n	11		

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# Appendix K: List for Target Healthy Communities/TNDs to Identify Real Estate

# Developers

Name of Village	City	State
Gorham's Bluff	Pisgah	AL
Hampstead	Montgomery	AL
Metropolitan Gardens	Birmingham	AL
Mt Laurel	Birmingham	AL
Tannin	Orange Beach	AL
Providence	Huntsville	AL
The Preserve	Hoover	AL
The Waters	Pike Road	AL
Trussville Springs	Trussville	AL
Agritopia	Gilbert	AZ
Laurel	Yuma	AZ
Mercado District of Menlo Park	Tuscon	AZ
Har-Ber Meadows	Springdale	AK
Rockwater Village	North Little Rock	AK
Midtown	Bryant	AK
Village at Hendrix	Conway	AK
101 San Fernando	San Jose	CA
Bay Meadows	San Mateo	CA
Britton Courts	San Francisco	CA
Central Petaluma	Petaluma	CA
Courtside Village	Santa Rosa	CA
Del Mar Station	Pasadena	CA
Doe Mill Neighborhood	Chico	CA
Downtown & Cannery Plans	Hayward	CA
Easter Hill	Richmond	CA
East Garrison	Monterey County	CA
Fruitvale Village	Oakland	CA
Gilroy Cannery	Gilroy	CA
Grand Central Square	Los Angeles	CA
Hercules Waterfront	Waterfront	CA
Liberty Station, San Diego	San Diego	CA
Mills Ranch	King City	CA

Mission Station	Pasadena	CA
Mountain View Downtown	Mountain View	CA
North Beach Place	San Francisco	CA
North Montclair Downtown	Montclair	CA
Parkview Neighborhood	Redding	CA
Pleasant Hill Transit Village	Contra Costa	CA
Richmond Transit Village	Richmond	CA
Rivermark	Sacramento	CA
Santana Row	San Jose	CA
Sonoma Mountain Village	Rohnert Park	CA
Suisun City Redevelopment	Suisun City	CA
Tassafaronga Village	Oakland	CA
Theatre District	Petaluma	CA
The Crossings	Mountain View	CA
Town Green Village,	Windsor	CA
Uptown District, San Diego	San Diego	CA
Valencia Gardens	San Francisco	CA
Victoria Gardens	Rancho Cucamonga	CA
Westgate Pasadena	Pasadena	CA
Yuba Central City	Yuba City	CA
Belmar	Lakewood	CO
Bradburn	Westminster	CO
Curtis Park	Denver	CO
Highlands' Garden Village	Denver	CO
Holiday Neighborhood	Boulder	CO
Iris Hollow	Boulder	CO
Lowell Neighborhood	Colorado Springs	CO
Lowry	Denver	CO
Pitchfork	Crested Butte	CO
Prospect	Longmont	CO
Riverfront Park	Denver	CO
South Main	Buena Vista	CO
Stapleton	Denver	CO
The Commons	Denver	CO
Three Springs	Durango	CO
Uptown Broadway	Boulder	CO
Wellington Neighborhood	Breckenridge	CO
Blue Back Square	West Hartford	СТ

Georgetown	Georgetown	СТ
Harbor Point	Stamford	CT
Storrs Center	Mansfield	СТ
Village of Eastlake	Wilmington	DE
Whitehall	Middletown	DE
Capitol Quarter	Washington	DC
Henson Ridge	Washington	DC
Townhomes on Capitol Hill	Washington	DC
Wheeler Creek Estates	Washington	DC
Alys Beach	Walton County	FL
Amelia Park	Fernandia Beach	FL
Aragon	Pensacola	FL
Avalon Park	Orlando	FL
Baldwin Park	Orlando	FL
Belmont Heights	Татра	FL
Botanica	Jupiter	FL
Bradenton Village	Bradenton	FL
Brytan	Gainesville	FL
Cagan Crossings	Clermont	FL
Cape Coral	Coral Plan	FL
Celebration	Osceola County	FL
City Place	West Palm	FL
Clematis Street	West Palm	FL
Downtown Kendall	Kendall	FL
Downtown Doral	Doral	FL
Evening Rose	Tallahassee	FL
Fifth Avenue South	Naples	FL
Fort Myers Downtown	Fort Myers	FL
Gillespie Park Village	Sarasota	FL
Haile Village Center	Alachua	FL
Harbour Place	Татра	FL
Horizon West	Orange County	FL
Longleaf	New Port Ritchey	FL
Miramar Town Center	Miramar	FL
Mizner Park	Boca Raton	FL
Naranja Urban Center	Miami	FL
Naranja Lakes	Miami	FL
Old San Carlos Boulevard	Fort Myers Beach	FL
Owl's Head	Freeport	FL

Park Avenue	Winter Park	FL
Pensacola Historic District	Pensacola	FL
Rosemary Beach	Walton County	FL
Sarasota Downtown	Sarasota	FL
Seacrest Beach	Walton County	FL
Seaside	Walton County	FL
South Miami Hometown	Miami	FL
Stuart Downtown	Stuart	FL
Tapestry Park	Jacksonville	FL
Tioga	Gainesville	FL
Watercolor	Walton	FL
West Palm Beach	West Palm Beach	FL
Winter Springs Town Center	Winter Springs	FL
Winthrop Village	Brandon	FL
Atlantic Station	Atlanta	GA
Beall's Hill	Macon	GA
Centennial Place	Atlanta	GA
Clark's Grove	Covington	GA
Collegetown at West End	Atlanta	GA
Glenwood Park	Atlanta	GA
Inman Park Village	Atlanta	GA
Lakewood	Athens	GA
Manget, Marietta	Marietta	GA
Meeting Park, Marietta	Marietta	GA
Savannah River Landing	Savannah	GA
Serenbe, Palmetto	Palmetto	GA
Seven Norcross	Norcross	GA
Suwanee Town Center	Suwanee	GA
Vickery Village	Cummings	GA
Villages at Carver	Atlanta	GA
Woodstock Downtown	Woodstock	GA
Mountainside Village	Victor	ID
Heart of Peoria	Peoria	IL
Horner Neighborhood	Chicago	IL
Legends South	Chicago	IL
Uptown Normal	Normal	IL
St. Charles Towne Centre	St. Charles	IL
University Village	Chicago	IL
Westhaven Park	Chicago	IL

Whistler Crossing	Riverdale	IL
Fall Creek Place	Indianapolis	IN
Lawrence Village at the Fort	Indianapolis	IN
Millenium Place	Muncie	IN
Saxony, Noblesville	Noblesville	IN
South Dunn Street	Bloomington	IN
Turner Trace, Avon	Avon	IN
Village of WestClay	Carmel	IN
Peninsula Neighborhood	Iowa City	IA
Prairie Trail, Ankeny	Ankeny	IA
Village of Ponderosa	West Des Moines	IA
Park Place, Leawood	Leawood	KS
Liberty Green	Louisille	KY
Park DuValle	Louisille	КҮ
Norton Commons	Prospect	КҮ
Acadia Plantation	Thibodaux	LA
Baton Rouge Downtown Plan	Baton Rouge	LA
Long Farm Village	Baton Rouge	LA
Olde Towne at Millcreek	Lafayette	LA
Provenance	Shreveport	LA
River Garden	New Orleans	LA
River Ranch	Lafayette	LA
Riverview	West Baton Rouge	LA
Settlement at Willow Grove	Baton Rouge	LA
Sugar Mill Pond	Youngsville	LA
TerraBella	Covington	LA
Village at Magnolia Square	Central	LA
Walnut Grove	Lake Charles	LA
Acton's Landing	Annapolis	MD
Albemarle Square	Baltimore	MD
Arts District Hyattsville	Hyattsville	MD
Crown	Gaithersburg	MD
East Baltimore	Baltimore	MD
East Street Extension	Frederick	MD
Harbor East	Baltimore	MD
Heritage Crossing	Crossing	MD
Kentlands	Gaithersburg	MD
King Farm	Rockville	MD
Lafayette Courts	Baltimore	MD

Lakelands	Gaithersburg	MD
Lexington Terrace	Baltimore	MD
Maple Lawn	Fulton	MD
Metro Centre at Owings Mills	Owings Mills	MD
Rockville Town Square	Rockville	MD
Silver Spring Downtown	Silver Spring	MD
Twinbrook Station	Rockville	MD
Westport Waterfront	Baltimore	MD
West Side Initiative	Baltimore	MD
White Flint	Bethesda	MD
Assembly Row	Somerville	MA
Churchill Homes	Holyoke	MA
Eastern Cambridge	Cambridge	MA
Harbor Point, Boston ,	Boston	MA
Homes at Old Colony	Boston	MA
Mashpee Commons	Mashpee	MA
NorthPoint, Cambridge	Cambridge	MA
Arborpoint at Station Landing	Medford	MA
University Park, Cambridge	Cambridge	MA
Celadon New Town	Grand Rapids	MI
Cottages at Lites Woods	Pentwater	MI
Forester Square	Augurn Hills	MI
Labadie Park	Wyandotte	MI
Macomb Town Center	Macomb	MI
Mason Run	Monroe	MI
New Neighborhood	Empire	MI
Town Commons	Howell	MI
Woodward Place at Brush Park	Detroit	MI
Excelsior & Grand	St. Louis Park	MN
Heart of the City	Burnsville	MN
Heritage Park	Minneapolis	MN
Lino Lakes Town Center	Lino Lakes	MN
Riverfront/Lowertown	St. Paul	MN
Wacouta Commons	St. Paul	MN
Cotton District	Starkville	MS
District at Eastover	Jackson	MS
Lost Rabbit	Madison County	MS
Midtown	Hattiesburg	MS
Plein Air	Taylor	MS

The Township at Colony Park	Ridgeland	MS
Tradition	Biloxi	MS
Crescent Creek	Raytown	MO
New Longview	Lee's Summit	MO
New Town at St. Charles	St. Charles	MO
Northgate Village	Kansas City	MO
Power & Light District	Kansas City	MO
Station Plaza	Kirkwood	MO
Village of Cherry Hill	Columbia	MO
Ho-Chunk Village	Winnebago	NE
Village Gardens	Lincoln	NE
Symphony Park	Las Vegan	NV
Baldwin's Run	Camden	NJ
Elizabethport	Elizabeth	NJ
Gateway at Carteret	Carteret	NJ
Landings at Harborside	Perth Amboy	NJ
Liberty Harbor North	Jersey City	NJ
Livingston Town Center	Livingston	NJ
Oceanfront Asbury	Asbury Park	NJ
Washington Town Center	Robbinsville	NJ
Wesmont Station	Wood-Ridge	NJ
Albuquerque Historic District	Albuquerque	NM
Campus at Albuquerque High	Albuquerque	NM
Mesa del Sol	Albuquerque	NM
Oshara Village	Santa Fe	NM
Averne by the Sea	Arverne	NY
Battery Park City	Manhattan	NY
Wyandanch Village	Wyandanch	NY
Afton Village	Concord	NC
Antiquity	Cornelius	NC
Birkdale Village	Huntersville	NC
Cheshire	Black Mountain	NC
Cline Village	Conover	NC
Devaun Park, Calabash	Calebash	NC
First Ward Place Apartments	Charlotte	NC
Gateway Commons	Winston-Salem	NC
Gateway Village	Charlotte	NC
Hickory City Center Master Plan	Hickory	NC
Locust Town Center	Locust	NC

Sanctuary Village	Franklin	NC
Southern Village	Chapel Hill	NC
Southside	Greensboro	NC
Spring Brook Meadows	High Point	NC
St. Albans Square	Davidson	NC
Vermillion	Huntersville	NC
Viewmont Square	Hickory	NC
Willow Oaks	Greensboro	NC
Woodsong	Shallotte	NC
Arbor Park Village	Cleveland	ОН
Arena District	Columbus	ОН
City West	Cincinnati	OH
New Haven	Barberton	OH
The Jeffery	Columbus	OH
Shaker Town Center	Shaker Heights	OH
The Banks	Cincinnati	OH
Carlton Landing	Eufaula	ОК
Country Club Gardens,	Tulsa	ОК
Bella Beach	Depoe Bay	OR
Belmont Dairy	Portand	OR
Brewery Blocks	Portand	OR
Crescent Village	Eugene	OR
Fairview Village	Portland	OR
New Columbia	Portand	OR
Northwest Crossing	Bend	OR
Olivia Beach	Lincoln City	OR
Orenco Station	Portand	OR
Pearl District	Portand	OR
Pringle Creek	Salem	OR
River Place	Portand	OR
South Waterfront	Portand	OR
The Round	Beaverton	OR
Village Wiestoria	Bend	OR
Villebois	Wilsonville	OR
Wilder	Newport	OR
Crawford Square	Pittsburgh	PA
Martin Luther King, Jr. Plaza	Philadelphia	PA
Oak Hill	Pittsburgh	PA
Sadsbury Park	Chester	PA

SouthSide Works	Pittsburgh	PA
Weatherstone	Chester	PA
Village at Valley Forge	Valley Forge	PA
Downcity Providence Plan	Providence	RI
Baxter Village	Fort Mills	SC
Canalside	Columbia	SC
Celia Saxon Neighborhood	Columbia	SC
Habersham	Beaufort	SC
Hammonds Ferry	North Augusta	SC
l'On	Mount Pleasant	SC
Market Common	Myrtle Beach	SC
Mixson Avenue	North Charleston	SC
Noisette	North Charleston	SC
Old Town Master Plan	Bluffton	SC
Patrick Square	Clemson	SC
Port Royal	Port Royal	SC
Carothers Crossing	Nashville	TN
Cowart Place	Chattanooga	TN
Lenox Village	Nashville	TN
Mechanicsville Commons	Knoxville	TN
Morgan Park Place	Nashville	TN
Pleasant View Village	Pleasant View	TN
The Gulch	Nashville	TN
Westhaven	Franklin	TN
Addison Circle	Addison	ТΧ
Austin Ranch	Dallas	ТΧ
Beachtown	Galveston	ТΧ
Cinnamon Shore	Port Aransas	ТΧ
The Domain	Austin	ТΧ
Eastside Village	Plano	ТΧ
Evia	Galveston	ТΧ
Frisco Square	Frisco	ТΧ
Home Town	N Richland Hills	ТΧ
Legacy Town Center	Plano	ТΧ
Mockingbird Station	Dallas	ТΧ
Mueller Redevelopment	Austin	ТΧ
Museum Place	Fort Worth	ТΧ
Plum Creek	Куlе	ТΧ
Regent Square	Houston	ТΧ

Southlake Town Square	Southlake	ТХ
The Triangle	Austin	ТΧ
Town Creek	New Braunfels	TX
Verano at City South	San Antonio	TX
Victoria Commons	San Antonio	TX
Victory Park	Dallas	TX
Village at Colleyville	Colleyville	TX
Vintage Township	Lubbock	TX
West Village	Dallas	TX
Daybreak	South Jordan	UT
Fairbourne Station	West Valley	UT
Heritage	Cedar City	UT
Cottonwood	Holladay	UT
Overlake	Tooele	UT
Arlington Square	Arlington	VA
Belmont Greene	Ashburn	VA
Cameron Station	Alexandria	VA
Carlyle/Eisenhower East	Alexandria	VA
City Center at Oyster Point	Newport News	VA
Market Common Clarendon	Arlington	VA
Columbia Pike	Arlington	VA
Daleville Town Center	Daleville	VA
Diggs Town	Norfolk	VA
East Beach	Norfolk	VA
Eisenhower East Plan	Alexandria	VA
Ladysmith Village	Ruther Glen	VA
Mosaic District	Fairfax	VA
Mt. Vernon Avenue Plan	Alexandria	VA
New Town	Williamsburg	VA
Norfolk Downtown	Norfolk	VA
Old Town Fairfax	Fairfax	VA
One Loudoun	Ashburn	VA
Pentagon Row	Arlington	VA
Potomac Yard	Alexandria	VA
Randolph Neighborhood	Richmond	VA
Rocketts Landing	Richmond	VA
Shirlington Village	Arlington	VA
Virginia Beach Town Center	Virginia Beach	VA
Westbury	Portsmouth	VA

High Point	Seattle	WA
Issaquah Highlands	Issaquah	WA
Kendall Yards	Spokane	WA
NewHolly/Othello Station	Seattle	WA
Ranier Vista	Seattle	WA
Salishan	Tacoma	WA
Seabrook	Pacific Beach	WA
Vancouver Center	Vancouver	WA
Vancouver City Center Vision	Vancouver	WA
Beerline River Homes	Milwaukee	WI
Cannery Square	Sun Prarie	WI
Harborpark	Kenosha	WI
Liberty Square	Sun Prarie	WI
Middleton Hills	Madison	WI
Providence	Sun Prarie	WI
Smith's Crossing	Sun Prarie	WI

## Appendix L: List of Target Age Restricted Active Communities to Identify Real Estate

## Developers

## Table L1

List of Target Age Restricted Active Communities to Identify Real Estate Developers

Community	<u>State</u>	<u>City</u>
The Legacy at Cary Creek	Alabama	Auburn-Opelika
Galleria Woods	Alabama	Birmingham
Mt Laurel	Alabama	Birmingham
LiveOak Village	Alabama	Foley
The Grove	Alabama	Foley
Danberry at Inverness	Alabama	Hoover
Ross Bridge	Alabama	Hoover
The Preserve Alabama	Alabama	Hoover
Hampton Cove	Alabama	Huntsville
The Village of Providence	Alabama	Huntsville
Capstone Village	Alabama	Tuscaloosa
Chester Park Cooperative	Alaska	Anchorage
Apache East	Arizona	Apache Junction
Bonita Vista Resort	Arizona	Apache Junction
Denali Park	Arizona	Apache Junction
Desert Harbor	Arizona	Apache Junction
Dolce Vita at Superstition Mountain	Arizona	Apache Junction
La Casa Blanca	Arizona	Apache Junction
La Hacienda RV Resort	Arizona	Apache Junction
Lost Dutchman	Arizona	Apache Junction
<u>Min-Ari</u>	Arizona	Apache Junction
Montesa at Gold Canyon	Arizona	Apache Junction
Mountainbrook Village	Arizona	Apache Junction
Palmas del Sol East	Arizona	Apache Junction
Rancho Mirage	Arizona	Apache Junction
Sun Valley	Arizona	Apache Junction
Sunrise RV Resort	Arizona	Apache Junction
Superstition Views	Arizona	Apache Junction
Meritage Homes at Sundance	Arizona	Buckeye
Sun City-Festival	Arizona	Buckeye

Sundance	Arizona	Buckeye
<u>Verrado</u>	Arizona	Buckeye
Victory at Verrado	Arizona	Buckeye
Fiesta RV Resort	Arizona	Bullhead City
Laughlin Ranch	Arizona	Bullhead City
The Reserve at Fox Creek	Arizona	Bullhead City
Ironwood Village	Arizona	Casa Grande
Mission Royale	Arizona	Casa Grande
Palm Creek Golf and RV Resort	Arizona	Casa Grande
Rancho Val Vista	Arizona	Casa Grande
Robson Ranch Arizona	Arizona	Casa Grande
Villa des Jardines	Arizona	Casa Grande
Evergreen Villa	Arizona	Chandler
IronOaks at Sun Lakes	Arizona	Chandler
Renaissance Luxury Retirement Living	Arizona	Chandler
Solera	Arizona	Chandler
SunBird	Arizona	Chandler
Cottonwood Village	Arizona	Cottonwood
Desert Gardens RV Park	Arizona	Florence
Sun City Anthem Merrill Ranch	Arizona	Florence
Trilogy at Power Ranch	Arizona	Gilbert
Val Vista Lakes	Arizona	Gilbert
Casa Del Sol Resort East	Arizona	Glendale
Stetson Hills	Arizona	Glendale
La Loma Village	Arizona	Goodyear
PebbleCreek	Arizona	Goodyear
Canoa Ranch	Arizona	Green Valley
Casa Paloma II	Arizona	Green Valley
Esperanze Estates	Arizona	Green Valley
Green Valley	Arizona	Green Valley
La Posada	Arizona	Green Valley
Las Campanas-Green Valley	Arizona	Green Valley
Legends at Santa Rita Springs	Arizona	Green Valley
Madera Highlands	Arizona	Green Valley
Quail Creek	Arizona	Green Valley
Sunrise Pointe	Arizona	Green Valley
The Links at Santa Rita Springs	Arizona	Green Valley
The Springs at Santa Rita	Arizona	Green Valley
Traditions at Desert Creek	Arizona	Green Valley

CastleRock Village	Arizona	Kingman
Apache Wells	Arizona	Mesa
Brentwood West	Arizona	Mesa
Crescent Run	Arizona	Mesa
Dreamland Villa	Arizona	Mesa
Encore at Eastmark AZ	Arizona	Mesa
Hacienda de Valencia	Arizona	Mesa
Las Palmas	Arizona	Mesa
Las Palmas Grand	Arizona	Mesa
Leisure World Arizona	Arizona	Mesa
Palm Gardens	Arizona	Mesa
Palmas Del Sol	Arizona	Mesa
Silveridge	Arizona	Mesa
Sunland Springs Village	Arizona	Mesa
Sunrise Village	Arizona	Mesa
Towerpoint Resort	Arizona	Mesa
Velda Rose Estates	Arizona	Mesa
Venture Out RV Resort	Arizona	Mesa
Verde Groves	Arizona	Mesa
ViewPoint Golf Resort	Arizona	Mesa
Sun City Oro Valley	Arizona	Oro Valley
<u>Vistoso Village</u>	Arizona	Oro Valley
Apollo Village	Arizona	Peoria
Blackstone at Vistancia	Arizona	Peoria
Casa del sol Resort West	Arizona	Peoria
Immanuel Campus of Care	Arizona	Peoria
Trilogy at Vistancia	Arizona	Peoria
Ventana Lakes	Arizona	Peoria
Vistancia	Arizona	Peoria
Westbrook Village	Arizona	Peoria
CantaMia AZ	Arizona	Phoenix
Central Park Village	Arizona	Phoenix
Desert Skies	Arizona	Phoenix
Gold Canyon RV and Golf Resort	Arizona	Phoenix
LifeStream Living	Arizona	Phoenix
Paradise North	Arizona	Phoenix
<u>Province</u>	Arizona	Phoenix
Sagewood	Arizona	Phoenix
Sunrise Heights	Arizona	Phoenix

Thunderbird Retirement Resort	Arizona	Phoenix
Whispering Palms	Arizona	Phoenix
Courtyards at the Gardens	Arizona	Prescott
Las Fuentes Resort Village	Arizona	Prescott
Orchard RV Resort	Arizona	Prescott
Pine Lakes	Arizona	Prescott
Talking Rock	Arizona	Prescott
The Gardens at Willow Creek	Arizona	Prescott
Victorian Estates	Arizona	Prescott
Victorian Estates	Arizona	Prescott
Rio Verde Country Club	Arizona	Rio Verde
Encanterra - A Trilogy Country Club	Arizona	San Tan Valley
Crescent Manor	Arizona	Scottsdale
DC Ranch	Arizona	Scottsdale
Heritage Village - Scottsdale Ranch	Arizona	Scottsdale
Maravilla Scottsdale	Arizona	Scottsdale
McDowell Mountain Ranch	Arizona	Scottsdale
Pueblo Sereno	Arizona	Scottsdale
Roadrunner Lake Resort	Arizona	Scottsdale
Tuscany at McCormick Ranch	Arizona	Scottsdale
Vi at Silverstone	Arizona	Scottsdale
Westminster Village	Arizona	Scottsdale
Brookfield at Verde Santa Fe	Arizona	Sedona
Sedona Shadows	Arizona	Sedona
Verde Santa Fe	Arizona	Sedona
Vista View Resort	Arizona	Sierra Vista
Winterhaven	Arizona	Sierra Vista
Grandview Terrace	Arizona	Sun City
Sun City	Arizona	Sun City
Sun City West	Arizona	Sun City
The Fountains at Sun City Apartments	Arizona	Sun City
Sun Lakes Arizona	Arizona	Sun Lakes
Arizona Traditions	Arizona	Surprise
Marley Park	Arizona	Surprise
Pueblo El Mirage	Arizona	Surprise
Sun Village	Arizona	Surprise
The Colonnade	Arizona	Surprise
Friendship Village Tempe	Arizona	Tempe
The Meadows	Arizona	Tempe

<u>The Barrio de Tubac</u>	Arizona	Tubac
Academy Village	Arizona	Tucson
Casa Del Oro Norte	Arizona	Tucson
Copper Crest	Arizona	Tucson
Country Club of La Cholla	Arizona	Tucson
Desert Pueblo Mobile Home Park	Arizona	Tucson
Fairview Manor	Arizona	Tucson
Rincon Country East	Arizona	Tucson
Rincon Country West RV Resort	Arizona	Tucson
<u>SaddleBrooke</u>	Arizona	Tucson
Splendido at Rancho Vistoso	Arizona	Tucson
The Highlands at Dove Mountain	Arizona	Tucson
Trails West Tucson	Arizona	Tucson
Tucson Meadows	Arizona	Tucson
<u>Villa Hermosa</u>	Arizona	Tucson
Coyote Creek	Arizona	Vail
<u>Westpark</u>	Arizona	Wickenburg
The Palms RV Resort	Arizona	Yuma
The Homes of Stonebrook Cove	Arkansas	Conway
Holiday Island AR	Arkansas	Eureka Springs
Butterfield Trail Village	Arkansas	Fayetteville
Forest Lakes Garden Homes	Arkansas	Hot Springs
FountainGlen at Jacaranda	California	Anaheim
Friendly Village La Habra	California	Anaheim
Trilogy at Glen Ivy	California	Anaheim
Walnut Village Retirement Community	California	Anaheim
Sun City Apple Valley	California	Apple Valley
<u>Victor Villa</u>	California	Apple Valley
Auburn Ravine Terrace	California	Auburn
Lake of The Pines	California	Auburn
Brighton Parks	California	Bakersfield
Solera at Kern Canyon	California	Bakersfield
Village Green	California	Bakersfield
Four Seasons at Beaumont	California	Banning
Highland Springs Country Club	California	Banning
Plantation on the Lake	California	Banning
Solera at Oak Valley Greens	California	Banning
Sun Lakes Country Club	California	Banning
Ashby Village	California	Berkeley

Berkeley Town House Cooperative	California	Berkeley
Grand Lake Gardens	California	Berkeley
Discovery Bay	California	Brentwood
Summerset Orchards	California	Brentwood
Trilogy at the Vineyards	California	Brentwood
Burbank Senior Artists Colony	California	Burbank
Friendly Village Simi	California	Camarillo
Leisure Village	California	Camarillo
Mission Oaks	California	Camarillo
Vallecito	California	Camarillo
Sycamore Glen Retirement Center	California	Chico
Claremont Manor Retirement Community	California	Claremont
Pilgrim Place	California	Claremont
Sunny View Retirement Community	California	Cupertino
Glenbrooke by Del Webb	California	Elk Grove
Eskaton Village	California	Grass Valley
Wolf Creek Lodge	California	Grass Valley
Clover Springs	California	Healdsburg
Four Seasons at Hemet	California	Hemet
Golden Village Palms	California	Hemet
Maravilla Estates	California	Hemet
Perris Station	California	Hemet
Royal Holiday	California	Hemet
Ryland Oasis	California	Hemet
Solera at Diamond Valley Del Webb	California	Hemet
The Colony	California	Hemet
The Oasis	California	Hemet
Four Seasons at Terra Lago	California	Indio
Heritage Palms Golf Club	California	Indio
Portola Country Club	California	Indio
Sun City Shadow Hills by Del Webb	California	Indio
Trilogy at The Polo Club	California	Indio
Azulon at Mesa Verde	California	Irvine
Jackson View Active Adult Community	California	Jackson
Casa de Manana	California	La Jolla
Chateau LaJolla Inn	California	La Jolla
The White Sands at La Jolla	California	La Jolla
Vi at La Jolla Village	California	La Jolla
El Toro Mobile Estates	California	Laguna Woods

Laguna Woods Village	California	Laguna Woods
The Covington	California	Laguna Woods
The Willows Community	California	Laguna Woods
Heritage Estates	California	Livermore
Palos Verdes Shores	California	Long Beach
Ramona Park Senior Apartments	California	Long Beach
The Canterbury	California	Long Beach
Belcaro	California	Los Angeles
Friendly Valley	California	Los Angeles
Kingsley Manor Retirement Community	California	Los Angeles
Mountview	California	Los Angeles
Nantucket Creek	California	Los Angeles
NOHO Senior Artists Community	California	Los Angeles
Primera Terra	California	Los Angeles
Shady Grove at Dos Lagos	California	Los Angeles
Teramachi Homes	California	Los Angeles
The Palms	California	Los Angeles
Coralwood	California	Manteca
Woodbridge by Del Webb	California	Manteca
Yosemite Gardens	California	Manteca
Casta del Sol	California	Mission Viejo
Gavilan	California	Mission Viejo
Palmia	California	Mission Viejo
Napa Valley Community	California	Napa
Blacklake Village	California	Nipomo
Costa Serena	California	Oceanside
Emerald Lake Village	California	Oceanside
Ocean Hills Country Club	California	Oceanside
<u>Oceana</u>	California	Oceanside
Pacifica	California	Oceanside
Pilgrim Creek Estates	California	Oceanside
Villa Trieste	California	Oceanside
Seabridge	California	Oxnard
Palm Desert Greens Country Club	California	Palm Desert
Sun City Palm Desert	California	Palm Desert
Villa Portofino-Palm Desert	California	Palm Desert
<u>4 Seasons at Palm Springs</u>	California	Palm Springs
Avant at Escena Palm Springs	California	Palm Springs
Caliente Springs	California	Palm Springs

Date Palm Country Club	California	Palm Springs
Desert Shadows	California	Palm Springs
Royal Palms California	California	Palm Springs
Sands RV and Golf Resort	California	Palm Springs
Sky Valley Resorts	California	Palm Springs
The Fountains at The Carlotta	California	Palm Springs
Trilogy at La Quinta	California	Palm Springs
Watercolors	California	Palm Springs
MonteCedro	California	Pasadena
Villa Gardens Retirement Community	California	Pasadena
The Village at Ironwood	California	Pleasanton
The Vineyard	California	Redding
Tuscany Villas	California	Redding
Trilogy at Rio Vista	California	Rio Vista
Alta Laguna	California	Riverside
Altavita	California	Riverside
Cambria at Riverwalk	California	Riverside
Leisure Pointe	California	Riverside
Loma Linda Springs	California	Riverside
Plaza at Sierra	California	Riverside
Riverside Meadows	California	Riverside
Victoria Springs	California	Riverside
Sierra Regency	California	Roseville
Sun City Lincoln Hills	California	Roseville
Sun City Roseville	California	Roseville
The Club by Del Webb	California	Roseville
Arcade Creek Manor	California	Sacramento
Four Seasons Westshore	California	Sacramento
Saddle Creek Resort	California	Sacramento
Springfield at Whitney Oaks	California	Sacramento
Winding Commons	California	Sacramento
Cotton Point Senior Apartments	California	San Clemente
Rancho Alipaz	California	San Clemente
San Clemente Villas by the Sea	California	San Clemente
Shorecliffs Terrace	California	San Clemente
Talega Gallery	California	San Clemente
The Fountains at Sea Bluffs	California	San Clemente
Carlsbad By The Sea Retirement Community	California	San Diego
Casa de las Campanas	California	San Diego

Casa de Manana Retirement Community	California	San Diego
Chateau Lake San Marcos	California	San Diego
Fredericka Manor Retirement Community	California	San Diego
High Country Villas	California	San Diego
Oaks North	California	San Diego
Pacific Regent La Jolla	California	San Diego
Paradise Village	California	San Diego
Rancho Mesa	California	San Diego
Rancho Monserate	California	San Diego
Rio Bend RV and Golf Resort	California	San Diego
Santaluz	California	San Diego
Seven Oaks	California	San Diego
Wesley Palms Retirement Community	California	San Diego
The Villages Golf and Country Club	California	San Jose
Valley Village	California	San Jose
Versailles	California	San Jose
Las Brisas	California	San Luis Obispo
Sea Oaks	California	San Luis Obispo
Sunrise Terrace	California	San Luis Obispo
Trilogy Central Coast	California	San Luis Obispo
Smith Ranch Homes	California	San Rafael
Hummel Village	California	Santa Barbara
Vista Del Monte Retirement Community	California	Santa Barbara
Oakmont Village	California	Santa Rosa
The Orchard	California	Santa Rosa
Huntington Landmark	California	Seal Beach
Leisure World Seal Beach	California	Seal Beach
Temelec	California	Sonoma
Parkview Court	California	Torrance
Sol y Mar	California	Torrance
Rancho Vista	California	Vista
<u>Shadowridge</u>	California	Vista
Byron Park	California	Walnut Creek
Heritage Pointe	California	Walnut Creek
Rossmoor Walnut Creek	California	Walnut Creek
Heather Gardens	Colorado	Aurora
Heritage Eagle Bend	Colorado	Aurora
Villas at Great Plains Park	Colorado	Aurora
Carillon at Boulder Creek	Colorado	Boulder

Hover Place	Colorado	Boulder
Latitude at Vista Ridge	Colorado	Boulder
Silver Sage Village	Colorado	Boulder
Highland Trail	Colorado	Broomfield
Skyestone	Colorado	Broomfield
The Avenues Crofton Park	Colorado	Broomfield
Cheyenne Place	Colorado	Colorado Springs
La Cresta Mobile Estates	Colorado	Colorado Springs
MacKenzie Place at Colorado Springs	Colorado	Colorado Springs
Stonebridge	Colorado	Colorado Springs
Sunridge	Colorado	Colorado Springs
Wolf Ranch	Colorado	Colorado Springs
<u>1375 High Street</u>	Colorado	Denver
Anthem Ranch	Colorado	Denver
Bay Bridge Condominiums	Colorado	Denver
Bear Creek Village	Colorado	Denver
Cottage Hill Senior Apartments	Colorado	Denver
Fairway Villas at Green Valley Ranch	Colorado	Denver
Heritage at Todd Creek	Colorado	Denver
Highlands Village Garden	Colorado	Denver
Holiday Hills Village	Colorado	Denver
The Grove at Stapleton	Colorado	Denver
Vi at Highlands Ranch	Colorado	Denver
Windsor Gardens	Colorado	Denver
Three Springs	Colorado	Durango
Rocky Mountain Village	Colorado	Evergreen
MacKenzie Place at Fort Collins	Colorado	Fort Collins
Skyline	Colorado	Fort Collins
Sunflower	Colorado	Fort Collins
Village at Country Creek	Colorado	Fruita
Parkview Villas at Golden	Colorado	Golden
Picture Ranch MHC	Colorado	Grand Junction
The Cottages of Hilltop Community Resources	Colorado	Grand Junction
Pelican Lake Ranch	Colorado	Greeley
West T-Bone Ranch	Colorado	Greeley
Gleneagles Village	Colorado	Highlands Ranch
Verona	Colorado	Highlands Ranch
Concordia on the Lake	Colorado	Littleton
GrandView of Roxborough	Colorado	Littleton

The Ridge at Stony Creek	Colorado	Littleton
MacKenzie Place at Ridgegate	Colorado	Lone Tree
Balfour Senior Living	Colorado	Louisville
Mirasol Senior Living Community	Colorado	Loveland
Water Valley	Colorado	Windsor
Chatfield Farms	Connecticut	Beacon Falls
Pond Spring Village	Connecticut	Beacon Falls
Theresa A. Rook Retirement Community	Connecticut	Beacon Falls
Beckley Farms	Connecticut	Berlin
North Woods of Colchester	Connecticut	Colchester
Village at Colchester	Connecticut	Colchester
Lakeview by JENSEN communities	Connecticut	Danbury
Newbury Village	Connecticut	Danbury
Rivington	Connecticut	Danbury
The Summit at Bethel	Connecticut	Danbury
Meetinghouse Village of Durham	Connecticut	Durham
Stagecoach Farms	Connecticut	Durham
Watermark at 3030 Park	Connecticut	Fairfield
Seabury	Connecticut	Farmington
The Village at Buckingham	Connecticut	Farmington
Thames Edge at Fairview	Connecticut	Groton
The Gables at Guilford	Connecticut	Guilford
Beechwood by JENSEN communities	Connecticut	Killingworth
Chester Village West	Connecticut	Killingworth
Madison Landing	Connecticut	Madison
The Hammocks on Long Island Sound	Connecticut	Madison
The Hearth at Tuxis Pond	Connecticut	Madison
Bella Vista New Haven	Connecticut	New Haven
Seacrest Retirement Center	Connecticut	New Haven
Whitney Center	Connecticut	New Haven
Tall Oaks on the River	Connecticut	New Milford
Liberty at Newtown	Connecticut	Newtown
The Woods at Newtown	Connecticut	Newtown
Chapman Woods	Connecticut	Niantic
Whiting Farms Commons	Connecticut	Niantic
Eden Harbour	Connecticut	Old Saybrook
Yankee Village by JENSEN communities	Connecticut	Old Saybrook
Fieldstone Village	Connecticut	Orange
Fairview at Oxford Greens by Del Webb	Connecticut	Oxford CT

Meadow Brook Estates	Connecticut	Oxford CT
RiverBend Estates	Connecticut	Oxford CT
Oak Grove by JENSEN communities	Connecticut	Plainville
The Powder Forest	Connecticut	Simsbury
Pomperaug Woods	Connecticut	Southbury
The Hearth at Southbury	Connecticut	Southbury
The Watermark at East Hill	Connecticut	Southbury
Cedar Springs by JENSEN communities	Connecticut	Southington
Forest Hill by JENSEN communities	Connecticut	Southington
Three Gardens by JENSEN communities	Connecticut	Southington
Edgehill Senior Living	Connecticut	Stamford
Old Mystic Estates at Stonington	Connecticut	Stonington
Rolling Hills by JENSEN communities	Connecticut	Storrs
Maple Oak Reserve	Connecticut	Stratford
Oronoque Village	Connecticut	Stratford
Greendale Village	Connecticut	Suffield
Lakeside by JENSEN communities	Connecticut	Terryville
Hillcrest by JENSEN communities	Connecticut	Uncasville
Laurel Heights by JENSEN communities	Connecticut	Uncasville
Marina Cove by JENSEN communities	Connecticut	Uncasville
Cheshire Crossing	Connecticut	Wallingford
Masonicare at Ashlar Village	Connecticut	Wallingford
Regency at Prospect	Connecticut	Wallingford
Grove Beach by JENSEN communities	Connecticut	Westbrook
New England Village by JENSEN communities	Connecticut	Westbrook
Cedar Bay Condominiums	Delaware	Bethany Beach
Heritage Shores	Delaware	Bridgeville
Barclay Farms	Delaware	Dover
Longacre Village	Delaware	Dover
Noble's Pond	Delaware	Dover
High Point Park	Delaware	Frederica
Bay Crossing	Delaware	Lewes
Heritage Creek	Delaware	Lewes
<u>Senators</u>	Delaware	Lewes
Sussex West	Delaware	Lewes
Village of Cinderberry	Delaware	Lewes
Champions Club at Jonathans Landing	Delaware	Magnolia
Southern Meadow	Delaware	Magnolia
Four Seasons at Silver Maple	Delaware	Middletown

Spring Arbor	Delaware	Middletown
The Ponds at Bayberry South	Delaware	Middletown
Fork Landing	Delaware	Milford
Independence Millsboro	Delaware	Millsboro
Plantation Lakes	Delaware	Millsboro
The Peninsula on The Indian River	Delaware	Millsboro
<u>Cedar Valley</u>	Delaware	Rehoboth Beach
Peninsula at Indian River Bay	Delaware	Rehoboth Beach
Bon Ayre	Delaware	Smyrna
Spring Meadow	Delaware	Smyrna
The Villages of Eastridge	Delaware	Smyrna
Willowwood	Delaware	Smyrna
Legacy at Odessa National	Delaware	Townsend
Courtyards at Brandywine	Delaware	Wilmington-DE
Milltown Village	Delaware	Wilmington-DE
Rockland Place	Delaware	Wilmington-DE
Lake Forest Park	Florida	Abacoa
Lake Forest Park	Florida	Abacoa
<u>Somerset</u>	Florida	Abacoa
<u>Somerset</u>	Florida	Abacoa
Windsor Park	Florida	Abacoa
Windsor Park	Florida	Abacoa
Lake Blue	Florida	Auburndale
Lake Juliana Landings	Florida	Auburndale
The Hamptons	Florida	Auburndale
Westside Ridge	Florida	Auburndale
Del Webb Naples Community	Florida	Ave Maria
Middlebrooke	Florida	Ave Maria
Floral Lakes	Florida	Bartow
Boca del Mar	Florida	Boca Raton
Century Village in Boca Raton	Florida	Boca Raton
St. Andrews Estates	Florida	Boca Raton
Carousel Cove	Florida	Bonita Springs
The Brooks	Florida	Bonita Springs
The Terraces at Bonita Springs	Florida	Bonita Springs
Canyon Trails	Florida	Boynton Beach
Cascade Lakes	Florida	Boynton Beach
Coral Lakes	Florida	Boynton Beach
Indian Springs Country Club	Florida	Boynton Beach

Maralago Cay	Florida	Boynton Beach
Palm Isles	Florida	Boynton Beach
Ponte Vecchio	Florida	Boynton Beach
The Cascades at Boynton Beach, Florida	Florida	Boynton Beach
The Club at Indian Lakes	Florida	Boynton Beach
<u>Tivoli Lakes</u>	Florida	Boynton Beach
Valencia Pointe	Florida	Boynton Beach
Valencia Reserve	Florida	Boynton Beach
Valencia Shores	Florida	Boynton Beach
Venetian Isles Boynton Beach	Florida	Boynton Beach
Villaggio	Florida	Boynton Beach
Bayshore Windmill Village	Florida	Bradenton
Bradenton Tropical Palms	Florida	Bradenton
Central Park at Lakewood Ranch	Florida	Bradenton
Chateau Village	Florida	Bradenton
Discovery Village at Sarasota Bay	Florida	Bradenton
Harbour Isle	Florida	Bradenton
Hawaiian Village	Florida	Bradenton
Pleasant Lake	Florida	Bradenton
Terra Ceia Manor	Florida	Bradenton
Waterside Club	Florida	Bradenton
Windmill Manor	Florida	Bradenton
Gulf Coast Village	Florida	Cape Coral
Chiefland Astronomy Village	Florida	Chiefland
Bay Aristocrat Village	Florida	Clearwater
Doral Village	Florida	Clearwater
Down Yonder	Florida	Clearwater
Shady Lane Oaks	Florida	Clearwater
Shangri La	Florida	Clearwater
The Barrington	Florida	Clearwater
Esplanade at Highland Ranch	Florida	Clermont
Heritage Hills	Florida	Clermont
Kings Ridge	Florida	Clermont
Outdoor Resorts of Orlando	Florida	Clermont
Summit Greens	Florida	Clermont
Timber Village	Florida	Clermont
Woodlands at Church Lake	Florida	Clermont
Lost Lakes	Florida	Сосоа
Wynmoor Village	Florida	Coconut Creek

Ridge Manor Mobile Home Park	Florida	Dade City
Southfork Mobile Home Community	Florida	Dade City
The Highlands at Scotland Yard	Florida	Dade City
Del Webb at Orlando	Florida	Davenport
High Vista in Ridgewood Lakes	Florida	Davenport
Bear Creek	Florida	Daytona Beach
Carriage Cove	Florida	Daytona Beach
Colonial Colony South	Florida	Daytona Beach
Crane Lakes	Florida	Daytona Beach
Holly Forest	Florida	Daytona Beach
Huntington Village	Florida	Daytona Beach
Lakeview Estates	Florida	Daytona Beach
Maplewood Estates	Florida	Daytona Beach
Sterling Court	Florida	Daytona Beach
Kings Lake	Florida	Debary
Century Village	Florida	Deerfield Beach
Pine Tree Park	Florida	Deerfield Beach
Cresswind Victoria Gardens	Florida	DeLand
Victoria Park	Florida	DeLand
Abbey Delray South	Florida	Delray Beach
Four Seasons at Delray Beach	Florida	Delray Beach
Harbour's Edge	Florida	Delray Beach
Huntington Lakes	Florida	Delray Beach
Huntington Pointe	Florida	Delray Beach
Kings Point Delray	Florida	Delray Beach
Lakes of Delray	Florida	Delray Beach
Pine Ridge of Delray	Florida	Delray Beach
Valencia Falls	Florida	Delray Beach
Villaggio Reserve	Florida	Delray Beach
Lake Haven	Florida	Dunedin
Spruce Creek Preserve	Florida	Dunnellon
Eastern Shores	Florida	Edgewater
Edgewater Landing	Florida	Edgewater
Hacienda Del Rio	Florida	Edgewater
Magnolia Village	Florida	Edgewater
The Cascades at Estero	Florida	Estero
Amelia Walk	Florida	Fernandina Beach
Bulow Plantation	Florida	Flagler Beach
Plantation Oaks	Florida	Flagler Beach

Park City WestFloridaFort LauderdaleAqua Isles, Mobile Home and RV Retirement CommunityFloridaFort MyersCinnamon CoveFloridaFort MyersCinnamon CoveFloridaFort MyersCypress CoveFloridaFort MyersDel Tura Country ClubFloridaFort MyersHeritage CoveFloridaFort MyersHorizon Village Co-opFloridaFort MyersLazy Days VillageFloridaFort MyersOrange Harbor Co-OpFloridaFort MyersPine Lakes Country ClubFloridaFort MyersSerendipityFloridaFort MyersSeven Lakes Golf and Tennis CommunityFloridaFort MyersSeven Lakes Golf and Tennis CommunityFloridaFort MyersSix Lakes Country ClubFloridaFort MyersSix Lakes Country ClubFloridaFort MyersSix Lakes Country ClubFloridaFort MyersSix Lakes Country ClubFloridaFort MyersTamiami VillageFloridaFort MyersSix Lakes Country ClubFloridaFort MyersTamiami VillageFloridaFort MyersTamiami VillageFloridaFort MyersSandhill ShoresFloridaFort MyersCome SoresFloridaGainesvilleThe VillageFloridaGainesvilleThe VillageFloridaGainesvilleThe VillageFloridaHaines CityPlantation LandingsFloridaHaines City <t< th=""><th>Forest Trace</th><th>Florida</th><th>Fort Lauderdale</th></t<>	Forest Trace	Florida	Fort Lauderdale
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Fleet LandingFloridaJacksonvillePenney Retirement CommunityFloridaJacksonville	Eagle Harbor	Florida	Jacksonville
Penney Retirement Community Florida Jacksonville	Eagle Landing at Oakleaf Plantation	Florida	Jacksonville
	Fleet Landing	Florida	Jacksonville
Sweetwater by Del Webb Florida Jacksonville	Penney Retirement Community	Florida	Jacksonville
	Sweetwater by Del Webb	Florida	Jacksonville

Westminster Woods Julington	Florida	Jacksonville
Ocean Breeze	Florida	Jensen Beach
Pinelake Village	Florida	Jensen Beach
The Waterford	Florida	Juno Beach
Abacoa	Florida	Jupiter
<b>Riverwalk Pointe at Mangrove Bay</b>	Florida	Jupiter
Harmony	Florida	Kissimmee
<u>Solivita</u>	Florida	Kissimmee
Solivita Basic	Florida	Kissimmee
Whispering Pines Community	Florida	Kissimmee
Lexington Park	Florida	Lady Lake
Water Oak Country Club Estates	Florida	Lady Lake
Cypress Greens	Florida	Lake Alfred
Kings Pointe	Florida	Lake Alfred
Leisure Homes	Florida	Lake Alfred
Heathrow Country Club	Florida	Lake Mary
Lake Ashton	Florida	Lake Wales
Nalcrest	Florida	Lake Wales
<u>Ariana Village</u>	Florida	Lakeland
Beacon Terrace	Florida	Lakeland
Cypress Lakes	Florida	Lakeland
Lake Pointe Village	Florida	Lakeland
Lakeland Junction	Florida	Lakeland
Mas Verde Estates	Florida	Lakeland
Mount Olive Shores	Florida	Lakeland
Mount Olive Shores North	Florida	Lakeland
Pine Ridge	Florida	Lakeland
Woodbrook Estates	Florida	Lakeland
Lakewood Ranch Community	Florida	Lakewood Ranch
Arlington Ridge	Florida	Leesburg-FL
Grand Island Resort	Florida	Leesburg-FL
Hawthorne at Leesburg	Florida	Leesburg-FL
Lake Griffin Harbor	Florida	Leesburg-FL
Lakes at Leesburg	Florida	Leesburg-FL
Legacy of Leesburg	Florida	Leesburg-FL
Mid Florida Lakes	Florida	Leesburg-FL
Pennbrooke Fairways	Florida	Leesburg-FL
Royal Highlands	Florida	Leesburg-FL
Sunlake Estates	Florida	Leesburg-FL

Village on the Green	Florida	Longwood
Alamanda Key	Florida	Melbourne
Glenbrooke at Palm Bay	Florida	Melbourne
Heritage Isle	Florida	Melbourne
Heritage Isle Manors	Florida	Melbourne
Indian River Colony Club	Florida	Melbourne
Lakes of Melbourne	Florida	Melbourne
Lakes of Melbourne	Florida	Melbourne
Lamplighter Village	Florida	Melbourne
Pine Creek	Florida	Melbourne
Sonata at Melbourne	Florida	Melbourne
Viera	Florida	Melbourne
<u>Viera</u>	Florida	Melbourne
Coastal Senior Living - Banana River Villas	Florida	Merritt Island
Courtenay Springs Village	Florida	Merritt Island
Island Lakes	Florida	Merritt Island
Island Village	Florida	Merritt Island
The Palace at Coral Gables	Florida	Miami
The Palace Suites	Florida	Miami
Lakes of Mount Dora	Florida	Mount Dora
Southernaire	Florida	Mount Dora
Waterman Village	Florida	Mount Dora
Cedar Hammock	Florida	Naples
Lake San Marino	Florida	Naples
Landmark Naples	Florida	Naples
Marco Shores Estates	Florida	Naples
Moorings Park	Florida	Naples
Naples Estates N.E.H.A.	Florida	Naples
Pelican Marsh	Florida	Naples
Regatta Landing at Windstar	Florida	Naples
Sandlewood Village	Florida	Naples
Tall Oaks	Florida	Naples
The Isles of Collier Preserve	Florida	Naples
VeronaWalk	Florida	Naples
<u>VI at Bentley Villlage</u>	Florida	Naples
Windjammer Village	Florida	Naples
Country Place	Florida	New Port Richey
Cross Creek at Summertree	Florida	New Port Richey
Hacienda Village	Florida	New Port Richey

Timber Greens	Florida	New Port Richey
Quail Hollow	Florida	New Smyrna Beach
Coastal Oaks at Nocatee	Florida	Nocatee
Harbor Cove Waterfront Resident-Owned	Florido	North Dort
Community	Florida	North Port
Fairfield Village	Florida	Ocala, FL
Foxwood Farms	Florida	Ocala, FL
Golden Pond Village	Florida	Ocala, FL
<u>Oak Run</u>	Florida	Ocala, FL
Ocala Palms	Florida	Ocala, FL
On Top of the World Ocala	Florida	Ocala, FL
Rolling Greens	Florida	Ocala, FL
Saddle Oak Club	Florida	Ocala, FL
Spring Lake Village	Florida	Ocala, FL
Spruce Creek by Del Webb	Florida	Ocala, FL
Stone Creek Del Webb	Florida	Ocala, FL
<u>Stonecrest</u>	Florida	Ocala, FL
SummerGlen	Florida	Ocala, FL
Sweetwater Oaks	Florida	Ocala, FL
The Falls of Ocala	Florida	Ocala, FL
The Villas at Spanish Oaks	Florida	Ocala, FL
Orange Tree Village	Florida	Orange City
Villa Grande on Saxon	Florida	Orange City
Fleming Island Plantation	Florida	Orange Park
Avalon Park	Florida	Orlando
BellaTrae at Championsgate	Florida	Orlando
Gulfstream Harbor	Florida	Orlando
Hidden Valley	Florida	Orlando
Lakeshore Landings	Florida	Orlando
Oakmonte Village	Florida	Orlando
<u>Silver Star</u>	Florida	Orlando
Starlight Ranch	Florida	Orlando
Swan Lake Estates	Florida	Orlando
Trilogy Orlando	Florida	Orlando
Village Walk at Lake Nona	Florida	Orlando
Baywinds	Florida	Palm Beach
Century Village-West Palm Beach	Florida	Palm Beach
Cypress Trail	Florida	Palm Beach
Devonshire at PGA National	Florida	Palm Beach

La Posada at Palm Beach Gardens	Florida	Palm Beach
Palm Lake Co-Op	Florida	Palm Beach
RiverWalk Palm Beach	Florida	Palm Beach
Grand Landings	Florida	Palm Coast
Colony Cove	Florida	Palmetto
Country Lakes Village	Florida	Palmetto
Fiesta Grove	Florida	Palmetto
Cedar Woods at Watercolor	Florida	Panama City
Century Village in Pembroke Pines	Florida	Pembroke Pines
Hollybrook Golf and Tennis Club	Florida	Pembroke Pines
Carrington	Florida	Pensacola
University Pines	Florida	Pensacola
The Meadows and Arbors at Countrywood	Florida	Plant City
Del Webb at Ponte Vedra	Florida	Ponte Vedra
Maple Leaf Golf and Country Club	Florida	Port Charlotte
Port Charlotte Village	Florida	Port Charlotte
Vizcaya Lakes	Florida	Port Charlotte
Briarwood	Florida	Port Orange
La Costa Village	Florida	Port Orange
Lamplighter	Florida	Port Orange
Lighthouse Pointe at Daytona Beach	Florida	Port Orange
Villages of Royal Palm	Florida	Port Orange
Cascades At St. Lucie West	Florida	Port Saint Lucie
Kings Isle	Florida	Port Saint Lucie
Savanna Club	Florida	Port Saint Lucie
Spanish Lakes	Florida	Port Saint Lucie
The Brennity at Port St. Lucie	Florida	Port Saint Lucie
TownPark at Tradition	Florida	Port Saint Lucie
Tradition	Florida	Port Saint Lucie
Vitalia at Tradition	Florida	Port Saint Lucie
Alligator Park	Florida	Punta Gorda
Blue Heron Pines	Florida	Punta Gorda
Buttonwood Village	Florida	Punta Gorda
Emerald Lake	Florida	Punta Gorda
River Haven	Florida	Punta Gorda
Tropical Palms Punta Gorda	Florida	Punta Gorda
Windmill Village	Florida	Punta Gorda
Hawaiian Isles RV Resort	Florida	Ruskin
Riverside Club	Florida	Ruskin

Cascades at World Golf VillageFloridaSaint AugustineCoquina CrossingFloridaSaint AugustineSouth HamptonFloridaSaint AugustineAmericana CoveFloridaSaint PetersburgBoca Ciega Point CondominiumsFloridaSaint PetersburgEmmanuel Manor Assisted Living FacilityFloridaSaint PetersburgPark RoyaleFloridaSaint PetersburgPark RoyaleFloridaSaint PetersburgThe Fountains at Boca Ciega BayFloridaSaint PetersburgThe Princess MarthaFloridaSaint PetersburgVillage Green St. PetersburgFloridaSaint PetersburgBahia Vista EstatesFloridaSarasotaCamelot LakesFloridaSarasotaCascades of SarasotaFloridaSarasotaCascades of SarasotaFloridaSarasotaCascades of SarasotaFloridaSarasotaPalmer RanchFloridaSarasotaRoyal PalmsFloridaSarasotaSarasota Bay ClubFloridaSarasotaThe Fountains at Lake Pointe WoodsFloridaSarasotaThe Vinds of St. Armands NorthFloridaSarasotaThe Vinds of St. Armands North </th <th></th> <th></th> <th></th>			
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	Wellington at Seven Hills	Florida	Spring Hill

Indian Pines	Florida	Stuart
Miles Grant Country Club	Florida	Stuart
Monterey Yacht and Country Club	Florida	Stuart
Pinelake Gardens	Florida	Stuart
Freedom Plaza at Sun City Center	Florida	Sun City Center
Kings Point	Florida	Sun City Center
Sun City Center	Florida	Sun City Center
Sun City Center Old TR	Florida	Sun City Center
Westminster Oaks	Florida	Tallahassee
Fish Hawk Ranch	Florida	Tampa
Fountainview	Florida	Татра
Lakeshore Villas	Florida	Tampa
Southshore Falls Del Webb	Florida	Tampa
StrawBerry Ridge Community	Florida	Татра
Sun City Center Tampa	Florida	Tampa
The Groves	Florida	Татра
University Village	Florida	Tampa
Waterset	Florida	Tampa
Winward Lakes	Florida	Tampa
Winward Lakes	Florida	Tampa
Winward Lakes	Florida	Tampa
Chesapeake Point Co-op	Florida	Tarpon Springs
Village of Lakeside Landings	Florida	The Villages
Alameda Isles	Florida	Venice
Bay Indies	Florida	Venice
Grand Palm	Florida	Venice
IslandWalk at West Villages	Florida	Venice
Jacaranda Trace	Florida	Venice
Venetian Falls	Florida	Venice
Venice Isle	Florida	Venice
Countryside at Vero Beach	Florida	Vero Beach
Heron Cay	Florida	Vero Beach
Indian River Estates West	Florida	Vero Beach
Oak Harbor Club	Florida	Vero Beach
<u>Vista Royale</u>	Florida	Vero Beach
Waterway Village	Florida	Vero Beach
<u>Woodfield</u>	Florida	Vero Beach
<u>Hyde Park</u>	Florida	Winter Garden
Cypress Creek Village	Florida	Winter Haven

Four Lakes Club	Florida	Winter Haven
Lakeridge Condominiums	Florida	Winter Haven
Traditions	Florida	Winter Haven
Leisure Days	Florida	Zephyrhills
Ramblewood Mobile Home Community	Florida	Zephyrhills
Del Webb Village at Deaton Creek	Georgia	Alpharetta
Parc Alpharetta	Georgia	Alpharetta
The Cottages of Monroe	Georgia	Athens
Atlantic Station	Georgia	Atlanta
Bel-Aire	Georgia	Atlanta
Big Canoe	Georgia	Atlanta
Brannon Oak Farm	Georgia	Atlanta
Brookhaven at Johns Creek	Georgia	Atlanta
Brookhaven at Sugarloaf	Georgia	Atlanta
Merrill Gardens at Dunwoody	Georgia	Atlanta
Mount Vernon Towers	Georgia	Atlanta
Parc at Duluth	Georgia	Atlanta
Park Springs	Georgia	Atlanta
Peachtree Hills Place	Georgia	Atlanta
The Haven at Slater Mill	Georgia	Atlanta
The Piedmont at Buckhead	Georgia	Atlanta
Riverwood Plantation	Georgia	Augusta
Parkland Manor	Georgia	Austell
The Oaks at Blue Ridge	Georgia	Blue Ridge
Cadence	Georgia	Canton
The Lodge at Bridge Mill	Georgia	Canton
Serenbe	Georgia	Chattahoochee Hills
Ballantrae At Creekstone Estates	Georgia	Cumming
Brookhaven at Lanier Ridge	Georgia	Cumming
Habersham Grove	Georgia	Cumming
Piedmont Corners	Georgia	Cumming
Wellstone	Georgia	Cumming
River Knoll	Georgia	Dahlonega
The Summit of Dahlonega	Georgia	Dahlonega
The Villas at Blackberry Run	Georgia	Dallas GA
Windsong at Seven Hills	Georgia	Dallas GA
Windsong Manor	Georgia	Dallas GA
The Regency House	Georgia	Decatur
Cresswind at Lake Lanier	Georgia	Gainesville GA

Lanier Village Estates	Georgia	Gainesville GA
Magnolia Village Active Adult Community	Georgia	Gainesville GA
Sterling on the Lake	Georgia	Gainesville GA
<u>Olde Town Grayson</u>	Georgia	Grayson
Del Webb at Lake Oconee	Georgia	Greensboro-Oconee
Sun City Peachtree	Georgia	Griffin
Brookhaven of East Cobb	Georgia	Kennesaw
Carlyle Place, Navicent Health	Georgia	Macon
The Cottages on Wesleyan	Georgia	Macon
The Gables at Wolf Creek	Georgia	Macon
Madison Lakes	Georgia	Madison GA
Parc at Piedmont - East Cobb	Georgia	Marietta
Walton Village	Georgia	Marietta
Wymberly by JENSEN communities	Georgia	Martinez
The Cottages at Woodland Terrace	Georgia	Milledgeville
Arbor Terrace at Peachtree City	Georgia	Peachtree City
Horizon Bay	Georgia	Rome
Riverwood Retirement Community	Georgia	Rome
The Village at Maplewood	Georgia	Rome
Marsh's Edge	Georgia	Saint Simons
Carlisle Village	Georgia	Savannah-GA
SouthBridge	Georgia	Savannah-GA
The Fairways at Savannah Quarters	Georgia	Savannah-GA
WaterWays Township	Georgia	Savannah-GA
Winding River	Georgia	St Marys
Madison Grove	Georgia	Thomasville
Southern Landing	Georgia	Valdosta
Lake Arrowhead	Georgia	Waleska
Villas at Winder	Georgia	Winder
Heron Pond	Georgia	Woodstock
The Cottages of Woodstock	Georgia	Woodstock
Windsong Somerset	Georgia	Woodstock
Brooke View	Idaho	Boise City
Chateau de Boise	Idaho	Boise City
Englefield Green	Idaho	Boise City
Parkview Rental Condominiums	Idaho	Boise City
West Meadow Estates	Idaho	Boise City
Affinity at Coeur d Alene	Idaho	Coeur dAlene
Golden Spike Estates	Idaho	Coeur dAlene

Meadow Ranch	Idaho	Coeur dAlene
The Village at Riverstone	Idaho	Coeur dAlene
The Village at Syringa Gardens	Idaho	Coeur dAlene
Touchmark at Meadow Lake Village	Idaho	Meridian
Carillon at Stonegate	Illinois	Aurora
Steeplechase	Illinois	Aurora
Regency at the Woods of South Barrington	Illinois	Barrington
The Garlands of Barrington	Illinois	Barrington
Beacon Hill	Illinois	Chicago
Golf Vista Estates	Illinois	Chicago
Grand Dominion	Illinois	Chicago
Maple Brook	Illinois	Chicago
Oak Ridge	Illinois	Chicago
Plymouth Place	Illinois	Chicago
The Clare	Illinois	Chicago
The New Admiral at the Lake	Illinois	Chicago
Timbers Edge Villas	Illinois	Chicago
The Fountains at Crystal Lake	Illinois	Crystal Lake
Oak Trace	Illinois	Downers Grove
Bowes Creek Country Club	Illinois	Elgin
Carillon at Cambridge Lakes	Illinois	Elgin
Edgewater by Del Webb	Illinois	Elgin
River Crossing	Illinois	Elgin
Willow Lake Estates	Illinois	Elgin
The Mather	Illinois	Evanston
Saddlebrook Farms	Illinois	Grayslake
Haverford Place	Illinois	Hoffman Estates
Sun City Huntley	Illinois	Huntley
<u>Sedgebrook</u>	Illinois	Lincolnshire
Monarch Landing	Illinois	Naperville
Carillon	Illinois	Plainfield
Lago Vista	Illinois	Plainfield
Villas at Fox Run	Illinois	Plainfield
Mather Place of Wilmette	Illinois	Wilmette
Carmel Health and Living	Indiana	Carmel-IN
Parkside Court	Indiana	Columbus
Villas of Stonecrest	Indiana	Columbus
Willow Park Retirement	Indiana	Evansville
Britton Falls	Indiana	Fishers

The Villas at Geist	Indiana	Fishers
Vandalia	Indiana	Indianapolis
Chesapeake Village	Indiana	North Judson
Peabody Retirement Community	Indiana	North Manchester
The Hearth at Sycamore	Indiana	North Manchester
Holy Cross Village	Indiana	Notre Dame
Courtyards at Pepper Creek	Indiana	Valparaiso
Villas at Vale Park	Indiana	Valparaiso
Northcrest Community	lowa	Ames
Vennehjem	lowa	Decorah
Deerfield	lowa	Des Moines
Green Hills Retirement Community	lowa	Des Moines
The Village at Legacy Pointe	lowa	Des Moines
Claridge Court	Kansas	Kansas City
Windhill Estates	Kansas	Kansas City
Brandon Woods at Alvamar	Kansas	Lawrence
Presbyterian Manor of Lawrence	Kansas	Lawrence
Helmwood Healthcare Center	Kentucky	Elizabethtown
Atria Summit Hills	Kentucky	Florence
Ashwood Place	Kentucky	Frankfort
The Lafayette	Kentucky	Lexington-Fayette
Oxmoor Lodge	Kentucky	Louisville
Ponder Creek Estates	Kentucky	Louisville
The Greens at Pelican Point	Louisiana	Baton Rouge
Village Charmant	Louisiana	Baton Rouge
Village Maison- Active Adult Community	Louisiana	Baton Rouge
The Oaks of Louisiana	Louisiana	Bossier City
Willow Lake	Louisiana	Bossier City
Sugar Mill Pond	Louisiana	Lafayette
The Village of River Ranch	Louisiana	Lafayette
England Oaks	Louisiana	Natchitoches
Eagles Trace	Maine	Acton
Keywood Manor LP	Maine	Alfred
Shepards Cove on Spruce Creek	Maine	Alfred
Birch Bay Village	Maine	Bar Harbor
The Cottages At Willett Brook	Maine	Bridgton
Highland Green	Maine	Brunswick
St. Andrews Village	Maine	Brunswick
Thornton Oaks	Maine	Brunswick

Penobscot Shores	Maine	Camden
Quarry Hill	Maine	Camden
Village Crossings at Cape Elizabeth	Maine	Cape Elizabeth
Pheasant Knoll Condominiums	Maine	Gorham
Avalon Village	Maine	Orono
Dirigo Pines Retirement Community	Maine	Orono
Piper Shores	Maine	Portland
The Cedars	Maine	Portland
The Woods at Canco	Maine	Portland
Cameron Grove	Maryland	Annapolis
Carrolls Creek	Maryland	Annapolis
Emerald Hills Condominiums	Maryland	Annapolis
Four Seasons at Saint Margarets	Maryland	Annapolis
Heritage Harbour	Maryland	Annapolis
Shipleys Crossing	Maryland	Annapolis
The Villages at Two Rivers	Maryland	Annapolis
Fox Hills Club	Maryland	Bethesda
Leisure World of Maryland	Maryland	Bethesda
The Harbours at Solomons Island	Maryland	California
The Villages at Wildewood	Maryland	California
Symphony Village	Maryland	Centreville
Heron Point	Maryland	Chestertown
Evergreens at Columbia Town Center	Maryland	Columbia-MD
Legacy at the Courtyards	Maryland	Columbia-MD
Snowden Overlook Villas	Maryland	Columbia-MD
Vantage House	Maryland	Columbia-MD
Cookes Hope	Maryland	Easton
Hyde Park by JENSEN communities	Maryland	Easton
Londonderry on the Tred Avon	Maryland	Easton
William Hill Manor	Maryland	Easton
Village of Cecil Woods	Maryland	Elkton
Alta at Regency Crest	Maryland	Ellicott City
Castlefield	Maryland	Ellicott City
Charlestown Retirement Community	Maryland	Ellicott City
Gatherings at Ellicott Mills	Maryland	Ellicott City
Lutheran Village at Millers Grant	Maryland	Ellicott City
Patapsco Overlook	Maryland	Ellicott City
Carroll Vista	Maryland	Frederick
Kentlands Manor	Maryland	Gaithersburg

Village at Freedom HillsMarylandHagerstownCentral Parke at Victoria FallsMarylandLaurel-MDLegacy at CherrytreeMarylandLaurel-MDThe Willows at Victoria FallsMarylandNational HarborThe Parke at Ocean PinesMarylandNational HarborThe Parke at Ocean PinesMarylandSalisburySummersGateMarylandSalisburyOakview EstatesMassachusettsBoltonTrail Ridge at HarvardMassachusettsBoltonTrail Ridge at HarvardMassachusettsBoltonFairing WayMassachusettsBostonEagency at BoltonMassachusettsBostonEaglish CommonsMassachusettsBostonEaglish CommonsMassachusettsBostonLasell VillageMassachusettsBostonLeisurewoodsMassachusettsBostonNewBridge on the CharlesMassachusettsBostonRegency at Assabet RidgeMassachusettsBostonThe Commons in LincolnMassachusettsBostonThe CharlesMassachusettsChathamThe CharlesMassachusettsChathamThe CharlesMassachusettsChathamThe CharlesMassachusettsChathamThe CharlesMassachusettsChathamThe CharlesMassachusettsChathamThe CharlesMassachusettsChathamThe CharlesMassachusettsChathamThe CharlesMassachusettsChathamThe Cha	The Kentlands	Maryland	Gaithersburg
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	The Village at Russell Farm	Massachusetts	Methuen
North Hill Massachusetts Needham	Fuller Village in Milton	Massachusetts	Milton
	North Hill	Massachusetts	Needham

Lathrop Townhomes	Massachusetts	Northampton
Red Mill Village	Massachusetts	Norton
Great Island by Del Webb	Massachusetts	Plymouth
Oak Point	Massachusetts	Plymouth
Pine Hill Estates	Massachusetts	Plymouth
Plimouth Commons	Massachusetts	Plymouth
Seton Highlands	Massachusetts	Plymouth
Tara Woods	Massachusetts	Plymouth
The Pinehills	Massachusetts	Plymouth
The Residences at LeBaron Hills	Massachusetts	Plymouth
Village at South Meadow	Massachusetts	Plymouth
Village Crossing	Massachusetts	Plymouth
The American Inn at Sawmill Park	Massachusetts	Southwick
East Village Place	Massachusetts	Springfield
Glenmeadow	Massachusetts	Springfield
Summerfield at Taft Hill	Massachusetts	Uxbridge
Waterstone at Wellesley	Massachusetts	Wellesley
Highland Meadows	Massachusetts	Weston
Bridgewater	Michigan	Ann Arbor
Grand Reserve	Michigan	Ann Arbor
University Commons	Michigan	Ann Arbor
The Village at the Pines	Michigan	Grand Haven
Leisure Village in Michigan	Michigan	Grand Rapids
Oaks of Rockford	Michigan	Grand Rapids
Sentinel Pointe Retirement Community	Michigan	Grand Rapids
Freedom Village	Michigan	Holland
The Fountains at Bronson Place	Michigan	Kalamazoo
WeatherStone Village Community	Michigan	Kalamazoo
Heritage in the Hills	Michigan	Southfield
The Fountains at Franklin	Michigan	Southfield
Four Seasons at Rush Creek	Minnesota	Minneapolis
Friendship Village of Bloomington	Minnesota	Minneapolis
Nokomis Square Cooperative	Minnesota	Minneapolis
Waters of Minnehaha	Minnesota	Minneapolis
Village on the Cannon	Minnesota	Northfield
Mineral Creek Landing	Mississippi	Hattiesburg
Bella Casa	Missouri	Columbia
The Terrace	Missouri	Columbia
The Village of Bedford Walk	Missouri	Columbia

The Villas of Eastern Hills	Missouri	Harrisonville
The Fountains at Greenbriar	Missouri	Independence
Timberlake Village	Missouri	Lake Ozark
Villas at Wicklow	Missouri	Springfield
GrayHawk Village	Missouri	St Louis
Heritage of Hawk Ridge	Missouri	St Louis
Meadows of Wildwood	Missouri	St Louis
Affinity at Billings	Montana	Billings
Aspen View	Montana	Billings
Aspen Pointe	Montana	Bozeman
The Knolls at Hillcrest	Montana	Bozeman
Hunters Pointe	Montana	Helena
StoneyBrook Village	Montana	Helena
Touchmark on Saddle Drive	Montana	Helena
The Springs at Missoula	Montana	Missoula
Just Like Home	Montana	Stevensville
Kootenai Creek Village	Montana	Stevensville
Brentwood Estates	Nebraska	Lincoln
Grand Lodge at the Preserve	Nebraska	Lincoln
Lake Mountain Estates	Nevada	Boulder City
Lake Las Vegas	Nevada	Henderson
Merrill Gardens at Green Valley Ranch	Nevada	Henderson
Pristine Terra Bella	Nevada	Henderson
Sun City Anthem - Henderson	Nevada	Henderson
Sun City McDonald Ranch	Nevada	Henderson
Terra Bella	Nevada	Henderson
The Club at Madeira Canyon	Nevada	Henderson
The Villas at Solera	Nevada	Henderson
Vintage at Seven Hills	Nevada	Henderson
Acacia Springs	Nevada	Las Vegas
Boulder Cascade	Nevada	Las Vegas
Country Club at the Meadows	Nevada	Las Vegas
Country Club at Valley View	Nevada	Las Vegas
Desert Greens	Nevada	Las Vegas
Destinations at Eastern	Nevada	Las Vegas
Destinations at Winterhaven	Nevada	Las Vegas
Flamingo West	Nevada	Las Vegas
Heritage Park Senior Apartments	Nevada	Las Vegas
Las Vegas Manor	Nevada	Las Vegas

Las Ventanas at Summerlin	Nevada	Las Vegas
Rancho Las Brisas	Nevada	Las Vegas
Regency at Summerlin	Nevada	Las Vegas
River Oaks	Nevada	Las Vegas
Shea Homes at Ardiente	Nevada	Las Vegas
Sienna Apartment Community	Nevada	Las Vegas
Solera at Stallion Mountain by Del Webb	Nevada	Las Vegas
Tropicana Palms	Nevada	Las Vegas
Highland Fairways	Nevada	Mesquite
Sun City Mesquite by Del Webb	Nevada	Mesquite
Sun City Aliante	Nevada	North Las Vegas
Del Webb Sierra Canyon	Nevada	Reno
Five Star Premier Residences of Reno	Nevada	Reno
Lakeside Manor Reno	Nevada	Reno
Montreux	Nevada	Reno
Promenade on the River	Nevada	Reno
Regency At Damonte Ranch	Nevada	Reno
Sky Peaks	Nevada	Reno
Toscana	Nevada	Reno
Mansfield Woods	New Hampshire	Campton
Farmwood Village by JENSEN communities	New Hampshire	Dover-NH
Fitts Farm at Durham	New Hampshire	Durham
The Cottages at Britton Lane	New Hampshire	Durham
The Cottages at Spruce Wood	New Hampshire	Durham
The Vineyards at Stratham	New Hampshire	Durham
Black Rocks Village	New Hampshire	Exeter
Kings Landing	New Hampshire	Exeter
Leddy Fields Condominiums	New Hampshire	Exeter
Riverwoods at Exeter	New Hampshire	Exeter
Sargent Woods	New Hampshire	Exeter

Sterling Hill at Exeter	New Hampshire	Exeter
Franklin Mountain View Estates	New Hampshire	Franklin NH
Kendal at Hanover	New Hampshire	Hanover
The Greens of Hanover	New Hampshire	Hanover
Berry Hill Estates	New Hampshire	Hooksett
Brook Ridge by JENSEN communities	New Hampshire	Hooksett
The Ridge at Quail Hollow	New Hampshire	Lebanon-NH
Hickory Woods	New Hampshire	Manchester-NH
Riverwalk at Bedford	New Hampshire	Manchester-NH
The Meetinghouse at Riverfront	New Hampshire	Manchester-NH
The Regency Collection	New Hampshire	Manchester-NH
Hunt Community	New Hampshire	Nashua
The Huntington at Nashua	New Hampshire	Nashua
RiverMead Lifecare Community	New Hampshire	Peterborough
Edgewater Preserve	New Hampshire	Winchester
Four Seasons at Mirage	New Jersey	Barnegat
Heritage Bay	New Jersey	Barnegat
Heritage Point	New Jersey	Barnegat
Horizons At Barnegat	New Jersey	Barnegat
Pheasant Run	New Jersey	Barnegat
Pineview Terrace	New Jersey	Browns Mills
The Plaza Grande at Garden State Park	New Jersey	Cherry Hill
Cedar Village	New Jersey	East Brunswick
Renaissance at Raritan Valley	New Jersey	East Brunswick
The Reserve at Canal Walk	New Jersey	East Brunswick
Pheasant Run -Forked River	New Jersey	Forked River

Equestra at Colts Neck Crossing	New Jersey	Freehold
Fountainhead Properties	New Jersey	Jackson
Four Seasons at South Knolls	New Jersey	Jackson
West Lake Golf and Country Club	New Jersey	Jackson
Covington Village	New Jersey	Lakewood
Fairways at Lake Ridge	New Jersey	Lakewood
Leisure Village-The Village of Seven Lakes	New Jersey	Lakewood
The Enclave at The Fairways	New Jersey	Lakewood
The Fairways Master Collection	New Jersey	Lakewood
Cranberry Creek	New Jersey	Little Egg Harbor
Four Seasons at Harbor Bay	New Jersey	Little Egg Harbor
Mullica Woods	New Jersey	Little Egg Harbor
Mystic Shores	New Jersey	Little Egg Harbor
Sea Oaks Adult Community	New Jersey	Little Egg Harbor
Sunrise Bay	New Jersey	Little Egg Harbor
Atlantic Hills	New Jersey	Manahawkin
Fawn Lakes	New Jersey	Manahawkin
Paramount Escapes Ocean Breeze	New Jersey	Manahawkin
Perrys Lake	New Jersey	Manahawkin
Crestwood Village	New Jersey	Manchester
	item servey	Township
Del Webb River Pointe at Manchester	New Jersey	Manchester
		Township Manchester
Leisure Knoll	New Jersey	Township
		Manchester
Leisure Village West-Pine Lake Park	New Jersey	Township
<u>LeisureTowne</u>	New Jersey	Medford
Medford Leas at Lumberton	New Jersey	Medford
Medford Leas at Medford	New Jersey	Medford
Four Seasons At Millville	New Jersey	Millville
Clearbrook	New Jersey	Monroe Township
Concordia	New Jersey	Monroe Township
Encore at Monroe	New Jersey	Monroe Township
Four Seasons at Monroe	New Jersey	Monroe Township
Greenbriar at Whittingham	New Jersey	Monroe Township
Greenbriar Stonebridge	New Jersey	Monroe Township
Regency at Monroe	New Jersey	Monroe Township
Renaissance at Cranbury Crossing	New Jersey	Monroe Township
Rossmoor	New Jersey	Monroe Township

Summarfields West	Now Jorcov	Manroa Townshin
Summerfields West	New Jersey	Monroe Township
The Ponds at Clearbrook	New Jersey	Monroe Township
The Fairways at Mays Landing	New Jersey	Ocean City
The Shores	New Jersey	Ocean City
Cedar Village at Ocean	New Jersey	Ocean Township- Monmouth
Nobility Crest	New Jersey	Ocean Township- Monmouth
Deep Run by JENSEN communities	New Jersey	Plumsted
Princeton Manor	New Jersey	Princeton
Princeton Windrows	New Jersey	Princeton
Stonebridge at Montgomery	New Jersey	Princeton
The Pointe at Turnberry	New Jersey	Princeton
Four Seasons at North Caldwell	New Jersey	Robbinsville
Washington Town Center	New Jersey	Robbinsville
Four Seasons at Chester	New Jersey	Rockaway Township
Greenbriar Fox Ridge	New Jersey	Rockaway Township
Greenbriar Woodlands	New Jersey	Toms River
Holiday Heights	New Jersey	Toms River
Lake Ridge in Toms River	New Jersey	Toms River
Del Webb Wanaque Reserve	New Jersey	Wanaque
Greenbriar Oceanaire	New Jersey	Waretown
Country Walk of Lake Ridge	New Jersey	Whiting
Pine Ridge at Crestwood	New Jersey	Whiting
The Reserve at Lake Ridge	New Jersey	Whiting
The Evergreens	New Jersey	Woodbury
Woodbury Mews	New Jersey	Woodbury
Amber Skies	New Mexico	Alamogordo
Affinity at Albuquerque	New Mexico	Albuquerque
Albuquerque Meadows	New Mexico	Albuquerque
Bear Canyon Estates	New Mexico	Albuquerque
Cabezon	New Mexico	Albuquerque
Emeritus at Sandia Springs	New Mexico	Albuquerque
La Terraza Senior Apartments	New Mexico	Albuquerque
La Vida Llena	New Mexico	Albuquerque
Loma Colorado	New Mexico	Albuquerque
Mesa del Sol	New Mexico	Albuquerque
Sunrise Bluffs	New Mexico	Albuquerque
The Lofts at Albuquerque High	New Mexico	Albuquerque

Country Club Estates	New Mexico	Deming
Boulders at Sonoma Ranch	New Mexico	Las Cruces
Golden Mesa	New Mexico	Las Cruces
The Overlook	New Mexico	Las Cruces
Trails West	New Mexico	Las Cruces
Trails West	New Mexico	Las Cruces
Jubilee Los Lunas	New Mexico	Los Lunas
Fairwinds Rio Rancho	New Mexico	Rio Rancho
Deer Crossing RV Park	New Mexico	Ruidoso
<u>Aldea de Santa Fe</u>	New Mexico	Santa Fe
Rancho Viejo	New Mexico	Santa Fe
Sand River Cohousing	New Mexico	Santa Fe
Staying in Place	New York	Bethel
Glassbury Court at Cold Spring NY	New York	Carmel
Retreat at Carmel	New York	Carmel
Parkside Village	New York	Cheektowaga
The Villas at Calla Pointe	New York	Cheektowaga
Cherrywood by JENSEN communities	New York	Clinton
Wildflower Hills Community	New York	Finger Lakes Region
Meadowbrook Pointe	New York	Islandia
The Arbors Assisted Living	New York	Islandia
Horizon Villages	New York	Ithaca
Kendal at Ithaca	New York	Ithaca
Regency at Fishkill	New York	Middletown
Wildflowers at Wallkill	New York	Middletown
The Fountains at Millbrook	New York	Millbrook
Plymouth Estates at Mt. Sinai	New York	Mt. Sinai
Atria Bay Shore	New York	New York
Atria West 86	New York	New York
Carnegie East House	New York	New York
The Tides at Charleston	New York	New York
Fountaingate Gardens	New York	Port Jefferson
Jefferson's Ferry	New York	Port Jefferson
The Vineyards at Miller Place	New York	Port Jefferson
Woodcrest Estates	New York	Port Jefferson
Leisure Village - Ridge	New York	Ridge-Long Island
Glenwood Village	New York	Riverhead
Greenwood Village	New York	Riverhead
Macleod Communities, Inc.	New York	Riverhead

Peconic Landing	New York	Riverhead
Stoneleigh Woods	New York	Riverhead
Saranac Village at Will Rodgers	New York	Saranac Lake
Eastwyck Village	New York	Saratoga Springs
Park Place Condominiums	New York	Saratoga Springs
Prestwick Chase	New York	Saratoga Springs
Club at Clove Lakes Park	New York	Staten Island
The Fountains at RiverVue	New York	Tuckahoe
The Views at Pomona	New York	Tuckahoe
Lakeview Seniors	New York	Union Springs
The Hearth at Green Point	New York	Union Springs
Ardenwoods	North Carolina	Asheville
Biltmore Lake	North Carolina	Asheville
Crowfields	North Carolina	Asheville
	North Carolina	Asheville
Deerfield Episcopal Retirement Community	North Carolina	Asheville
Lofts at Mica Village Scenic Resort	North Carolina	Asheville
College Walk	North Carolina	Brevard
Connestee Falls	North Carolina	Brevard
Qualla Village	North Carolina	Brevard
Straus Park	North Carolina	Brevard
Devaun Park	North Carolina	Calabash
Carpenter Village	North Carolina	Cary
Del Webb Carolina Preserve	North Carolina	Cary
Heritage Pines	North Carolina	Cary
The Courtyards at OKelly Chapel	North Carolina	Cary
Carol Woods Retirement Community	North Carolina	Chapel Hill
Carolina Meadows Continuing Care Retirement	North Carolina	Chapel Hill
Changlugged	North Carolina	Chanal I lill
<u>Chapelwood</u>	North Carolina	Chapel Hill
Galloway Ridge	North Carolina	Chapel Hill
The Cedars of Chapel Hill	North Carolina	Chapel Hill
The Courtyards at Homestead Road	North Carolina	Chapel Hill
The Villas at Culp Arbor	North Carolina	Chapel Hill
<u>3 Cherry Way</u>	North Carolina	Charlotte
Brightmore of South Charlotte	North Carolina	Charlotte
Brookdale Carriage Club of Charlotte	North Carolina	Charlotte
Carolina Lakes by Sun City	North Carolina	Charlotte
The Cottages	North Carolina	Charlotte

The Courtyards at Harrisburg	North Carolina	Charlotte
The Cypress of Charlotte	North Carolina	Charlotte
The Dorchester - Village of Carolina Place	North Carolina	Charlotte
The Manor Charlotte	North Carolina	Charlotte
Trilogy Lake Norman	North Carolina	Charlotte
Unlimited Possibilities Family Care Home	North Carolina	Charlotte
Baileys Glen	North Carolina	Cornelius
Creekside at Bethpage	North Carolina	Durham
Four Seasons at Renaissance	North Carolina	Durham
The Forest at Duke	North Carolina	Durham
Anderson Creek Club	North Carolina	Fayetteville
Carolina Highlands	North Carolina	Fayetteville
Meadow Walk	North Carolina	Fayetteville
Sanctuary Village	North Carolina	Franklin
The Village at Aversboro	North Carolina	Garner
Abbotswood at Irving Park	North Carolina	Greensboro
Heritage Greens	North Carolina	Greensboro
Villas at Deep River Plantation	North Carolina	Greensboro
Villas at Sedgefield	North Carolina	Greensboro
Cypress Glen	North Carolina	Greenville
Coastal Plantation by JENSEN communities	North Carolina	Hampstead
RiverWalk of Hayesville	North Carolina	Hayesville
Carolina Village	North Carolina	Hendersonville
Carriage Park Hendersonville	North Carolina	Hendersonville
Lake Pointe Landing	North Carolina	Hendersonville
Legacy at Mills River	North Carolina	Hendersonville
Riverwind	North Carolina	Hendersonville
The Half-Way Tree Mobile Home Park	North Carolina	Hendersonville
The Woodlands at Olivers Landing	North Carolina	Hickory
12 Oaks	North Carolina	Holly Springs
The Courtyards of Marvin	North Carolina	Marvin
Plantation Estates	North Carolina	Matthews
The Courtyards at Emerald Lake	North Carolina	Matthews
Carolina Colours	North Carolina	New Bern
Trent Woods	North Carolina	New Bern
Quail Haven Village	North Carolina	Pinehurst Village
Abbotswood at Stonehenge	North Carolina	Raleigh
Ashbury Crossing	North Carolina	Raleigh
Bedford at Falls River	North Carolina	Raleigh

Independence Village of Olde Raleigh	North Carolina	Raleigh
Longleaf at Flowers Plantation	North Carolina	Raleigh
<u>Magnolia Glen</u>	North Carolina	Raleigh
The Cypress of Raleigh	North Carolina	Raleigh
Cambridge Crossings	North Carolina	Southport
St. James Plantation	North Carolina	Southport
Dock Street Townhomes	North Carolina	Sunset Beach
The Fountains at the Albemarle	North Carolina	Tarboro
Heritage Wake Forest	North Carolina	Wake Forest
The Villas of Wake Forest	North Carolina	Wake Forest
Cambridge Village of Wilmington	North Carolina	Wilmington
Carolina Bay at Autumn Hall	North Carolina	Wilmington
Plantation Village	North Carolina	Wilmington
<u>TidalWalk</u>	North Carolina	Wilmington
Arbor Acres	North Carolina	Winston-Salem
Bermuda Village	North Carolina	Winston-Salem
Homestead Hills	North Carolina	Winston-Salem
Millhaven Landing	North Carolina	Winston-Salem
The Meadowlands in Mandan	North Dakota	Bismarck
Touchmark on West Century	North Dakota	Bismarck
Touchmark at Harwood Groves	North Dakota	Fargo
Crossings at West Valley	Ohio	Amherst
Villas at Center Park	Ohio	Amherst
Carrington Court	Ohio	Cleveland
Judson Manor	Ohio	Cleveland
Pioneer Ridge	Ohio	Cleveland
Reflections Retirement Community	Ohio	Columbus
The Courtyards at Maxtown Road	Ohio	Columbus
Cardinal Retirement Village	Ohio	Cuyahoga Falls
Copley Place	Ohio	Cuyahoga Falls
Austin Manor	Ohio	Delaware
Indian Hills Senior Community	Ohio	Euclid
Park Hills Crossing	Ohio	Fairborn
The Mews at Pinnacle Club	Ohio	Grove City
Laurel Lake	Ohio	Hudson
Otterbein Senior Lifestyle Choices	Ohio	Lebanon
Greenbriar at River Valley	Ohio	North Royalton
Kendal at Oberlin	Ohio	Oberlin
The Knolls of Oxford	Ohio	Oxford OH

Copeland Oaks Retirement Community	Ohio	Sebring
Westbrook Senior Village	Ohio	Toledo
Villas at Trotters Pointe	Ohio	Washington Court House
Bristol Village	Ohio	Waverly
Gardens at Westlake	Ohio	Westlake
Hillcrest Village	Oklahoma	Bartlesville
Tallgrass Estates	Oklahoma	Bartlesville
Touchmark at Coffee Creek	Oklahoma	Edmond
Concordia Life Care Community	Oklahoma	Oklahoma City
Grace Pointe Living	Oklahoma	Oklahoma City
The Fountains at Canterbury	Oklahoma	Oklahoma City
Village on the Park Oklahoma City	Oklahoma	Oklahoma City
Hyde Park at Tulsa Hills	Oklahoma	Tulsa
Montereau	Oklahoma	Tulsa
Mountain Meadows	Oregon	Ashland
Hearthstone at Murrayhill	Oregon	Beaverton
Cascade Village	Oregon	Bend
Falls at Eagle Crest	Oregon	Bend
Northwest Crossing	Oregon	Bend
Pilot Butte Village	Oregon	Bend
Touchmark at Mt. Bachelor Village	Oregon	Bend
Whispering Winds	Oregon	Bend
Emerald Coast Estates	Oregon	Brookings
Stoneybrook Lodge	Oregon	Corvallis
The Regent	Oregon	Corvallis
Ceres Gleann	Oregon	Dallas
Falcon Wood Village	Oregon	Eugene
Gainsborough	Oregon	Eugene
Songbrook	Oregon	Eugene
Terpening Terrace	Oregon	Eugene
Willamette Oaks	Oregon	Eugene
Florentine Estates	Oregon	Florence
Horizon Village	Oregon	Grants Pass
Westlake Village	Oregon	Grants Pass
Pioneer Village	Oregon	Jacksonville OR
RidgeWater OR	Oregon	Klamath Falls
The Running Y Ranch	Oregon	Klamath Falls
Anna Maria Creekside	Oregon	Medford

Barnett Woods	Oregon	Medford
Fountain Plaza	Oregon	Medford
Horton Plaza	Oregon	Medford
Rogue Valley Manor	Oregon	Medford
Royal Oak Retirement Community	Oregon	Medford
The Springs at Anna Maria	Oregon	Medford
Twin Creeks	Oregon	Medford
Veranda Park	Oregon	Medford
Vineyard Place	Oregon	Milwaukie
Calaroga Terrace	Oregon	Portland OR
Claremont	Oregon	Portland OR
Courtyard Village	Oregon	Portland OR
Creekside Village Retirement Residence	Oregon	Portland OR
Encore Senior Village at Portland	Oregon	Portland OR
King City	Oregon	Portland OR
Laurel Parc at Bethany Village	Oregon	Portland OR
Marys Woods at Marylhurst	Oregon	Portland OR
Mirabella Portland	Oregon	Portland OR
Quail Hollow OR	Oregon	Portland OR
Rainbow Vista	Oregon	Portland OR
Rose Villa	Oregon	Portland OR
Summerfield	Oregon	Portland OR
Knoll Terrace	Oregon	Roseburg
Linus Oakes Retirement Village	Oregon	Roseburg
Littlebrook	Oregon	Roseburg
Rose Village	Oregon	Roseburg
Hidden Lakes	Oregon	Salem
Madrona Hills	Oregon	Salem
Paradise Island Park	Oregon	Salem
Salemtowne	Oregon	Salem
Terrace Lake Park	Oregon	Salem
Cascade Park Retirement Center	Oregon	Woodburn
Country Meadows Village	Oregon	Woodburn
Woodburn Senior Estates Golf and Country Club	Oregon	Woodburn
Traditions of America at Bridle Path	Pennsylvania	Bethlehem
Willow Green	Pennsylvania	Bethlehem
Blue Bell Place	Pennsylvania	Blue Bell
Bluestone Creek	Pennsylvania	Blue Bell
Ivy Greene	Pennsylvania	Blue Bell

Meadow Glen at Skippack	Pennsylvania	Blue Bell
Normandy Farms Estates	Pennsylvania	Blue Bell
Creek View Community	Pennsylvania	Carlisle
Traditions of America at Saucon Valley	Pennsylvania	Center Valley
Stoneridge Commons of Grove City	Pennsylvania	Grove City
Amesbury	Pennsylvania	Harrisburg
<u>Carmella</u>	Pennsylvania	Harrisburg
Pine Manor	Pennsylvania	Harrisburg
The Links at Gettysburg	Pennsylvania	Harrisburg
Traditions of America at Silver Spring	Pennsylvania	Harrisburg
Knob Hill Farm	Pennsylvania	Honey Brook
The Woods at Rock Raymond	Pennsylvania	Honey Brook
Wildflowers at Hillview	Pennsylvania	Honey Brook
Garden Spot Village	Pennsylvania	Lancaster
Home Towne Square	Pennsylvania	Lancaster
Providence Park	Pennsylvania	Lancaster
Traditions of America at Lititz	Pennsylvania	Lancaster
Watson Run	Pennsylvania	Lancaster
Willow Valley	Pennsylvania	Lancaster
Alden Place	Pennsylvania	Lebanon
Briar Lake	Pennsylvania	Lebanon
Swatara Creek Retirement Community	Pennsylvania	Lebanon
Sweetbriar	Pennsylvania	Lebanon
Fox Hill Farm	Pennsylvania	Media
Rose Tree Place	Pennsylvania	Media
Messiah Lifeways at Mount Joy Country Homes	Pennsylvania	Mount Joy
Athertyn	Pennsylvania	Philadelphia
Buckingham Springs	Pennsylvania	Philadelphia
Creekside Village	Pennsylvania	Philadelphia
Forest Ridge	Pennsylvania	Philadelphia
Foulkeways	Pennsylvania	Philadelphia
Foxfield at Naamans Creek	Pennsylvania	Philadelphia
Lamplighter Village PA	Pennsylvania	Philadelphia
Neshaminy Falls	Pennsylvania	Philadelphia
The Preserve at Lamplighter	Pennsylvania	Philadelphia
The Villages at Pine Valley	Pennsylvania	Philadelphia
The Villas at Foxfield	Pennsylvania	Philadelphia
The Villas of Flowers Mill	Pennsylvania	Philadelphia
The Watermark at Logan Square	Pennsylvania	Philadelphia

Traditions at Ridley Creek	Pennsylvania	Philadelphia
Villas at Five Ponds	Pennsylvania	Philadelphia
Villas at Shady Brook	Pennsylvania	Philadelphia
Yardley Point	Pennsylvania	Philadelphia
Yorktown	Pennsylvania	Philadelphia
Coldstream Crossing	Pennsylvania	Phoenixville
Regency Hills at Providence	Pennsylvania	Phoenixville
Spring Mill Senior Living	Pennsylvania	Phoenixville
Bethel Park	Pennsylvania	Pittsburgh
<u>Clover Commons</u>	Pennsylvania	Pittsburgh
Friendship Village of South Hills	Pennsylvania	Pittsburgh
South Hills Retirement Residence	Pennsylvania	Pittsburgh
St. Barnabas Communities	Pennsylvania	Pittsburgh
The Village at Whitehall	Pennsylvania	Pittsburgh
Traditions of America at Sewickley Ridge	Pennsylvania	Pittsburgh
Traditions of America Liberty Hills	Pennsylvania	Pittsburgh
Villas of Arden Mills	Pennsylvania	Pittsburgh
The Village at Penn State	Pennsylvania	State College
Traditions of America at Liberty Hill	Pennsylvania	State College
Heritage Strasburg	Pennsylvania	Strasburg
Stonecroft Village	Pennsylvania	Womelsdorf
Greenleigh Condominiums at Regents Glen	Pennsylvania	York
Wakefield Meadows	Rhode Island	Kingston
Bay Ridge	Rhode Island	Newport
Ferry Landing	Rhode Island	Newport
The Villages on Mount Hope	Rhode Island	Newport
Laurelmead	Rhode Island	Providence
Champlin Woods and Winnapaug Cottages	Rhode Island	Westerly
Kalmia Landing	South Carolina	Aiken
Habersham	South Carolina	Beaufort
Palmetto Bluff	South Carolina	Bluffton
Sun City at Hilton Head	South Carolina	Bluffton
The Haven at New Riverside	South Carolina	Bluffton
Cane Bay Plantation	South Carolina	Charleston
Liberty Cottages at Park West	South Carolina	Charleston
Middleborough at Shadowmoss Plantation	South Carolina	Charleston
Southern Palms by JENSEN communities	South Carolina	Charleston
The Elms	South Carolina	Charleston
Lake Carolina	South Carolina	Columbia-SC

Still Hopes Episcopal Retirement Community	South Carolina	Columbia-SC
Myrtle Trace	South Carolina	Conway
Myrtle Trace South	South Carolina	Conway
The Carolinian	South Carolina	Florence
Four Seasons at Gold Hill	South Carolina	Fort Mill
Sun City Carolina Lakes	South Carolina	Fort Mill
Ocean Pines and Magnolia Grove by JENSEN	South Carolina	Garden City Beach
Cascades Verdae	South Carolina	Greenville-SC
Rolling Green Village	South Carolina	Greenville-SC
Swansgate	South Carolina	Greenville-SC
The Woodlands At Furman	South Carolina	Greenville-SC
Wesley Commons	South Carolina	Greenwood
Tradition Hilton Head	South Carolina	Hardeeville
Cypress of Hilton Head island	South Carolina	Hilton Head
Indigo Pines	South Carolina	Hilton Head
Moss Creek	South Carolina	Hilton Head
<u>TidePointe</u>	South Carolina	Hilton Head
Edgewater - Golf and Lake Living Community	South Carolina	Lancaster
Saluda River Club	South Carolina	Lexington
Country Lakes by JENSEN communities	South Carolina	Little River
Inlet Oaks Village	South Carolina	Murrells Inlet
Seasons at Prince Creek West	South Carolina	Murrells Inlet
Berkshire Forest	South Carolina	Myrtle Beach
Carillon at Tuscany	South Carolina	Myrtle Beach
Cresswind at Myrtle Beach	South Carolina	Myrtle Beach
Grande Dunes	South Carolina	Myrtle Beach
Ocean Pines	South Carolina	Myrtle Beach
Withers Preserve	South Carolina	Myrtle Beach
Mount Vintage Plantation and Golf Club	South Carolina	North Augusta
Augusta Place at Laurel Creek	South Carolina	Rock Hill
Newport Lakes at Rock Hill	South Carolina	Rock Hill
Carnes Crossroad	South Carolina	Summerville
Cresswind at the Ponds	South Carolina	Summerville
Del Webb at Charleston	South Carolina	Summerville
The Pines at Gahagan	South Carolina	Summerville
Lake Ridge Greyrock	South Carolina	Tega Cay
The Pointe at Sunrise	South Dakota	Sioux Falls
Touchmark at All Saints	South Dakota	Sioux Falls
Trail Ridge Retirement Community	South Dakota	Sioux Falls

Washington Crossing	South Dakota	Sioux Falls
Whispering Creek	South Dakota	Sioux Falls
Cottages at Feathers Chapel	Tennessee	Blountville
Alexian Grove	Tennessee	Chattanooga
River Hills Manor Apartments	Tennessee	Chattanooga
Savannah Crossings	Tennessee	Clarksville
Village at Schilling Farms	Tennessee	Collierville
Fairfield Glade basic	Tennessee	Crossville
Uplands Retirement Village	Tennessee	Crossville
The Manor at Steeplechase	Tennessee	Franklin TN
Tollgate Village	Tennessee	Franklin TN
Fairvue Plantation	Tennessee	Gallatin
Lenox Place	Tennessee	Gallatin
Willow Springs Reserve	Tennessee	Johnson City
Cottages at Pryse Farm	Tennessee	Knoxville
Harbor Crest at Douglas Lake	Tennessee	Knoxville
Ladd Landing	Tennessee	Knoxville
Sherrill Hills	Tennessee	Knoxville
Tennessee National	Tennessee	Loudon
Legends Manor at Royal Oaks	Tennessee	Maryville
Oaks at Woodchase	Tennessee	Memphis
Lake Providence by Del Webb	Tennessee	Mt Juliet
The Hearth at Hendersonville	Tennessee	Mt Juliet
The Village at Providence	Tennessee	Mt Juliet
Centennial Bluff	Tennessee	Oak Ridge
Alexian Village of Tennessee	Tennessee	Signal Mountain
Rarity Bay Waterfront Community	Tennessee	Vonore
Alamo Country Club	Texas	Alamo
Alamo Palms	Texas	Alamo
Casa del Valle RV Resort	Texas	Alamo
Avery Ranch	Texas	Austin
Longhorn Village	Texas	Austin
Overlook at Plum Creek	Texas	Austin
Querencia at Barton Creek	Texas	Austin
Steiner Ranch	Texas	Austin
The Conservatory at Wells Branch	Texas	Austin
The Reserve at Oak Ranch	Texas	Austin
Tuscan Village	Texas	Austin
Wildflower Terrace	Texas	Austin

Morningside Ministries at Menger SpringsTexasBoerneArbor Oaks at Crest ViewTexasBryanCarriage Inn-BryanTexasBryanKing OaksTexasCollege StationBonterra at WoodforestTexasConroeCarriage Inn-BryanTexasConroeCarriage Inn-BryanTexasConroeCarriage Inn ConroeTexasConroeCarriage Inn ConroeTexasConroeCinnamon ShoreTexasCorpus ChristiHarbor PlaceTexasDallasFort WorthArches Point at ParksideTexasDallasFort WorthCastle HillsTexasDallasFort WorthCastle HillsTexasDallasFort WorthCastle HillsTexasDallasFort WorthChristi LakesTexasDallasFort WorthChristi LakesTexasDallasFort WorthChristi LakesTexasDallasFort WorthChristi LakesTexasDallasFort WorthHeritage RanchTexasDallasFort WorthHeritage RanchTexasDallasFort WorthHeritage RanchTexasDallasFort WorthHeritage RanchTexasDallasFort WorthLake Ridge at Joe Pool LakeTexasDallasFort WorthRes	Cordillera Ranch	Texas	Boerne
Carriage Inn-BryanTexasBryanKing OaksTexasCollege StationBonterra at WoodforestTexasConroeCarriage Inn ConroeTexasConroeRegency In The ForestTexasConroeCinnamon ShoreTexasCorpus ChristiHarbor PlaceTexasCorpus ChristiArches Point at ParksideTexasDallasFort WorthAvalon at Kessler ParkTexasDallasFort WorthCoryong Retirement CommunityTexasDallasFort WorthCartiage RanchTexasDallasFort WorthCartiage RanchTexasDallasFort WorthCartiage RanchTexasDallasFort WorthCartiage RanchTexasDallasFort WorthChurchill EstatesTexasDallasFort WorthEdgemereTexasDallasFort WorthHeritage RanchTexasDallasFort WorthHeritage RanchTexasDallasFort WorthHeritage RanchTexasDallasFort WorthHeritage RanchTexasDallasFort WorthHarbor Pool LakeTexasDallasFort WorthLake Ridge at Joe Pool LakeTexasDallasFort WorthLakeside ManorTexasDallasFort WorthLakeside ManorTexasDallasFort WorthLakeside ManorTexasDallasFort WorthLakeside ManorTexasDallasFort WorthLakeside ManorTexasDallasFort WorthLakeside ManorTexasDallasFort WorthLakeside ManorTexa	Morningside Ministries at Menger Springs	Texas	Boerne
King DaksTexasCollege StationBonterra at WoodforestTexasConroeCarriage Inn ConroeTexasConroeRegency In The ForestTexasConroeCinnamon ShoreTexasCorpus ChristiHarbor PlaceTexasCorpus ChristiArches Point at ParksideTexasDallasFort WorthAvalon at Kessler ParkTexasDallasFort WorthCastle HillsTexasDallasFort WorthCastle HillsTexasDallasFort WorthChurchill EstatesTexasDallasFort WorthEdgemereTexasDallasFort WorthFrisco LakesTexasDallasFort WorthHeritage RanchTexasDallasFort WorthHeritage RanchTexasDallasFort WorthHeritage RanchTexasDallasFort WorthHardor RanchTexasDallasFort WorthHardse RanchTexasDallasFort WorthHailside West Senior LivingTexasDallasFort WorthHabella Village at SavannahTexasDallasFort WorthLake Ridge at Joe Pool LakeTexasDallasFort WorthLakeside ManorTexasDallasFort WorthLakeside ManorTexasDallasFort WorthLakeside ManorTexasDallasFort WorthLakeside ManorTexasDallasFort WorthLakeside ManorTexasDallasFort WorthLakeside ManorTexasDallasFort WorthResort on Eagle Mountain LakeTexasDallasFort WorthProvi	Arbor Oaks at Crest View	Texas	Bryan
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Carriage Inn ConroeTexasConroeRegency In The ForestTexasConroeCinnamon ShoreTexasCorpus ChristiHarbor PlaceTexasCorpus ChristiArches Point at ParksideTexasDallasFort WorthAvaion at Kessler ParkTexasDallasFort WorthCastle HillsTexasDallasFort WorthCC Young Retirement CommunityTexasDallasFort WorthChurchill EstatesTexasDallasFort WorthEdgemereTexasDallasFort WorthFrisco LakesTexasDallasFort WorthHeritage RanchTexasDallasFort WorthHillside West Senior LivingTexasDallasFort WorthHomeTowne at Matador RanchTexasDallasFort WorthIsabella Village at SavannahTexasDallasFort WorthLake Ridge at Joe Pool LakeTexasDallasFort WorthLakeside ManorTexasDallasFort WorthLakeside ManorTexasDallasFort WorthLakeside ManorTexasDallasFort WorthLakeside ManorTexasDallasFort WorthLewisville EstatesTexasDallasFort WorthPaloma CreekTexasDallasFort WorthPaloma CreekTexasDallasFort WorthPaloma CreekTexasDallasFort WorthPaloma CreekTexasDallasFort WorthPaloma CreekTexasDallasFort WorthPaloma CreekTexasDallasFort WorthProvidenceTexasDallasFort Worth <td>King Oaks</td> <td>Texas</td> <td>College Station</td>	King Oaks	Texas	College Station
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Cinnamon ShoreTexasCorpus ChristiHarbor PlaceTexasCorpus ChristiArches Point at ParksideTexasDallasFort WorthAvalon at Kessler ParkTexasDallasFort WorthCastle HillsTexasDallasFort WorthCastle HillsTexasDallasFort WorthCC Young Retirement CommunityTexasDallasFort WorthChurchill EstatesTexasDallasFort WorthEdgemereTexasDallasFort WorthEdgemereTexasDallasFort WorthHeritage RanchTexasDallasFort WorthHillside West Senior LivingTexasDallasFort WorthHomeTowne at Matador RanchTexasDallasFort WorthIsabella Village at SavannahTexasDallasFort WorthLake Ridge at Joe Pool LakeTexasDallasFort WorthLake Ridge at Joe Pool LakeTexasDallasFort WorthProvidenceTexasDallasFort WorthRetreat at Craig RanchTexasDallasFort WorthProvidenceTexasDallasFort WorthRetreat at Craig RanchTexasDallasFort WorthRetreat at Craig RanchTexasDall	Carriage Inn Conroe	Texas	Conroe
Harbor PlaceTexasCorpus ChristiArches Point at ParksideTexasDallasFort WorthAvalon at Kessler ParkTexasDallasFort WorthCastle HillsTexasDallasFort WorthCC Young Retirement CommunityTexasDallasFort WorthChurchill EstatesTexasDallasFort WorthEdgemereTexasDallasFort WorthHeritage RanchTexasDallasFort WorthHeritage RanchTexasDallasFort WorthHillside West Senior LivingTexasDallasFort WorthHomeTowne at Matador RanchTexasDallasFort WorthIsabella Village at SavannahTexasDallasFort WorthLake Ridge at Joe Pool LakeTexasDallasFort WorthLakeside ManorTexasDallasFort WorthLewisville EstatesTexasDallasFort WorthProvidenceTexasDallasFort WorthRetreat at Craig RanchTexasDallasFort WorthThe Resort on Eagle Mountain LakeTexasDallasFort WorthThe Resort on Eagle Mountain LakeTexasDallasFort WorthThe Village at PrestonwoodTexasDallasFort WorthThe Village on the Park FriendswoodTexasDallasFort WorthHeritage Hill CountryTexasDallasFort Worth <td>Regency In The Forest</td> <td>Texas</td> <td>Conroe</td>	Regency In The Forest	Texas	Conroe
Arches Point at ParksideTexasDallasFort WorthAvalon at Kessler ParkTexasDallasFort WorthCastle HillsTexasDallasFort WorthCC Young Retirement CommunityTexasDallasFort WorthChurchill EstatesTexasDallasFort WorthEdgemereTexasDallasFort WorthFrisco LakesTexasDallasFort WorthHeritage RanchTexasDallasFort WorthHillside West Senior LivingTexasDallasFort WorthHomeTowne at Matador RanchTexasDallasFort WorthIsabella Village at SavannahTexasDallasFort WorthLakes Ridge at Joe Pool LakeTexasDallasFort WorthLakeside ManorTexasDallasFort WorthLakeside ManorTexasDallasFort WorthLakeside ManorTexasDallasFort WorthResidence at the OaksTexasDallasFort WorthResidence at the OaksTexasDallasFort WorthRetreat at Craig RanchTexasDallasFort WorthThe Reserve at SugaTreeTexasDallasFort WorthThe Reserve at SugaTreeTexasDallasFort WorthThe Village at PrestonwoodTexasDallasFort WorthThe Village at PrestonwoodTexasDallasFort WorthHeritage Hill CountryTexasDallasFort WorthHeritage Hill CountryTexasDallasFort WorthHeritage Hill CountryTexasDallasFort WorthHeritage Hill CountryTexasDallasFort WorthHeritage Hill	Cinnamon Shore	Texas	Corpus Christi
Avaion at Kessler ParkTexasDallasFort WorthCastle HillsTexasDallasFort WorthCC Young Retirement CommunityTexasDallasFort WorthChurchill EstatesTexasDallasFort WorthEdgemereTexasDallasFort WorthFrisco LakesTexasDallasFort WorthHeritage RanchTexasDallasFort WorthHeritage RanchTexasDallasFort WorthHillside West Senior LivingTexasDallasFort WorthHomeTowne at Matador RanchTexasDallasFort WorthIsabella Village at SavannahTexasDallasFort WorthLake Ridge at Joe Pool LakeTexasDallasFort WorthLakeside ManorTexasDallasFort WorthLakeside ManorTexasDallasFort WorthLakeside ManorTexasDallasFort WorthResidence at the OaksTexasDallasFort WorthResidence at the OaksTexasDallasFort WorthRetreat at Craig RanchTexasDallasFort WorthThe Reserve at SugarTreeTexasDallasFort WorthThe Resort on Eagle Mountain LakeTexasDallasFort WorthThe Village at PrestonwoodTexasDallasFort WorthThe Village at CreekTexasDallasFort WorthThe Village at PrestonwoodTexasDallasFort WorthHeritage Hill CountryTexasDallasFort WorthHeritage Hill CountryTexasDallasFort WorthHeritage Hill CountryTexasFriendswoodVillage on the Park	Harbor Place	Texas	Corpus Christi
Castle HillsTexasDallasFort WorthCC Young Retirement CommunityTexasDallasFort WorthChurchill EstatesTexasDallasFort WorthEdgemereTexasDallasFort WorthHeritage RanchTexasDallasFort WorthHeritage RanchTexasDallasFort WorthHillside West Senior LivingTexasDallasFort WorthHomeTowne at Matador RanchTexasDallasFort WorthIsabella Village at SavannahTexasDallasFort WorthLake Ridge at Joe Pool LakeTexasDallasFort WorthLakeside ManorTexasDallasFort WorthLakeside ManorTexasDallasFort WorthLewisville EstatesTexasDallasFort WorthProvidenceTexasDallasFort WorthResidence at the OaksTexasDallasFort WorthRetreat at Craig RanchTexasDallasFort WorthRetreat at Craig RanchTexasDallasFort WorthThe Reserve at SugarTreeTexasDallasFort WorthThe Resort on Eagle Mountain LakeTexasDallasFort WorthThe Village at PrestonwoodTexasDallasFort WorthThe Villas on Bear CreekTexasDallasFort WorthHeritage Hill CountryTexasDallasFort WorthHeritage Hill CountryTexasFredericksburg TexasVillage on the Park FriendswoodTexasFriendswood	Arches Point at Parkside	Texas	DallasFort Worth
CC Young Retirement CommunityTexasDallasFort WorthChurchill EstatesTexasDallasFort WorthEdgemereTexasDallasFort WorthHeritage RanchTexasDallasFort WorthHeritage RanchTexasDallasFort WorthHillside West Senior LivingTexasDallasFort WorthHomeTowne at Matador RanchTexasDallasFort WorthIsabella Village at SavannahTexasDallasFort WorthLakes fidge at Joe Pool LakeTexasDallasFort WorthLakeside ManorTexasDallasFort WorthLakeside ManorTexasDallasFort WorthLakesidenceTexasDallasFort WorthResidenceTexasDallasFort WorthResidenceTexasDallasFort WorthResidenceTexasDallasFort WorthResidenceTexasDallasFort WorthResidenceTexasDallasFort WorthResidenceTexasDallasFort WorthResidenceTexasDallasFort WorthResidence at the OaksTexasDallasFort WorthRetreat at Craig RanchTexasDallasFort WorthThe Reserve at SugarTreeTexasDallasFort WorthThe Resort on Eagle Mountain LakeTexasDallasFort WorthThe Village at PrestonwoodTexasDallasFort WorthThe Village at PrestonwoodTexasDallasFort WorthHeritage Hill CountryTexasDallasFort WorthHeritage Hill CountryTexasFredericksburg Texas	Avalon at Kessler Park	Texas	DallasFort Worth
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Frisco LakesTexasDallasFort WorthHeritage RanchTexasDallasFort WorthHillside West Senior LivingTexasDallasFort WorthHomeTowne at Matador RanchTexasDallasFort WorthIsabella Village at SavannahTexasDallasFort WorthLake Ridge at Joe Pool LakeTexasDallasFort WorthLakeside ManorTexasDallasFort WorthLakeside ManorTexasDallasFort WorthLakeside ManorTexasDallasFort WorthLakeside Senior LivingTexasDallasFort WorthLakeside ManorTexasDallasFort WorthLakeside ManorTexasDallasFort WorthLakeside ManorTexasDallasFort WorthLewisville EstatesTexasDallasFort WorthPaloma CreekTexasDallasFort WorthProvidenceTexasDallasFort WorthResidence at the OaksTexasDallasFort WorthRetreat at Craig RanchTexasDallasFort WorthRobson Ranch TexasTexasDallasFort WorthThe Reserve at SugarTreeTexasDallasFort WorthThe Reserve at SugarTreeTexasDallasFort WorthThe Village at PrestonwoodTexasDallasFort WorthThe Village at PrestonwoodTexasDallasFort WorthWillage on Bear CreekTexasDallasFort WorthWillage on the Park FriendswoodTexasFriendswoodVillage on the Park FriendswoodTexasFriendswood	Churchill Estates	Texas	DallasFort Worth
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HomeTowne at Matador RanchTexasDallasFort WorthIsabella Village at SavannahTexasDallasFort WorthLake Ridge at Joe Pool LakeTexasDallasFort WorthLakeside ManorTexasDallasFort WorthLakeside ManorTexasDallasFort WorthLewisville EstatesTexasDallasFort WorthPaloma CreekTexasDallasFort WorthProvidenceTexasDallasFort WorthResidence at the OaksTexasDallasFort WorthRetreat at Craig RanchTexasDallasFort WorthRobson Ranch TexasTexasDallasFort WorthThe Reserve at SugarTreeTexasDallasFort WorthThe Resort on Eagle Mountain LakeTexasDallasFort WorthThe Village at PrestonwoodTexasDallasFort WorthThe Villas on Bear CreekTexasDallasFort WorthVillage on the Park FriendswoodTexasFriendswoodVillage on the Park FriendswoodTexasFriendswood	Heritage Ranch	Texas	DallasFort Worth
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Lewisville EstatesTexasDallasFort WorthPaloma CreekTexasDallasFort WorthProvidenceTexasDallasFort WorthResidence at the OaksTexasDallasFort WorthRetreat at Craig RanchTexasDallasFort WorthRobson Ranch TexasTexasDallasFort WorthThe Reserve at SugarTreeTexasDallasFort WorthThe Reserve at SugarTreeTexasDallasFort WorthThe Resort on Eagle Mountain LakeTexasDallasFort WorthThe Village at PrestonwoodTexasDallasFort WorthThe Villas on Bear CreekTexasDallasFort WorthVillas by the LakeTexasDallasFort WorthHeritage Hill CountryTexasDallasFort WorthHeritage On the Park FriendswoodTexasFriedericksburg TexasVillage on the Park FriendswoodTexasFriendswood	Lake Ridge at Joe Pool Lake	Texas	DallasFort Worth
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Retreat at Craig RanchTexasDallasFort WorthRobson Ranch TexasTexasDallasFort WorthThe Reserve at SugarTreeTexasDallasFort WorthThe Resort on Eagle Mountain LakeTexasDallasFort WorthThe Village at PrestonwoodTexasDallasFort WorthThe Villas on Bear CreekTexasDallasFort WorthVillas by the LakeTexasDallasFort WorthWatermere at SouthlakeTexasDallasFort WorthHeritage Hill CountryTexasDallasFort WorthVillage on the Park FriendswoodTexasFriendswood	Providence	Texas	DallasFort Worth
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The Reserve at SugarTreeTexasDallasFort WorthThe Resort on Eagle Mountain LakeTexasDallasFort WorthThe Village at PrestonwoodTexasDallasFort WorthThe Villas on Bear CreekTexasDallasFort WorthVillas by the LakeTexasDallasFort WorthWatermere at SouthlakeTexasDallasFort WorthHeritage Hill CountryTexasDallasFort WorthVillage on the Park FriendswoodTexasFriendswood	Retreat at Craig Ranch	Texas	DallasFort Worth
The Resort on Eagle Mountain LakeTexasDallasFort WorthThe Village at PrestonwoodTexasDallasFort WorthThe Villas on Bear CreekTexasDallasFort WorthVillas by the LakeTexasDallasFort WorthWatermere at SouthlakeTexasDallasFort WorthHeritage Hill CountryTexasFredericksburg TexasVillage on the Park FriendswoodTexasFriendswood	Robson Ranch Texas	Texas	DallasFort Worth
The Village at PrestonwoodTexasDallasFort WorthThe Villas on Bear CreekTexasDallasFort WorthVillas by the LakeTexasDallasFort WorthWatermere at SouthlakeTexasDallasFort WorthHeritage Hill CountryTexasFredericksburg TexasVillage on the Park FriendswoodTexasFriendswood	The Reserve at SugarTree	Texas	DallasFort Worth
The VIllas on Bear CreekTexasDallasFort WorthVillas by the LakeTexasDallasFort WorthWatermere at SouthlakeTexasDallasFort WorthHeritage Hill CountryTexasFredericksburg TexasVillage on the Park FriendswoodTexasFriendswood	The Resort on Eagle Mountain Lake	Texas	DallasFort Worth
Villas by the LakeTexasDallasFort WorthWatermere at SouthlakeTexasDallasFort WorthHeritage Hill CountryTexasFredericksburg TexasVillage on the Park FriendswoodTexasFriendswood	The Village at Prestonwood	Texas	DallasFort Worth
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Heritage Hill CountryTexasFredericksburg TexasVillage on the Park FriendswoodTexasFriendswood	Villas by the Lake	Texas	DallasFort Worth
Heritage Hill CountryTexasVillage on the Park FriendswoodTexasFriendswoodFriendswood	Watermere at Southlake	Texas	DallasFort Worth
	Heritage Hill Country	Texas	-
Georgetown Village Texas Georgetown-TX	Village on the Park Friendswood	Texas	Friendswood
	Georgetown Village	Texas	Georgetown-TX

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Heritage Oaks	Texas	Georgetown-TX
Oaks at Wildwood	Texas	Georgetown-TX
Sun City Texas	Texas	Georgetown-TX
Sun City-Texas	Texas	Georgetown-TX
South Colleyvine Ranch	Texas	Grapevine
Fun-N-Sun Resort	Texas	Harlingen
Palm Gardens RV Park	Texas	Harlingen
Tropic Winds Resort	Texas	Harlingen
Commons of Grace	Texas	Houston
Del Webb Sweetgrass	Texas	Houston
Eagles Trace Texas	Texas	Houston
Heritage Towne Lake	Texas	Houston
Kings Mill	Texas	Houston
The Gardens at Spring Shadows	Texas	Houston
Village on the Park Steeplechase	Texas	Houston
Villas in the Pines	Texas	Houston
Villas on Wood Forest	Texas	Houston
Carriage Inn Huntsville	Texas	Huntsville
Carriage Inn Katy	Texas	Katy
Heritage Grande at Cinco Ranch	Texas	Katy
South Padre Island Golf Community	Texas	Laguna Vista
Carriage Inn Jackson	Texas	Lake Jackson
Escapees CARE Center	Texas	Livingston
The Woods at Clayton Place	Texas	Longview
The Woods at PineCrest	Texas	Lufkin
Village of Stonewood	Texas	Lufkin
Fiesta Village	Texas	Mission
Retama Village Bentsen Palm	Texas	Mission
Sleepy Valley Resort	Texas	Mission
Lake Olympia	Texas	Missouri City
Quail Valley	Texas	Missouri City
Riverstone Active Community	Texas	Missouri City
Sienna Plantation	Texas	Missouri City
Austin Hills	Texas	Nacogdoches
Scenic Hills	Texas	New Braunfels
The Enclave at Westpointe Village	Texas	New Braunfels
Vintage Oaks	Texas	New Braunfels
<u>Club Bellavita</u>	Texas	Pearland
Stuart Place Country Club	Texas	Rio Grande Valley
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<u>Victoria Palms Resort</u>	Texas	Rio Grande Valley
Heritage at Vizcaya	Texas	Round Rock
<u>Teravista</u>	Texas	Round Rock
Rio Concho Communities	Texas	San Angelo
Air Force Villages	Texas	San Antonio
Del Webb Hill Country Retreat	Texas	San Antonio
Independence Hill Retirement Resort Community	Texas	San Antonio
Independence Village at Stone Oak	Texas	San Antonio
Midcrown Pavilion	Texas	San Antonio
<u>Roseheart</u>	Texas	San Antonio
The Alhambra Senior Apartments	Texas	San Antonio
The Lodge At Leon Springs	Texas	San Antonio
The Reserve at Hill Country Retreat	Texas	San Antonio
The Ridge at Sonoma Verde	Texas	San Antonio
The Towers on Park Lane	Texas	San Antonio
Conservatory Senior Living	Texas	The Woodlands
East Shore	Texas	The Woodlands
Village at Woodlands Waterway	Texas	The Woodlands
Windsor Hills	Texas	The Woodlands
Windsor Lakes	Texas	The Woodlands
Leisure World RV Resort	Texas	Weslaco
Llano Grande Lake Park Resort	Texas	Weslaco
Snow to Sun	Texas	Weslaco
Trails End RV Resort	Texas	Weslaco
Crescent Heights	Utah	Cedar City
Brookhaven Villas	Utah	Lehi
The Gardens At Ivory Ridge	Utah	Lehi
Springbrook Villas	Utah	Lehi
Stirling Pointe	Utah	Lehi
Whisper Rock	Utah	Lehi
Willow Park Villas	Utah	Lehi
Towne Center Villas	Utah	Logan
Harrison Regent	Utah	Ogden
Westwood Village	Utah	Ogden
Hideout Canyon	Utah	Park City
Cove Point	Utah	Provo
Heritage Village Utah	Utah	Provo
All Seasons	Utah	Salt Lake City
Bella Vida at Englewood	Utah	Salt Lake City

Bridlewood Villas	Utah	Salt Lake City
Garden Park at Daybreak	Utah	Salt Lake City
Parklane Apartments	Utah	Salt Lake City
Sagewood at Daybreak	Utah	Salt Lake City
South Towne Ranch	Utah	Salt Lake City
Summit Vista	Utah	Salt Lake City
Brio	Utah	ST GEORGE
Palms RV Resort	Utah	ST GEORGE
Sunbrook	Utah	ST GEORGE
SunRiver St. George	Utah	ST GEORGE
Coral Canyon	Utah	Washington
Ethan Allen Residence	Vermont	Burlington
<u>Shelburne Bay</u>	Vermont	Burlington
Wake Robin	Vermont	Burlington
Equinox Village	Vermont	Manchester Center
Eastview at Middlebury	Vermont	Middlebury
Lodge at Otter Creek	Vermont	Middlebury
Wynnmere	Vermont	Rutland Town
Goodwin House	Virginia	Alexandria
Greenspring	Virginia	Alexandria
<u>Hermitage</u>	Virginia	Alexandria
The Fountains at Washington House	Virginia	Alexandria
Potomac Green Del Webb	Virginia	Ashburn
<u>WoodsEdge</u>	Virginia	Blacksburg
Branchlands	Virginia	Charlottesville
<u>Fontana</u>	Virginia	Charlottesville
Four Seasons Charlottesville	Virginia	Charlottesville
Belle Air Village	Virginia	Fredericksburg
Falls Run	Virginia	Fredericksburg
Rosewood Village	Virginia	Fredericksburg
The Evergreens at Smith Run	Virginia	Fredericksburg
The Evergreens at Smith Run	Virginia	Fredericksburg
Heritage Hunt Golf and Country Club	Virginia	Gainesville-VA
Regency at Dominion Valley	Virginia	Gainesville-VA
CrossRidge	Virginia	Glen Allen
Ladysmith Village	Virginia	Glen Allen
Verena at Virginia Center	Virginia	Glen Allen
Four Seasons At Ashburn Village	Virginia	Leesburg
Leisure World of Virginia	Virginia	Leesburg

New Eco Equine Village	Virginia	Leesburg
The Villages at Broadlands	Virginia	Leesburg
Glenbrooke in Boonsboro	Virginia	Lynchburg
Dunbarton	Virginia	Manassas
Gatherings At Wellington	Virginia	Manassas
Liberty Grove	Virginia	Manassas
Oaks of Wellington	Virginia	Manassas
King's Grant	Virginia	Martinsville
Four Seasons at New Kent Vineyards	Virginia	New Kent
Church Square	Virginia	Newport News
Warwick Forest Retirement Community	Virginia	Newport News
Eagle Point at Cahoon Plantation	Virginia	Norfolk
First Colonial Inn	Virginia	Norfolk
Harbors Edge	Virginia	Norfolk
West Neck Villages	Virginia	Norfolk
Tinsley Charter	Virginia	PRINCE GEORGE
West Market	Virginia	Reston
Brandermill Woods	Virginia	Richmond
Heritage Oaks Retirement Community	Virginia	Richmond
Rock Creek Villas	Virginia	Richmond
The Villas at Magnolia Lakes	Virginia	Richmond
Colonial Heritage	Virginia	Williamsburg
New Town	Virginia	Williamsburg
The Settlement at Powhatan Creek	Virginia	Williamsburg
Verena at The Reserve	Virginia	Williamsburg
VIIIa at Five Forks	Virginia	Williamsburg
Villas at Yorktown	Virginia	Williamsburg
Cedar Meadows	Virginia	Winchester VA
Shenandoah Active Adult Community	Virginia	Winchester VA
The Village at Harvest Ridge	Virginia	Winchester VA
The Willows At Meadow Branch	Virginia	Winchester VA
Trilogy at Lake Fredrick	Virginia	Winchester VA
Village At Orchard Ridge	Virginia	Winchester VA
Four Seasons at Historic Virginia	Virginia	Woodbridge
Potomac Shores	Virginia	Woodbridge
Westminster at Lake Ridge	Virginia	Woodbridge
Montreaux	Washington	Anacortes
Shea Homes at Jubilee	Washington	Anacortes
Center Village	Washington	Bellevue

Pacific Regent Bellevue	Washington	Bellevue
Silver Glen	Washington	Bellevue
The Garden Club	Washington	Bellevue
Timber Ridge at Talus	Washington	Bellevue
Big Fir	Washington	Bellingham
The Willows	Washington	Bellingham
Stillwaters Estates	Washington	Centralia
Saratoga	Washington	Edmonds
Vintage at Everett	Washington	Edmonds
Rosewood Adult Living	Washington	Ellensburg
Lakeview Meadows	Washington	Lacey
Laurel Oaks	Washington	Lacey
Panorama	Washington	Lacey
<u>Oyhut Bay</u>	Washington	Ocean Shores
Seabrook	Washington	Ocean Shores
Affinity at Olympia	Washington	Olympia
Patriots Landing	Washington	Olympia
Silver Leaf Residences	Washington	Olympia
The Firs	Washington	Olympia
Yauger Park Villas	Washington	Olympia
The Orchards on Fourteenth	Washington	Port Angeles
Viking Park	Washington	Poulsbo
Cascara at the Villages	Washington	Redmond
Emerald Heights	Washington	Redmond
Reunion at Redmond Ridge	Washington	Redmond
Trilogy at Redmond Ridge	Washington	Redmond
Arrowhead Gardens	Washington	Seattle
<b>Bayview Retirement Community</b>	Washington	Seattle
Bow Lake	Washington	Seattle
Exeter House	Washington	Seattle
High Point	Washington	Seattle
Horizon House	Washington	Seattle
Kloshe Illahee	Washington	Seattle
Merrill Gardens at University Village	Washington	Seattle
Mirabella Seattle	Washington	Seattle
Park Shore	Washington	Seattle
Pinewood Villa	Washington	Seattle
Providence Point	Washington	Seattle
Skyline at First Hill	Washington	Seattle

The Hearthstone	Washington	Seattle
Sherwood Assisted Living	Washington	Sequim
Solana	Washington	Sequim
Affinity at Mill Road	Washington	Spokane
Broadway Court Estates	Washington	Spokane
Harvard Park	Washington	Spokane
Spring Ridge Estates	Washington	Spokane
Sundance Meadows Adult Community	Washington	Spokane
Touchmark at Grapetree	Washington	Spokane
Touchmark at Spokane	Washington	Spokane
Touchmark on South Hill	Washington	Spokane
Azalea Gardens	Washington	Tacoma
Belmor Park Golf and Country Club	Washington	Tacoma
Norpoint Village	Washington	Tacoma
Pantera Lago	Washington	Tacoma
<u>Peninsula</u>	Washington	Tacoma
Tehaleh	Washington	Tacoma
The Cottages at Peach Creek	Washington	Tacoma
The Highlands at South Hill	Washington	Tacoma
The Lodge at Mallards Landing	Washington	Tacoma
Trilogy at Tehaleh	Washington	Tacoma
Village Green Retirement Campus	Washington	Tacoma
Eagles Landing	Washington	Tumwater
Courtyard Village Vancouver	Washington	Vancouver
Fairway Village-Vancouver	Washington	Vancouver
Highgate Senior Living	Washington	Vancouver
Villas at Salmon Creek	Washington	Vancouver
Affinity At Walla Walla	Washington	Walla Walla
Galbraith Gardens	Washington	Walla Walla
Quail Run Retirement Community	Washington	Walla Walla
Wheatland Village	Washington	Walla Walla
Oakmont at Fairway Point	Washington	Whidbey Island
The Villas at Terrace Heights	Washington	Yakima
Uptown Retirement Court	Washington	Yakima
Yakima Quail Run	Washington	Yakima
<u>Chesnut Oaks</u>	Washington D.C.	Washington
Riderwood CCRC	Washington D.C.	Washington

The Overlook at Oxon Run	Washington D.C.	Washington
Emeritus at Maplewood	West Virginia	Morgantown
Touchmark on West Prospect	Wisconsin	Green Bay
Capitol Lakes	Wisconsin	Madison (WI)
Middleton Glen	Wisconsin	Madison (WI)
Mission Lakes	Wisconsin	Milwaukee
Rainbow Lake Manor	Wisconsin	Milwaukee
Whispering Chase	Wyoming	Cheyenne

Appendix M: Survey Instrument for Survey Monkey: TND

### Traditional Neighborhood Development (TND) Survey

### Welcome to the Survey

You are invited to take part in a 13 question research study about barriers and promoters real estate developers face in building traditional neighborhood developments. The researcher is inviting real estate developers who have an interest in, or have developed TNDs. This first page form is part of a process called "informed consent" to allow you to understand this study before deciding whether to take part.

This study, titled "Where One Lives Matters: How Plans, Finance and Zoning Policies Impact What Developers Choose to Build," is being conducted by a researcher named Michele A. Williams, who is a doctoral student at Walden University in the Public Policy and Administration program.

1

#### **Background Information:**

The purpose of this study is to explore the degree to which comprehensive plans, finance and zoning policies predict the likelihood that real estate developers will build certain types of communities in the United States.

#### Procedures:

If you agree to be in this study, you will be asked to complete one online 13 question survey that should take no more than 45 minutes.

Here are some sample questions:

1. To what extent does fast tracking permitting processes for more sustainable development encourage you to develop a TND? \_\_\_\_\_Not at all \_\_\_\_Slightly influential \_\_\_\_Somewhat influential \_\_\_\_\_Very influential \_\_\_\_\_No opinion

2. To what extent does the requirement to conform with LEED-ND standards encourage you to develop a TND?
\_\_\_\_\_Not at all \_\_\_\_\_Slightly influential \_\_\_\_\_Somewhat influential \_\_\_\_\_Very influential \_\_\_\_\_Extremely influential \_\_\_\_\_No opinion

3. To what extent does an adjacent transit station encourage you to develop a TND?

\_\_\_Not at all \_\_\_Slightly influential \_\_\_Somewhat influential \_\_\_Very influential \_\_\_ Extremely influential \_\_\_No opinion

#### Voluntary Nature of the Study:

This study is voluntary. Everyone will respect your decision of whether or not you choose to be in the study. You will not be treated differently if you decide not to be in the study. If you decide not to join the study now, you can still change your mind later. You may stop at any time and are free to decline to answer any particular topical question you do not wish to answer for any reason.

#### Risks and Benefits of Being in the Study:

Being in this type of study involves some risk of the minor discomforts that can be encountered in daily life, such as fatigue and stress caused as you think about your experience. Being in this study would not pose risk to your safety or wellbeing.

Although no benefits accrue to you for answering the survey, but your responses will be used to help policy makers understand how real estate development policies may help or hinder population health. The results of the research will happily be shared with you, as you may find benefit in knowing more about the topic.

#### Payment:

There is no payment or reimbursements that will be provided to you.

#### Privacy:

Any information you provide will be kept confidential. The researcher will not use your personal information for any purposes outside of this research project. Also, the researcher will not include your name or anything else that could identify you in the study reports.

Your survey answers will be sent to a link at SurveyMonkey.com where data will be stored in a password protected electronic format. SurveyMonkey, as a company, does not use their servers to collect identifying information such as your name, email address, or IP address. Therefore, your responses will remain anonymous to the company SurveyMonkey. The only one will be able to identify you or your answers, or know whether or not you participated in the study is the researcher. Data will be kept secure by storing it in a password protected electronic format. SurveyMonkey's privacy policy can be found <u>here</u>.

Data will be kept for a period of at least 5 years, as required by the university.

#### **Contacts and Questions:**

You may ask any questions you have now. Or if you have questions later, you may contact the researcher via email at Michele.williams5@waldenu.edu or 302-827-3575. If you want to talk privately about your rights as a participant, you can call Dr. Leilani Endicott. She is the Walden University representative who can discuss this with you.

Traditional Neighborhood	Development (	TND) Survey
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**Consent Form** 

\* 1. If you wish to participate in the research study, please indicate that you agree to participate by clicking on the "Agree" button:

O Agree

O Disagree

\* 2. In order to establish that you are eligible to participate in this study, please confirm yes or no to the following:

Response	
Can you read and speak English so that you can understand the study well enough to make a decision about participating in the study?	
Are you 18 years of age or older?	
Do you have access to the internet and email?	

- \* 3. Were you involved in decision making processes in the development of a TDN?
  - O Yes

- O No
- \* 4. The questions that follow focus on some of the supporting and inhibiting policies of real estate development. Are you able to provide answers to questions about the planning, designing, marketing, and/or involvement with town/city/county committees in the development of your TND?

$\bigcirc$	Yes
$\sim$	

O No

Other (please specify)

Traditional Neighborhood Development (TND) Survey

# 5. To what extent do the following factors ENCOURAGE you to develop an Age-Restricted Active Communities:

	Not at all	Slightly influential	Somewhat influential	Very influential	Extremely influential	No opinion/Not applicable
Fast track permitting processes for more sustainable development	0	0	$\bigcirc$	0	$\bigcirc$	0
The requirement to conform with LEED-ND standards	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	0	0
A significant amount of new real estate investment underway in area or near site	0	$\bigcirc$	0	0	0	0
An adjacent transit station	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Brownfield issues (abandoned or underused properties where redevelopment is complicated by actual or perceived environmental contamination)	0	0	0	0	0	0
The government and their lenders absorb most of the risk should a real estate venture fail	0	0	0	0	0	0
The availability of tax incentives	$\bigcirc$	$\bigcirc$	0	0	0	0
Reduced parking requirements	0	0	$\bigcirc$	0	0	0
The ability to build some units without on-site parking	0	$\bigcirc$	0	$\bigcirc$	0	0
Car sharing programs available in area of development	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	0	0
The availability of location-efficient mortgages (increases the amount of money homebuyers in urban areas are able to borrow by taking into account the money they save in "walkable" areas)	0	0	0	0	0	0

	Not at all	Slightly influential	Somewhat influential	Very influential	Extremely influential	No opinion/Not applicable
Potential rent premiums for superior locations/access	0	$\bigcirc$	0	0	0	0
The ability to market benefits related to walking	0	$\bigcirc$	$\bigcirc$	0	0	0
The ability to market benefits related to bicycling	0	$\bigcirc$	0	$\bigcirc$	$\bigcirc$	0
The ability to market benefits related to health	0	0	$\bigcirc$	0	0	0
The ability to market benefits related to reduced car use	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	0	0
Reduced clearing and grading costs	$\bigcirc$	$\bigcirc$	$\bigcirc$	0	0	0
Potentially reduced infrastructure costs (streets, curbs, gutters, sidewalks)	0	0	0	0	$\bigcirc$	0
Reduced storm water management costs	0	0	$\bigcirc$	0	0	$\bigcirc$
Reduced impact fees and increased lot yields	$\bigcirc$	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Increased marketability of properties	$\bigcirc$	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Preserved existing vegetation	$\bigcirc$	$\bigcirc$	0	0	$\bigcirc$	0
Density bonuses	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Incentives for below market rate units	0	0	$\bigcirc$	0	0	$\bigcirc$
Meeting other specified goals for land envelopment (e.g., aesthetics, open space, parks, or buffers)	0	0	0	0	0	0
Subjection to form-based codes (a zoning code is designed to regulate development to achieve a specific urban form oriented toward pedestrian-friendly design)	0	0	0	0	0	0

	Not at all	Slightly influential	Somewhat influential	Very influential	Extremely influential	No opinion/Not applicable
Regulations allowing grid-streets	0	0	0	0	0	0
Age-Restricted Act	ive Commu	nity Develor	oment Surve	ey October 16		
PREVENT or DISCO	OURAGE AG	BE RESTRIC	TED ACTIVE	E COMMUNIT	ES	

# 6. To what extent do the following factors PREVENT or DISCOURAGE you to develop Age-Restricted Active Communities:

	Not at all	Slightly influential	Somewhat influential	Very influential	Extremely influential	No opinion/Not applicable
NIMBY (not in my back yard)	0	0	$\bigcirc$	$\bigcirc$	0	$\bigcirc$
Resistance to density increases	0	0	$\bigcirc$	$\bigcirc$	0	$\bigcirc$
Lack of political support	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	0
The inability to overcome governmental/political hurdles	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	0
The inability of government agencies to work together	0	$\bigcirc$	0	$\bigcirc$	$\bigcirc$	0
The lack of experience with Age-Restricted Active Communities within my company	0	0	0	0	0	0
The lack of experience with Age-Restricted Active Communities in local community development	0	0	0	0	0	0
The public sector participation in development plans	0	$\bigcirc$	0	0	0	0
The lack of market demand	$\bigcirc$	0	$\bigcirc$	0	0	$\bigcirc$
The lack of lender familiarity with Age- Restricted Active Communities	0	$\bigcirc$	$\bigcirc$	0	0	0

	Not at all	Slightly influential	Somewhat influential	Very influential	Extremely influential	No opinion/Not applicable
Lender policies that do not recognize or value mixed-use	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	0	0
Gas/fuel prices for construction activities	0	0	$\bigcirc$	$\bigcirc$	0	0
The cost of sidewalks and intersection treatments	$\bigcirc$	$\bigcirc$	0	$\bigcirc$	0	0
Financing for integrated, mixed-use development (commercial and residential)	0	0	0	0	0	0
Inadequate transit services	0	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	0
Affordable housing requirements	0	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Automobile oriented land-use policies	$\bigcirc$	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	0
Regulations requiring cul-de-sacs, large lots, large setback, wide streets, and separation of uses	0	0	0	$\bigcirc$	0	0
Minimum parking requirements	0	0	0	0	0	0

# Age-Restricted Active Community Development Survey October 16

Background-Tell us about you!

7. Please indicate your primary business occupation. Please select only one option.

O Builder

O Remodeler

C Land Developer

O Subcontractor

Architect/Designer

Industry Product Manufacturer/Service Provider

Industry Dealer/Distributor/Supplier

Other (please specify)

8. How many years have you been working in this field?

1-5 years

6-10 years

11-15 years

16-20 years

21-25 years

O over 25 years

9. In what state is your company located?

Other (please specify)

10. Where does your company primarily develop?

O Develop only in this state indicated in previous question

O Develop only in the local area surrounding the company office:

O Develop in multiple states (please select the states in next question):

TT. If your company develo	ips in multiple states, please indicate the	states.
AL Alabama	KY Kentucky	ND North Dakota
AK Alaska	LA Louisiana	OH Ohio
AZ Arizona	ME Maine	OK Oklahoma
AR Arkansas	MD Maryland	OR Oregon
CA California	MA Massachusetts	PA Pennsylvania
CO Colorado	MI Michigan	RI Rhode Island
CT Connecticut	MN Minnesota	SC South Carolina
DE Delaware	MS Mississippi	SD South Dakota
DC District of Columbia	MO Missouri	TN Tennessee
FL Florida	MT Montana	TX Texas
GA Georgia	NE Nebraska	UT Utah
HI Hawaii	NV Nevada	VT Vermont
ID Idaho	NH New Hampshire	VA Virginia
IL Illinois	NJ New Jersey	WA Washington
IN Indiana	NM New Mexico	WV West Virginia
IA Iowa	NY New York	WI Wisconsin
KS Kansas	NC North Carolina	WY Wyoming
Other (please specify)		

11. If your company develops in multiple states, please indicate the states:

12. What is the main type of housing your company sells/develops? (check all that apply
Detached single-family residences
Duplex, triplex, quad single family residences
Townhouses, row houses, apartments or condos of 2-3 stories
Mix of single-family residences and townhouses, row houses, apartments or condos
Apartments or condos of 4-12 stories
Apartments or condos of more than 12 stories
Tiny houses
Mobile homes/parks
Other (please specify)

13. What type of development does the agency/company that you work for most commonly develop? Check all that apply.

Build new houses in outlying areas

Build new homes in existing, partially developed suburban areas

Build new homes on vacant land in the central city or inner suburbs

Develop/remodel existing homes and neighborhoods (infill development)

Commercial building retrofitting

Develop homes as part of TNDs

Other (please specify)

## Traditional Neighborhood Development (TND) Survey

Thank you!

Thank you for completing this survey. I sincerely appreciate your time in providing me with valuable information. If you have additional comments or questions, or would like a copy of my summary results of my study once it is published, do not hesitate to contact me at michele.williams5@waldenu.edu or 302-827-3575.

# Appendix N: Survey Instrument for Survey Monkey: Age Restricted Active Communities

Age-Restricted Active Community Development Survey October 16

Welcome to the Survey

You are invited to take part in a research study about barriers and promoters real estate developers face in building Age-Restricted Active Community Developers. The researcher is inviting real estate developers whose Age-Restricted Active Community Developers are listed on www.TopRetirements.com. The researcher obtained your name/contact information via a Google Internet Search. This form is part of a process called "informed consent" to allow you to understand this study before deciding whether to take part.

This study is being conducted by a researcher named Michele A. Williams, who is a doctoral student at Walden University in the Public Policy and Administration program

1

#### **Background Information:**

The purpose of this study is to explore the degree to which comprehensive plans, finance and zoning policies predict the likelihood that real estate developers will build certain types of communities in the United States.

#### Procedures:

If you agree to be in this study, you will be asked to complete one online survey that should take no more than 45 minutes.

Here are some sample questions:

1. To what extent does fast tracking permitting processes for more sustainable development encourage you to develop a Age-Restricted Active Community?

\_\_\_\_Not at all \_\_\_\_Slightly influential \_\_\_Somewhat influential \_\_\_\_Very influential \_\_\_\_ Extremely influential \_\_\_\_No opinion 2. To what extent does the requirement to conform with LEED-ND standards encourage you to develop a Age-Restricted Active Community?

\_\_\_\_Not at all \_\_\_Slightly influential \_\_\_Somewhat influential \_\_\_Very influential \_\_\_Extremely influential \_\_\_No opinion 3. To what extent does an adjacent transit station encourage you to develop a Age-Restricted Active Community? \_\_\_\_Not at all \_\_\_Slightly influential \_\_\_Somewhat influential \_\_\_Very influential \_\_\_ Extremely influential \_\_\_No opinion

#### Voluntary Nature of the Study:

This study is voluntary. Everyone will respect your decision of whether or not you choose to be in the study. You will not be treated differently if you decide not to be in the study. If you decide not to join the study now, you can still change your mind later. You may stop at any time and are free to decline to answer any particular topical question you do not wish to answer for any reason.

#### Risks and Benefits of Being in the Study:

Being in this type of study involves some risk of the minor discomforts that can be encountered in daily life, such as fatigue and stress caused as you think about your experience. Being in this study would not pose risk to your safety or wellbeing.

Although no benefits accrue to you for answering the survey, but your responses will be used to help policy makers understand how real estate development policies may help or hinder population health. The results of the research will happily be shared with you, as you may find benefit in knowing more about the topic.

#### Payment:

There is no payment or reimbursements that will be provided to you.

#### Privacy:

Any information you provide will be kept confidential. The researcher will not use your personal information for any purposes outside of this research project. Also, the researcher will not include your name or anything else that could identify you in the study reports.

Your survey answers will be sent to a link at SurveyMonkey.com where data will be stored in a password protected electronic format. SurveyMonkey, as a company, does not use their servers to collect identifying information such as your name, email address, or IP address. Therefore, your responses will remain anonymous to the company SurveyMonkey. The only one will be able to identify you or your answers, or know whether or not you participated in the study is the researcher. Data will be kept secure by storing it in a password protected electronic format. SurveyMonkey's privacy policy can be found <u>here</u>.

Data will be kept for a period of at least 5 years, as required by the university.

#### **Contacts and Questions:**

You may ask any questions you have now. Or if you have questions later, you may contact the researcher via email at Michele.williams5@waldenu.edu or 302-827-3575. If you want to talk privately about your rights as a participant, you can call Dr. Leilani Endicott. Sh

\* 1. If you wish to participate in the research study, please indicate that you agree to participate by clicking on the "Agree" button:

Agree

Disagree

\* 2. In order to establish that you are eligible to participate in this study, please confirm yes or no to the following:

Response
Can you read and speak English so that you can understand the study well enough to make a decision about participating in the study?
Are you 18 years of age or older?
Do you have access to the internet and email?

\* 3. Were you involved in decision making processes in the development of an Age-Restricted Active Community?

$\bigcirc$	Yes
$\bigcirc$	

○ No

\* 4. The questions that follow focus on some of the supporting and inhibiting policies of real estate development. Are you able to provide answers to questions about the planning, designing, marketing, and/or involvement with town/city/county committees in the development of your Age-Restricted Active Community?

~	
( )	Yes
$\smile$	

○ No

Age-Restricted Active Community Development Survey October 16

ENCOURAGE AGE-RESTRICTED ACTIVE COMMUNITIES

	Not at all	Slightly influential	Somewhat influential	Very influential	Extremely influential	No opinion/Not applicable
Fast track permitting processes for more sustainable development	0	$\bigcirc$	$\bigcirc$	0	$\bigcirc$	0
The requirement to conform with LEED-ND standards	0	$\bigcirc$	0	$\bigcirc$	0	0
A significant amount of new real estate investment underway in area or near site	0	$\bigcirc$	0	0	0	0
An adjacent transit station	$\bigcirc$	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Brownfield issues (abandoned or underused properties where redevelopment is complicated by actual or perceived environmental contamination)	0	0	0	0	0	0
The government and their lenders absorb most of the risk should a real estate venture fail	0	$\bigcirc$	0	0	0	0
The availability of tax incentives	$\bigcirc$	$\bigcirc$	0	$\bigcirc$	0	$\bigcirc$
Reduced parking requirements	0	0	$\bigcirc$	0	0	0
The ability to build some units without on-site parking	0	$\bigcirc$	0	$\bigcirc$	0	0
Car sharing programs available in area of development	0	0	0	0	$\bigcirc$	0
The availability of location-efficient mortgages (increases the amount of money homebuyers in urban areas are able to borrow by taking into account the money they save in "walkable" areas)	0	0	0	0	0	0

5. To what extent do the following factors ENCOURAGE you to develop an Age-Restricted Active Communities:

	Not at all	Slightly influential	Somewhat influential	Very influential	Extremely influential	No opinion/Not applicable
Potential rent premiums for superior locations/access	0	$\bigcirc$	0	0	0	0
The ability to market benefits related to walking	0	$\bigcirc$	0	$\bigcirc$	0	0
The ability to market benefits related to bicycling	0	0	0	$\bigcirc$	0	0
The ability to market benefits related to health	0	0	0	0	0	0
The ability to market benefits related to reduced car use	0	$\bigcirc$	$\bigcirc$	0	0	0
Reduced clearing and grading costs	$\bigcirc$	0	$\bigcirc$	0	0	0
Potentially reduced infrastructure costs (streets, curbs, gutters, sidewalks)	0	$\bigcirc$	0	0	0	0
Reduced storm water management costs	0	0	$\bigcirc$	0	0	$\bigcirc$
Reduced impact fees and increased lot yields	0	0	$\bigcirc$	$\bigcirc$	0	$\bigcirc$
Increased marketability of properties	0	0	0	0	0	0
Preserved existing vegetation	$\bigcirc$	0	$\bigcirc$	0	0	0
Density bonuses	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Incentives for below market rate units	$\bigcirc$	0	$\bigcirc$	0	$\bigcirc$	0
Meeting other specified goals for land envelopment (e.g., aesthetics, open space, parks, or buffers)	0	0	0	0	0	0
Subjection to form-based codes (a zoning code is designed to regulate development to achieve a specific urban form oriented toward pedestrian-friendly design)	0	0	0	0	0	0

	Not at all	Slightly influential	Somewhat influential	Very influential	Extremely influential	No opinion/Not applicable
Regulations allowing grid-streets	0	0	$\bigcirc$	$\bigcirc$	0	$\bigcirc$

Age-Restricted Active Community Development Survey October 16

### PREVENT or DISCOURAGE AGE RESTRICTED ACTIVE COMMUNITIES

# 6. To what extent do the following factors PREVENT or DISCOURAGE you to develop Age-Restricted Active Communities:

	Not at a <b>ll</b>	Slightly influential	Somewhat influential	Very influential	Extremely influential	No opinion/Not applicable
NIMBY (not in my back yard)	$\bigcirc$	$\bigcirc$	0	$\bigcirc$	$\bigcirc$	$\bigcirc$
Resistance to density increases	0	0	$\bigcirc$	0	$\bigcirc$	0
Lack of political support	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
The inability to overcome governmental/political hurdles	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	0
The inability of government agencies to work together	0	0	0	$\bigcirc$	$\bigcirc$	0
The lack of experience with Age-Restricted Active Communities within my company	0	0	0	0	0	0
The lack of experience with Age-Restricted Active Communities in local community development	0	0	0	0	0	0
The public sector participation in development plans	0	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	0
The lack of market demand	$\bigcirc$	0	$\bigcirc$	0	0	$\bigcirc$
The lack of lender familiarity with Age- Restricted Active Communities	0	0	0	0	0	0

	Not at all	Slightly influential	Somewhat influential	Very influential	Extremely influential	No opinion/Not applicable
Lender policies that do not recognize or value mixed-use	0	$\bigcirc$	$\bigcirc$	$\bigcirc$	0	0
Gas/fuel prices for construction activities	0	0	$\bigcirc$	0	0	$\bigcirc$
The cost of sidewalks and intersection treatments	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	0
Financing for integrated, mixed-use development (commercial and residential)	0	0	0	0	0	0
Inadequate transit services	$\bigcirc$	0	0	$\bigcirc$	$\bigcirc$	0
Affordable housing requirements	0	0	$\bigcirc$	$\bigcirc$	0	$\bigcirc$
Automobile oriented land-use policies	$\bigcirc$	0	0	$\bigcirc$	0	$\bigcirc$
Regulations requiring cul-de-sacs, large lots, large setback, wide streets, and separation of uses	0	$\bigcirc$	0	$\bigcirc$	0	0
Minimum parking requirements	0	0	$\bigcirc$	0	0	0

# Age-Restricted Active Community Development Survey October 16

Background-Tell us about you!

7. Please indicate your primary business occupation. Please select only one option.

- O Builder
- Remodeler
- C Land Developer
- Subcontractor
- Architect/Designer
- O Industry Product Manufacturer/Service Provider
- Industry Dealer/Distributor/Supplier

Other (please specify)

8. How many years have you been working in this field?

- 1-5 years
- 6-10 years
- 11-15 years
- 16-20 years
- 21-25 years
- O over 25 years

9. In what state is your company located?

Other (please specify)

10. Where does your company primarily develop?

O Develop only in this state indicated in previous question

O Develop only in the local area surrounding the company office:

O Develop in multiple states (please select the states in next question):

11. If your company develops in multiple states, please indicate the states:

AL Alabama	KY Kentucky	ND North Dakota
AK Alaska	LA Louisiana	OH Ohio
AZ Arizona	ME Maine	OK Oklahoma
AR Arkansas	MD Maryland	OR Oregon
CA California	MA Massachusetts	PA Pennsylvania
CO Colorado	MI Michigan	RI Rhode Island
CT Connecticut	MN Minnesota	SC South Carolina
DE Delaware	MS Mississippi	SD South Dakota
DC District of Columbia	MO Missouri	TN Tennessee
FL Florida	MT Montana	TX Texas
GA Georgia	NE Nebraska	UT Utah
HI Hawaii	NV Nevada	VT Vermont
ID Idaho	NH New Hampshire	VA Virginia
IL I <b>li</b> inois	NJ New Jersey	WA Washington
IN Indiana	NM New Mexico	WV West Virginia
IA Iowa	NY New York	WI Wisconsin
KS Kansas	NC North Carolina	WY Wyoming
Other (please specify)		

12. What is the main type of housing your	r company sells/develops?	(check all that apply)
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	Detached single-family residences
	Duplex, triplex, quad single family residences
	Townhouses, row houses, apartments or condos of 2-3 stories
	Mix of single-family residences and townhouses, row houses, apartments or condos
	Apartments or condos of 4-12 stories
	Apartments or condos of more than 12 stories
	Tiny houses
	Mobile homes/parks
Othe	er (please specify)

13. What type of development does the agency/company that you work for most commonly develop? Check all that apply.

	Build new houses in outlying areas
	Build new homes in existing, partially developed suburban areas
	Build new homes on vacant land in the central city or inner suburbs
	Develop/remodel existing homes and neighborhoods (infill development)
	Commercial building retrofitting
	Develop homes as part of Age-Restricted Active Communities
	Develop homes as part of Retirement Communities
Othe	er (please specify)

# Age-Restricted Active Community Development Survey October 16

Thank you!

Thank you for completing this survey. I sincerely appreciate your time in providing me with valuable information. If you have additional comments or questions, or would like a copy of my summary results of my study once it is published, do not hesitate to contact me at michele.williams5@waldenu.edu or 302-827-3575.

Appendix O: Permission Letter for use of PRC tool

From: Valko, Cheryl Sent: Tuesday, September 22, 2015 9:42 AM To: Linda Dix (ldix@wustl.edu) Subject: FW: Permission to use survey tool and update on study

Michelle,

You are welcome to use them. The update on the SHIFT study is that we were unable to obtain a large enough sample to publish results at this time. The realtor survey is published on the PRC website right below the SHIFT survey tool and the results of that study are published in the article you referenced.

Linda S Dix

Administrative Coordinator/Assistant to Dr. Ross Brownson Prevention Research Center in St. Louis Campus Box 1196 One Brookings Drive, St. Louis, MO 63130-4838 [O] 314.935.0121 [E] ldix@wustl.edu PRC in St. Louis @StLouisPRC

from: Michele Williams <michele.williams5@waldenu.edu>

to: prcstl@wustl.edu, ldix@wustl.edu

date: Tue, Sep 22, 2015 at 8:46 AM

subject: Permission to use survey tool and update on study

Hello,

I am a doctoral student from Walden University writing my dissertation tentatively titled "Where One Lives Matters: A Quantitative Study Correlating Policy and Health" under the direction of my dissertation committee chaired by Dr. Anne Hacker. My dissertation examines barriers and challenges for new urbanism real estate developers face in building healthy (complete) communities.

I'm interested in obtaining permission to use the survey tool

(http://prcstl.wustl.edu/ResearchAndFindings/Pages/SHIFT.aspx) used in the SHIFT Study, and an update on this study if there is one.

Also, Cheryl Carnoske and team may have used another tool for their research published in "Developer and Realtor Perspectives on Factors That Influence Development, Sale, and Perceived Demand for Activity-Friendly Communities " that was published in Journal of Physical Activity and Health, March 20107(0 1): S48–S59. If a different tool was used, I'd like to have a copy of that as well as permission to use.

I would like to possibly use some of the questions from your interview under the following conditions:

- I will not use this survey only for my research study and will not sell or use it with any compensated or curriculum development activities.
- I will include the copyright statement on all copies of the instrument.
- I will only use questions that directly relate to my research questions.
- I will send my research study and one copy of reports, articles, and the like that make use of these survey data promptly to your attention.

Please let me know if and how this request can be made possible. I'd also appreciate any other guidance that you may have in obtaining other survey tools that focus on real estate developers, planners, and/or investors that are focused on smart growth. I appreciate in advance your consideration.

Warm Regards,

Michele A. Williams Doctoral Candidate

Public Policy and Administration, Health Policy Specialty Walden University

# Appendix P: Mapped Variables to Original SHIFT Survey

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developing a TND?       Image: Comprehensive plan         To what extent does the public sector participation in development plan either discourage OR encourage you from developing a TND?       Comprehensive plan         To what extent does the zoning that allows or even encourages mixed-use development either discourage OR encourage you from developing a TND?       Comprehensive plan         To what extent do Brownfield issues (abandoned or underused properties where redevelopment is complicated by actual or       Comprehensive plan	To what extent does the lack of experience with TND within my company prevent or discourage you from developing a TND? To what extent does the lack of experience with TND in local development community prevent or discourage you from		
To what extent does the public sector participation in development plan either discourage OR encourage you from developing a TND? To what extent does the zoning that allows or even encourages mixed-use development either discourage OR encourage you from developing a TND? To what extent do Brownfield issues (abandoned or underused properties where redevelopment is complicated by actual or Comprehensive plan Co	developing a TND?	<u> </u>	
TND?       Comprehensive plan         To what extent does the zoning that allows or even encourages mixed-use development either discourage OR encourage you       Comprehensive plan         from developing a TND?       To what extent do Brownfield issues (abandoned or underused properties where redevelopment is complicated by actual or       Comprehensive plan		<u> </u>	Comprohensive
from developing a TND? To what extent do Brownfield issues (abandoned or underused properties where redevelopment is complicated by actual or Comprehensive plan	TND?		
To what extent do Brownfield issues (abandoned or underused properties where redevelopment is complicated by actual or 🥏 Comprehensive plar	To what extent does the zoning that allows or even encourages mixed-use development either discourage OR encourage you from developing a TND?		Comprehensive plar
	To what extent do Brownfield issues (abandoned or underused properties where redevelopment is complicated by actual or perceived environmental contamination) either discourage OR encourage you from developing a TND?	$\rightarrow$	Comprehensive plar

## Appendix Q: Further Permissions to Alter SHIFT Survey

Walden University Mail - Permission to use survey tool and update on study https://mail.google.com/mail/u0/?ui=2&ik=8b7e008d52&view=pt&sea...



Michele Williams <michele.williams5@waldenu.edu>

### Permission to use survey tool and update on study

Dix, Linda <|dix@wustl.edu> To: Michele Williams <michele.williams5@waldenu.edu> Mon, May 9, 2016 at 11:00 AM

Permission is granted to use materials.

Thank you and Best of luck!

Linda

From: Michele Williams [mailto:michele.williams5@waldenu.edu] Sent: Friday, May 06, 2016 1:18 PM To: Dix, Linda <ldix@wustl.edu>; prcstl@wustl.edu Subject: Fwd: FW: Permission to use survey tool and update on study

Hi Linda,

I have had to adjust my research question somewhat, thereby altering my independent variables (comprehensive plans, zoning policies, and finance policies). I am still able to use the questions from the survey, however, I needed to map the SHIFT questions to my variables. I also had to restructure the sentence construction into more of a Likert scale presentation. I have attached my mapping and my restructuring of the questions for your approval to still use the SHIFT instrument for my dissertation. The 3rd tab in the spreadsheet is the edited/adjusted survey tool that I will upload into SurveyMonkey.com to collect my data.

Thank you in advance.

m

On Tue, Sep 22, 2015 at 11:12 AM, Dix, Linda <ldix@wustl.edu> wrote:

From: Valko, Cheryl Sent: Tuesday, September 22, 2015 10:10 AM To: Dix, Linda Subject: FW: Permission to use survey tool and update on study

5/15/2016 12:23 PM

1 of 4

# Appendix R: Supporting Tables from SPSS

# Table R1

Test for Linearity

Independent Variables	Score Statistics	Significance
Comprehensive Plan *In(Comprehensive Plan)	-10.3920	.00000
Zoning Policies *In(Zoning Policies)	-11.8640	.00000
Finance Policies *In(Finance Policies)	-11.1210	.00000

# Table R2

# **Coefficients**

				Collinearity Statistics		
Model		t	Significance	Tolerance	VIF	
1	Comprehensive Plans	-2.522	.013	.014	73.9	
	Zoning Policies	8.965	.000	.013	117.3	
	Financing Policies	2.055	.043	.043	100.3	

a. Dependent Variable: Y/N RE Developers will Build Healthy Communities

# Table R3

## Casewise Diagnostics

Case Number	Standardized Residual	comparison group	Unstandardized Predicted Value	Unstandardized Residual
22	-3.076	.00	.6550	65496
23	-2.948	.00	.6276	62762

a. Dependent Variable: Y/N RE Developers will Build Healthy Communities

# Table R4

# Classification Table

				Predicted	
			Decison to Bui Commu		Percentage
	Observed		No	Yes	Correct
Step 0	Decison to Build Healthy	No	0	21	.0
	Communities	Yes	0	76	100.0
	Overall Percentage				78.4

a. Constant is included in the model.

b. The cut value is .500

## Table R5

## Variables in the Equation

	В	S.E.	Wald	df	Sig.	Exp(B)
Step 0 <sup>a,b</sup> Constant	1.286	.247	27.220	1	.000	3.619

a. Variable(s) entered on step 1: Comprehensive\_Plans, Zoning\_Policies, Financing\_Policies.

b. Variable(s) entered on step 1: Comprehensive\_Plans, Zoning\_Policies.

## Table R6

## Bootstrap for Variables in the Equation

			Bootstrap <sup>a</sup>				
		99% Confidence Interval					
	В	Bias	Std. Error	Sig. (2-tailed)	Lower	Upper	
Step 0 Constant	1.286	.023	.253	.001	.662	2.056	

a. Unless otherwise noted, bootstrap results are based on 1000 bootstrap samples

# Table R7

**Omnibus Tests of Model Coefficients** 

		Chi-square	df	Sig.
Step 1	Step	72.748	3	.000
	Block	72.748	3	.000
	Model	72.748	3	.000

# Table R8

Hosmer and Lemeshow Test

Step	Chi-square	df	Sig.	— Table R9
1	.000	2	1.000	
Model	Summary			
	-2 Log	Cox 8	snell ک	Nagelkerke R
Step	likelihood	R So	quare	Square
1	28.604 <sup>a</sup>		.528	.814

a. Estimation terminated at iteration number 20 because maximum iterations has been reached. Final solution cannot be found.

## Table R9

# Classification Table

Decison to Build Healthy Communities     Percentage       Observed     No     2.00     Correct       Step 1     Decison to Build Healthy Communities     No     21     0     100.0       2.00     6     70     92.1       Overall Percentage     93.8				Predicted		
ObservedNo2.00CorrectStep 1Decison to Build Healthy CommunitiesNo210100.02.0067092.1					Percentage	
2.00 6 70 92.1	Observed		No	2.00		
	Step 1 Decison to Build Healthy Communities	No	21	0	100.0	
Overall Percentage 93.8		2.00	6	70	92.1	
	Overall Percentage				93.8	

a. The cut value is .500

# Table R10

# ANOVA Table

		Sum of	df	Mean	F	Sig.
		Squares		Square		
Decision to Build Healthy	Between Groups	8.817	5	1.763	21.014	.000
Communities * Comprehensive	(Combined)					
Plans	Within Groups	7.636	91	.084		
	Total	16.454	96			
Decision to Build Healthy	Between Groups	7.704	5	1.541	16.024	.000
Communities * Zoning Policies	(Combined)					
	Within Groups	8.750	91	.096		
	Total	16.454	96			
Decision to Build Healthy Communities * Financing Policies	Between Groups (Combined)	11.787	6	1.964	37.887	.000
	Within Groups	4.667	90	.052		
	Total	16.454	96			

# Table R11

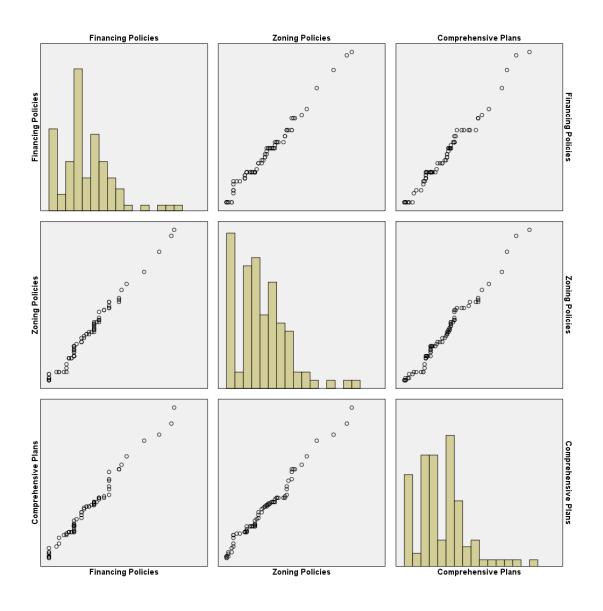
# Measures of Association

	R	$R^2$	Eta	Eta <sup>2</sup>
Decision to Build Healthy Communities *				
Comprehensive Plans	.528	.279	.732	.536
Decision to Build Healthy Communities *				
Zoning Policies	.504	.254	.684	.468
Decision to Build Healthy Communities *				
Financing Policies	.593	.351	.846	.716

# Table R12

# Paired Sample Differences

		Mean	Std.	Std. Error	t	df	Sig. (2-
			Deviation	Mean			tailed)
Pair 1	Decision to Build Healthy Communities &	21649	.85667	.08698	-2.489	96	.015
	Comprehensive Plans						
Pair 2	Decision to Build Healthy Communities &	18557	.88188	.08954	-2.072	96	.041
	Zoning Policies						
Pair 3	Decision to Build Healthy Communities &	29485	.78956	.08017	-3.678	96	.000
	Financing Policies						



Appendix S: Supporting Figure From SPSS